

Volume 25 Number 39

VILLAGE Voice

September 25, 2026



CROSS KEYS VILLAGE
The Brethren Home Community

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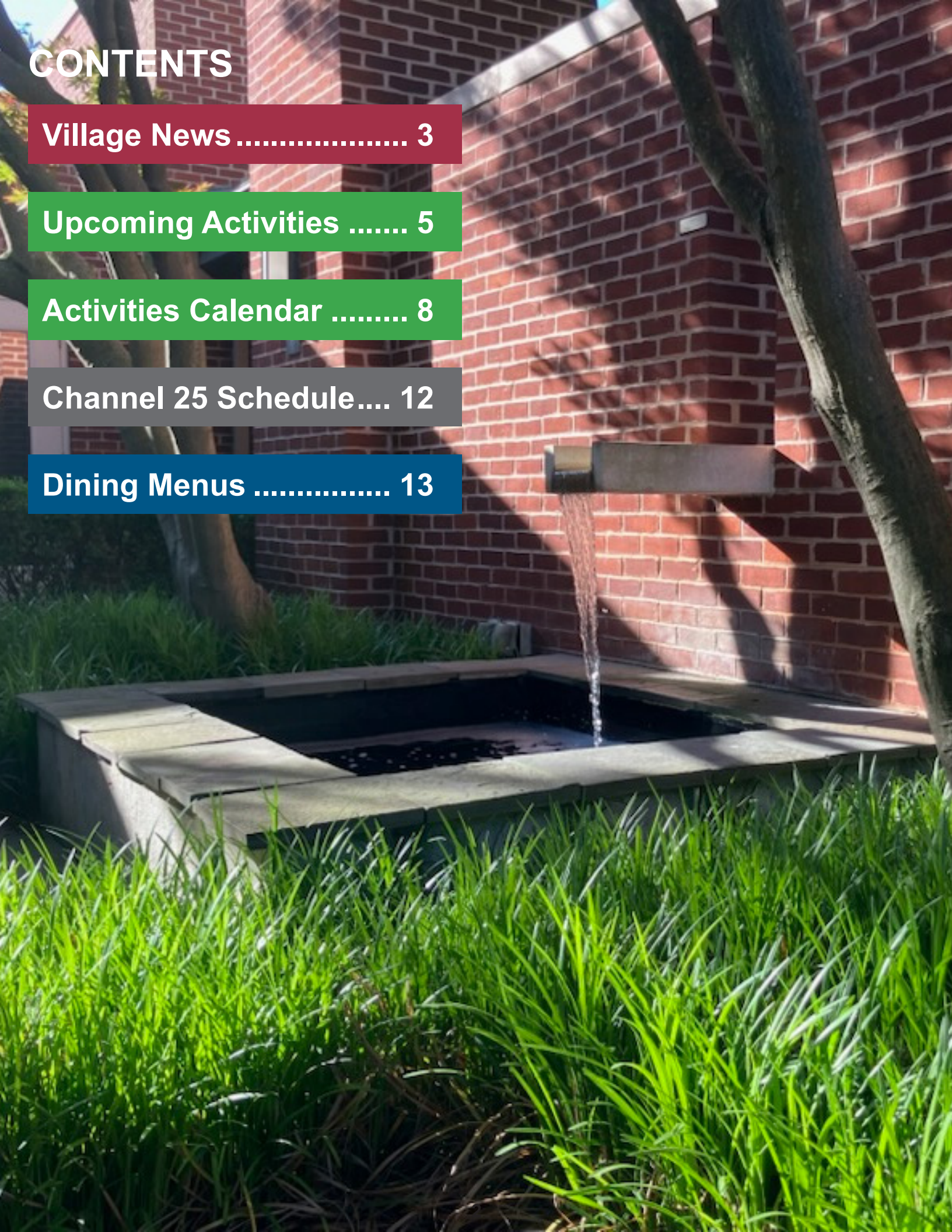
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Village News

Campus Wi-Fi Outage Notice

Scott Kessler, Ext. 5413

Information Services

Our wireless network support vendor will be performing network security updates to the campus Wi-Fi network. This work will result in a temporary campus-wide Wi-Fi outage lasting approximately 1 to 2 hours on Wednesday, September 30, beginning at 2:00 pm.

Wired network connections and desk phones will not be affected.

If you have any questions or concerns, please contact the IS Department at ext. 6999.



