



Experience Life-Changing Adult Day Services Today!

Call **717-624-5401**
to learn more!



Memory Support at Cross Keys Village

The Memory Support Resources at Cross Keys Village constitute valuable support for our villagers living with Alzheimer's disease or another neurocognitive disorder and for their care partners. As an important element of our mission, the support groups and the various trainings are open to our neighbors in the greater community at no cost.

I know he is safe and happy and taking part in a great program in a beautiful setting.

-Pam

What I did not realize at the time was how much I needed Lifespring as well. Having one day free from constant caregiving has been truly restorative. It gives me the strength and energy I need to continue caring for him each day.

-Dona

www.crosskeysvillage.org/lifespring



227 Village Drive
New Oxford, PA 17350
717-624-5401
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**ADULT DAY
SERVICES**

A New Daytime Program

Lifespring Day Services is a daytime program designed to enhance quality of life by focusing on each participant's specific needs and abilities. Furthermore, Lifespring offers respite to caregivers and contributes to reduced caregiver stress.

We provide **a comforting and secure environment** where participants can engage in therapeutic and meaningful activities that promote cognitive stimulation, social interaction, and emotional well-being.



Making Each Day Matter



Our trained, compassionate staff strives to create a space where your loved one will feel at ease while participating in activities that promote independence and personal fulfillment.

Through social events, therapeutic exercises, and a reassuring daily routine, our goal is to improve the overall well-being of our participants and help them live with dignity, respect, and joy.

We offer morning and afternoon snacks, a hot lunch, and a calendar of activities incorporating all dimensions of wellness. Personal Care services such as assistance with toileting, bathing, medication administration, and care planning, are also provided.



Lifespring has been life-changing for my sweetheart, my wife of 63 years, and for me. It can do the same for your family!
-Gene

Services Included

- Nutritious meals and snacks
- Physical activities to enhance strength, balance, and emotional well-being
- Help with walking and transferring
- Support managing depression and loss
- Assistance with toileting and bathing
- Grooming assistance
- Medication administration
- Health monitoring and care planning