Important Security Reminder

Matt Muller, Ext. 5585

Director of Safety & Security

As a friendly reminder, to help ensure safety, we ask that Villagers please contact Security Services if you have forgotten your badge rather than asking other Villagers of Harmony Ridge or Hearthside to assist with entry through an exterior door after the doors have been secured for the evening. If you forget your badge or need assistance accessing your residence, please locate the nearest phone and dial 717-624-2161 or "1" from a CKV phone to reach Security Services. Our security team is available to assist you.

Likewise, if someone you do not personally know asks you to let them into the building, please encourage them to contact Security Services for assistance. This simple step helps us maintain a welcoming and secure community for everyone.

Thank you for your cooperation and for helping us look out for one another.



Harmony Ridge East Carpet Project

Brian Lawrence, Ext. 5428

Director of Village Housing

Mowery Contracting will be on-site beginning Tuesday, September 29, replacing carpet in the Harmony Ridge East lobby closest to elevator 1 and entrances 2 & 3. We expect the project to last until Friday, October 2. At times, the entrances will need to be closed to complete the work. Residential Living will communicate via Uniguest when we believe the entrances will be closed. We ask that all non-essential pedestrian traffic avoid the area during this time. Villagers may utilize the back entrance to the community center or entrance 4 of Harmony Ridge East to enter the building. Thank you for your patience during this campus improvement project.



CKV Team Member Recognition

Katie Hollabaugh, Ext. 5203

HR Engagement Coordinator

We are thrilled to announce that Mandy Crawford, RN, Personal Care Clinical Services Director at Cross Keys Village – The Brethren Home Community, will receive the prestigious 2026 Joan Anne McHugh Award for Excellence in Frontline Nurse Supervision. She will be honored this October at the LeadingAge Annual Meeting in Philadelphia.

Inspired by the compassionate caregivers who supported her late parents, Mandy joined Cross Keys Village in 2008, beginning her journey as a CNA and earning her RN in 2021. Today, she oversees care in our 91-bed personal care building and manages a dedicated 60-person team.

Beyond her daily clinical leadership, Mandy is a passionate mentor who invests deeply in her team's growth, champions enhanced training programs, and fosters a culture of trust. Please join us in congratulating Mandy on this well-deserved national recognition!



Village News

October Showcase

Nikki Bull, Ext. 5294

Life Enrichment Specialist

The October Showcases feature wooden bowls and vases made in the CKV Woodshop by John Laudermilch. John moved to Cross Keys Village in 2017 and soon joined the woodshop, where he learned to turn bowls on the lathe. Using a wide variety of wood species, he chooses a piece of wood and studies the color variations and unique grain before designing a bowl. Many hours are spent at a lathe in the woodshop, followed by sanding and applications of oil finishes. Some bowls are finished with food-safe oils; others receive Tung oil. In 2024, John began making bases for dried/silk flowers. They are made by gluing together different woods before using the lathe.

All bowls and vases are for sale, with a percentage of proceeds given to the Good Samaritan Fund and to the woodshop. To purchase, contact John at 717-624-2282. Items will be marked as sold but will remain in the showcase until Friday, October 30.



Volunteer Needs

Cindy Boyer, Ext. 5227

Volunteer Services

Volunteer Services is looking for the following:

Residential Living needs a volunteer each Thursday to assist with copying/printing the Village Voices. It will begin around 11 AM and takes 5 hours to run the job. The volunteer would sit to pull the finished copies off the printer, continue to feed paper into the drawers, and change toner, as necessary. It would be something that someone could bring a book or other personal material in between times.

Healthcare is looking for a volunteer who can take the time to go around, assist residents with reviewing the menus and making their meal selections, and then return the completed menus to dietary before Monday morning. The menus are distributed on Wednesdays; this would give the volunteer several days to work with the residents.

You must be a registered volunteer to fill these needs. If you are not registered, Volunteer Services will work on getting you registered and trained as an official volunteer.



Upcoming Activities

SUN
SEPT
27

Sunday Movie Matinee: "Operation Finale" Villager Movie Group

2:00 - 4:10 pm

Theater

Starring Golden Globe winner Oscar Isaac and Academy Award winner Sir Ben Kingsley, the film vividly captures the ingenious and brilliantly executed mission to capture Adolf Eichmann, one of the chief architects of the Holocaust. Fifteen years after the end of World War II, acting on irrefutable evidence, a top-secret team of Israeli agents travels to Argentina, where Eichmann (Kingsley) has been in hiding together with his family under the alias 'Ricardo Klement,' and executes an extremely dangerous abduction. In attempting to sneak him out of Argentina to stand trial in Israel while being pursued by the country's right-wing forces, agent Peter Malkin (Isaac) is forced to engage Eichmann in an intense and gripping game of cat-and-mouse with life-and-death stakes.

The 2018 movie is rated PG-13 and will be shown with closed captioning.

WED
OCT
14

Ladies Fellowship Breakfast Kathy Lundari, Ext. 6691

8:00 am

Garden Room

Sign up in Uniguest or Harmony Ridge Lobby by October 12

All ladies are invited to join us. Our speaker, Barb Miller, will share her story of finding, following, and sharing Jesus through teaching, pastoring, and church planting in America and Africa. A hot breakfast buffet will be served. The cost of the breakfast will be charged to your CKV account. We will have a basket available for the Good Samaritan Fund.

THUR
OCT
15

Making Watercolor Sing

Monte Leister, Ext. 5293

Life Enrichment Specialist

10:00 am - 12:00 pm

Art Education Studio

Sign up in Uniguest or Harmony Ridge Lobby

Join Villager and art educator Debby McKeen for this journey into beginner impression, expression, and abstraction with watercolor.

Brushes, watercolor paper, and watercolor paints are available in the Art Education Studio, if needed.

THUR
OCT
15

Coffee & Conversation CKV Executive Team

10:00 am - 12:00 pm

Theater

We welcome you to join us for an informal Coffee & Conversation gathering with CKV Executive and Operational Leadership. This will be an opportunity to ask questions and share feedback in an open and supportive setting while connecting directly with CKV leadership.

We encourage you to be part of the conversation. Your questions and insights are valued as we continue to live and work in community together. We look forward to spending time together.

FRI
OCT
16

Toy Cars with Children in Bloom

Nikki Bull, Ext. 5294

Life Enrichment Specialist

3:00 pm

Creative Arts Room

We are pleased to welcome our young friends from Children in Bloom for a special painting activity featuring wooden toy cars handcrafted by our talented Woodshop members.

Stop by, cheer on the young artists, and enjoy the smiles, laughter, and creativity with plenty of bright colors!

Thank you to our woodshop volunteers for their hard work and generosity in creating these wonderful toy cars for our special visitors.

Upcoming Activities

SUN

OCT

18

Student Recital

Monte Leister, Ext. 5293
Life Enrichment Specialist

3:00 pm

Nicarry Meetinghouse

Come cheer on the students of local music educator Nicole Lehmen. Students of varying ages and abilities will be presenting a piano and violin recital. Having someone cheer you on makes all the difference.

TUES

OCT

20

Facing the Laughter

Nikki Bull, Ext. 5294
Life Enrichment Specialist

2:00 - 3:30 pm

Theater

This documentary explores the life and work of Sarah Cannon, aka country music comedian Minnie Pearl. With her "Howdee" greeting and price tag dangling from her straw hat, this beloved character was an instantly recognizable icon of country radio, stage, and TV.

WED

OCT

21

Sight & Sound Movie:

Daniel

Nikki Bull, Ext. 5294
Life Enrichment Specialist

10:00 am - 12:15 pm

Theater

From the fiery furnace to the den of lions, Sight and Sound's recorded production of Daniel tells the story of when Daniel was exiled far from home in the powerful kingdom of Babylon. As royal pressure mounts, will Daniel's trust in the one true God remain steadfast through every test of faith?

Filmed during Sight and Sound's first-ever live broadcast into movie theaters, this extraordinary film gives you a front-row seat for every spectacular moment of the show!

WED

OCT

21

Calligraphy Class

Monte Leister, Ext. 5293
Life Enrichment Specialist

Wednesday, October 21, 1:00 - 3:00 pm

Thursday, October 22, 10:00 am - 12:00 pm

Art Education Studio

Sign up in Uniguest or Harmony Ridge Lobby

Let's take your calligraphy skills to the next level. If you have taken Richard Owens' basic calligraphy class or have a basic working knowledge of the art of calligraphy, then this class is for you. Sign up for one of these two identical classes.

THUR

OCT

22

History of the Women's Air Force Service Pilots

Nikki Bull, Ext. 5294

Life Enrichment Specialist

10:00 am

Theater

Sign up in Uniguest or Harmony Ridge Lobby

Presenter Phil Roth will share with us the history of the Women Air Force Service Pilots of World War II. These women broke barriers by flying military aircraft within the continental US in 1942-1944, freeing male pilots for combat duty and significantly contributing to the war effort.

FRI

OCT

23

CKV Cinema: The

Bad News Bears

Nikki Bull, Ext. 5294

Life Enrichment Specialist

2:00 - 3:45 pm

Theater

Step up to the plate and join us for a nostalgic movie night featuring the classic The Bad News Bears (1976), showing on the very first day of the MLB World Series! This beloved underdog comedy follows a ragtag group of misfit Little Leaguers coached by a washed-up, former pitcher who somehow turns their chaos into surprising teamwork and heart. Packed with humor, unforgettable characters, and plenty of baseball spirit, it's the perfect way to celebrate the excitement of the Series. Come early, grab a seat, and enjoy complimentary popcorn (while supplies last) as you cheer on the Bears and kick off baseball's biggest event in style!

Upcoming Activities

SUN

NOV

22

Spring Garden Band Concert Bus Trip

Louise Lawrence, Ext. 5334

CKV Sojourners

Depart Campus Inn at 2:15 pm

Sign up Residential Living Desk by October 23

Cost: \$12.00, payable to LEC

Join us for a live musical event at the Eichelberger Performing Arts Center in Hanover to hear York's own Spring Garden Band.

Blending modern and traditional band repertoire, their concerts are designed for both seasoned music lovers and newcomers, giving all a chance to appreciate the artistry of wind ensemble music. With 55 musicians, the band has "gained recognition for its well-orchestrated and balanced performances with a high level of musicianship." They have even performed at two presidential inaugurations, as well as numerous state fairs, governor inaugurations, major civic events, and other high-profile ceremonies nationwide.

Reminders

WED

OCT

7

Minnich's Vaccine Clinic

Village Health Services

8:30 am - 3:00 pm

Nicarry Meetinghouse

Sign up in VHS module in Uniguest

Minnich's Pharmacy will be at Cross Keys Village in the Nicarry Meetinghouse on Wednesday, October 7, from 8:30 am - 3:00 to administer vaccines. They will offer COVID-19, Flu (High Dose and Regular Dose), Pneumonia, RSV, Shingles, and Tetanus (Tdap) vaccines. Please consult with your physician about which vaccines are right for you and how many to receive at one time. The Village Health Services Team cannot provide recommendations regarding vaccines for you.

Please sign up for your preferred time on Uniguest no later than Wednesday, September 30. After this date, you will receive your confirmation along with paperwork from Minnich's Pharmacy via inter-campus mail. Please bring your medical and prescription insurance cards along with the completed paperwork to your appointment. Contact Village Health Services at ext. 5256 if you need assistance.

Activities Calendar

Full activity listing available on Uniguest.

Shopping Trips

TUES
SEPT
29

Weis Market
9:00 am
Sign up by 9/28, Harmony Ridge

TUES
SEPT
29

Giant & Aldi
12:30 pm
Sign up by 9/28, Harmony Ridge

THUR
OCT
1

Walmart & PNC Bank
9:00 am
Sign up by 9/30, Harmony Ridge

TUES
OCT
6

Giant & Aldi
9:00 am
Sign up by 10/5, Harmony Ridge

CKV Sojourners Trips

WED
SEPT
30

Warehime Mansion Summer Lawn Concert
Depart Campus Inn at 4:30 pm
Sign up Harmony Ridge Lobby by 9/25

THUR
OCT
8

Lunch Out at First Post
Depart Campus Inn at 11:00 am
Sign up Harmony Ridge Lobby by 10/6

WED
OCT
14

The Old Farmhouse Tea Room
Depart Campus Inn at 11:30 am
Sign up RL Desk by 10/7
Cost: \$25.00, payable to LEC

FRI
OCT
23

Discover the Hidden Catoctin
Depart Campus Inn at 8:15 am
Sign up RL Desk by 9/25
Cost: \$115, payable to LEC

SUN
NOV
15-17

Christmastime at the Biltmore
Depart Union Sq at 6:00 am
Total: \$1,220/person/dbl - \$1,660/sgl

SUN
NOV
22

Spring Garden Band Concert
Depart Campus Inn at 2:15 pm
Sign up RL Desk by 10/23
Cost: \$12, payable to LEC

FRI
NOV
27

American Music Theater: Winter Wonderland
Depart Union Square at 9:30 am
Sign up RL Desk by 10/22
Cost: \$140, payable to LEC

SUN
NOV
29

Mannheim Steamroller Christmas
Depart Campus Inn at 1:15 pm
Sign up RL Desk by 10/29
Cost: \$77, payable to LEC

Events

FRI
SEPT
25

Hearing Screenings for Villagers
9:00 am - 12:20 pm
Healthcare Medical Suite
Call 717-632-5558 to sign up

Country Music Documentary
10:00 am - 12:20 pm
Theater

Intro to Ballet
11:00 am - 12:00 pm
Wellness Studio

Avenue Art Opening: Autumn Leaves
12:00 - 2:00 pm
Avenue of the Arts

SAT
SEPT
26

Arts & Crafts Festival
8:00 am - 12:00 pm
Avenue of the Arts

Golf Cart Parade
1:00 pm
Shoemaker Kiosk

Activities Calendar

Full activity listing available on Uniguest.

SUN
SEPT
27

Sunday Movie Matinee: "Operation Finale"
2:00 - 4:10 pm
Theater

MON
SEPT
28

Walking Group
8:15 - 8:45 am
Wellness Lobby

Disco Glide: Seated Skating
9:00 - 9:30 am
Wellness Studio

Make Your Own Pet Rock
10:00 - 10:45 am
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Know Your Numbers
11:00 - 11:45 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

Department Presentation: Entertainment
1:00 - 1:30 pm
Theater

Dance Through the Decades
2:00 - 2:45 pm
Wellness Studio

TUES
SEPT
29

Grounds with Grace
8:15 - 8:45 am
Garden Room
Sign up Uniguest or Harmony Ridge Lobby

Step Aerobics
9:00 - 9:30 am
Wellness Studio

Glow & Drum
10:00 - 10:45 am
Wellness Studio
Sign up Uniguest or Harmony Ridge Lobby

Cruising Through the Decades
11:00 am - 12:00 pm
Union Sq Parking Lot

cont'd

TUES
SEPT
29

Glow & Drum
1:00 - 1:45 pm
Wellness Studio
Sign up Uniguest or Harmony Ridge Lobby

Lip Sync Concert
2:00 - 3:00 pm
Theater

WED
SEPT
30

Walking Group
8:15 - 8:45 am
Wellness Lobby

Jazzercise
9:00 - 9:30 am
Wellness Studio

Mystery Luncheon
10:30 am - 12:30 pm
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

Department Presentation: Wellness
1:00 - 1:30 pm
Theater

Twister Marathon
2:00 - 2:45 pm
Wellness Studio

THUR
OCT
1

Groovy Yoga
8:15 - 8:45 am
Wellness Studio

Decades Game Show
9:00 - 9:45 am
Theater

Water Aerobics
10:00 - 10:30 am
Aquatic Center

Music Bingo
11:00 - 11:45 am
Encore Room

Department Presentation: Art
1:00 - 1:30 pm
Theater

Healthcare Center Connect
1:00 - 3:00 pm
Healthcare Sage Room

cont'd

Activities Calendar

Full activity listing available on Uniguest.

THUR
OCT
1

Hula Hoop Contest

2:00 - 2:30 pm
Wellness Studio

String Art

3:00 - 3:45 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

FRI
OCT
2

Walking Group

8:15 - 8:45 am
Wellness Lobby

In-Touch: Live Audience Edition

8:30 - 9:30 am
Theater

Senior Expo

9:00 - 11:00 am
Nicarry Meetinghouse

Solomon Eichner Concert

11:00 am - 12:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Root Beer Float Special

1:00 - 2:45 pm
Avenue of the Arts

Closing Ceremony & Special

Movie: "Grease"
2:00 - 4:00 pm
Theater

SAT
OCT
3

Movie Screening: "Nemesis"

1:00 pm
Theater

MON
OCT
5

Top 10 Most Common Scams

11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Alice Roosevelt's First Press Conference in 60 Years

2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

TUES
OCT
6

Sunflower Styles Art Class

10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Special Showing: York Symphony Beethoven's Fifth

10:00 am - 12:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Joint Pain? Know Your Options

2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

WED
OCT
7

Vaccine Clinic

8:30 am - 3:00 pm
Nicarry Meetinghouse
Register in Uniguest VHS Module

THUR
OCT
8

Mini Cornucopia Class

10:00 am
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Mini Cornucopia Class

1:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

FRI
OCT
9

PBS Masterpiece: The Marlow Club Series, Episode 1

10:00 am
Theater

Creative Hats Knitting Class

10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Creative Hats Knitting Class

1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Who Was Lafayette?

2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Activities Calendar

Full activity listing available on Uniguest.

MON
OCT
12

Lou Thieblemont: Columbus' Four Voyages
11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Lou Thieblemont: The Northwest Passage
1:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

TUES
OCT
13

Sunflower Styles Art Class
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

The Great Locomotive Chase of 1862
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

WED
OCT
14

Ladies Fellowship Breakfast
8:00 am
Garden Room
Sign up Uniguest or Harmony Ridge Lobby

THUR
OCT
15

Making Watercolor Sing
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Coffee & Conversation
10:00 am - 12:00 pm
Theater

FRI
OCT
16

Toy Cars with Children in Bloom
9:30 am
Creative Arts Room

PBS Masterpiece: The Marlow Club Series, Episode 2
10:00 am
Theater

SUN
OCT
18

Student Recital
3:00 pm
Nicarry Meetinghouse

The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.



CROSS KEYS VILLAGE
The Brethren Home Community



Covenant
— HOME CARE —



Compassionate, personalized home care services tailored to your needs.



1 HOUR MINIMUM
Flexible care that fits your needs.



NO CONTRACTS
Freedom and flexibility with every visit.



NO PAYMENT UP FRONT
Pay for care as you go – simple and stress-free.



WE'RE ON CAMPUS
Our office is right here on campus for your convenience.



Call us today!

717-624-5654



Suite number 2654
(near Village Health Services)

Channel 25 Programming

September 28– October 4, 2026

Monday, September 28

- 9:30am Chair Yoga w/Madi
- 10:00am Benefits of 1 clove in your Morning Coffee
- 10:30am Your Cat's Color Reveals Much
- 11:00am Autumn Tree w/Colored Pencil Tutorial
- 12:00pm Grizzly 399: Queen of the Tetons
- 1:00pm Chair Yoga w/Madi
- 1:30pm Athens: Birth of Democracy

Tuesday, September 29

- 9:30am Tai Chi w/Brittany
- 10:00am Behind the Kennedy Dynasty
- 11:00am Robin Williams: Laugh Until You Cry
- 12:30pm The History of the U.S. Capitol Building
- 1:00pm Tai Chi w/Brittany
- 2:00pm Christian Comedy

Wednesday, September 30

- 9:30am Chairobics w/Madi
- 10:00am Why Ancient Egyptians Abandoned Pyramids
- 11:00am How Wood Survived 100 Years Without Paint
- 12:00pm An Ethicist's Guide to Living a Good Life
- 1:00pm Chairobics w/Madi
- 2:00pm Church Service (replay)

Thursday, October 1

- 9:30am Fitness Fusion w/Brittany
- 10:00am Heart Health & High Blood Pressure
- 11:30am The Curious Traveler – NYC
- 12:00pm Exploring Healthcare at CKV (replay)
- 1:00pm Fitness Fusion w/Brittany
- 2:00pm Loop Fly Fishing in Eastern Canada

Friday, October 2

- 9:30am PurEnergy w/Madi
- 10:00am The Atomic Canal Project (replay)
- 11:00am **Solomon Eichner Concert – Live Broadcast from the Theater**
- 12:30pm Crazy History of the Shower
- 1:00pm PurEnergy w/Madi
- 2:00pm Africa's Savannah

Saturday, October 3

- 8:30am Lion: a Prince is Born
- 9:30am PurEnergy w/Brittany
- 11:00am Did Guy Find Maine's Best Seafood Chowder
- 1:00pm PurEnergy w/Brittany
- 2:00pm The Largest Galaxy in the Universe
- 4:30pm Exploring Healthcare at CKV (replay)
- 6:00pm Texas - Western
- 8:00pm Rock Ballads by Rocknights Part 2

Sunday, October 4

- 8:00am Messages by Joel Osteen
- 9:30am Tai Chi w/Brittany
- 10:00am **Church Service – Live Broadcast from the Nicarry**
- 11:30am The Lost Pyramid of Giza
- 1:00pm Tai Chi w/Brittany
- 1:30pm Messages by Joel Osteen
- 2:30pm Instrumental Hymns
- 4:30pm The Book of Hebrews
- 6:00pm Arch of Triumph – 1948 Ingrid Bergman
- 8:30pm Cathedral Quartet Reunion

**Watch In Touch every
weekday - live at 8:30 am and
replayed at 3:00 pm & 8:30 pm.**

For questions or requests related to Channel
25 programming, please contact
Cindy Hockensmith, Communications Coord.
at Ext. 5416 or email

c.hockensmith@crosskeysvillage.org

Schedule subject to change

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breakfast

8:00 - 10:00 am

Breakfast Wrap
Sausage, eggs,
peppers, cheddar,
and tomatoes
6.75

mon

 Chicken Rice

tues

  Tuscan White Bean

soup

lunch

11:00 am - 2:00 pm

Grilled Chicken Grape Salad 8.25
Spring mix, grapes, goat cheese,
toasted walnuts, and onions
served with balsamic vinaigrette

Ham Melt 7.75
Ham and Swiss cheese and honey
mustard on pretzel roll

Pastrami, egg
cheddar cheese
sandwich on rye.
Served with fresh
fruit
6.25

wed

Chicken Barley

thur

 Vegetarian Lentil

Salmon Caesar Salad 9.00
Romaine lettuce, salmon, asiago,
red onions, croutons and Caesar
dressing

Old English Burger 8.50
Angus beef patty w/ cheddar
cheese and caramelized onions
on grilled rye

 Loaded Denver Bowl
Eggs with onions,
peppers, ham,
sausage, and cheddar
cheese.
Served over fried
potatoes 7.00

fri

Lobster Bisque

sat

 Hamburger
Vegetable

Shrimp Salad Stuffed Tomato 9.00
On a bed of spring mix, topped
with red onions and lemon
emulsion. Served with crackers

Chicken Tender Basket 10.00
Chicken tenders and French fries.
Choice of BBQ sauce or Ranch

coffee

Pumpkin Spice

smoothie

 Nutella Peanut Butter 3.00
Almond Milk, vanilla yogurt,
bananas, peanut butter and
Nutella

side

 Creamy Potato Salad
Potatoes, red onions, celery,
and hardboiled eggs

hearth oven

 Pesto Caprese Bread 7.00

bakery

Raspberry Muffin 1.80

Orange Coffee Cake 2.80

desserts

Peanut Butter Pie 4.25

Chocolate Thunder Cake 5.00

Café

ALL DAY

Friday, October 2

Breakfast: 8:00 – 10:00 am

Grab 'n' Go: 10:00 – 11:00 am

Lunch: 11:00 – 2:00 pm

Grab 'n' Go: 2:00 – 3:00 pm

Dinner: 4:30 – 6:30 pm

Friday Dinner Ala Carte Menu

Cheeseburger 6.00

Chicken Tenders 6.00

Fried Fish Sandwich 6.00

French Fries 2.60

Sweet Fries 2.60

Onion Rings 2.60

**Grab 'n' Go selections also available
during dining hours.**



Breakfast

Loaded Denver Bowl  **7.00**
Eggs with onions, peppers, ham, sausage, and cheddar cheese. Served over fried potatoes

Lunch

Shrimp Salad Stuffed Tomato **9.00**
On a bed of spring mix, topped with red onions and lemon emulsion. Served with crackers

Chicken Tender Basket **10.00**
Chicken tenders and French fries. Choice of BBQ sauce or Ranch

Soup: Lobster Bisque

Dinner "TV Dinners"

 **Beef Pot Roast** **12.00**
Braised slow with carrots, onions, and potatoes in a savory gravy. Served with southern green beans

Salisbury Steak **12.00**
Served with mashed potatoes and buttered corn

 **Smothered Pork Tenderloin** **12.00**
Served with mashed potatoes and broccoli

DINNER SPECIALS

Includes your choice of:

Cup of Soup, Small House, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

MONDAY, SEPTEMBER 28



Maryland Eastern Shore Buffet

\$29.95 per person

Reservations required. Call 717-624-5606

Homemade Mini Jumbo Lump Crab Cakes

Old Bay Steamed Shrimp

Eastern Shore Fried Chicken

Hush Puppies

Old Bay Potato Wedges

Coleslaw

Fresh Sliced Tomatoes

Fresh Corn on the Cob

Maryland Crab Soup

Fresh Rolls

Lemon Bars & Brownies

(GF dessert available upon request)

Iced Tea, Coffee, and Soda

***No Regular Menu Available ***

TUESDAY, SEPTEMBER 29

Tuscan White Bean Soup

Liver & Onions 13.50

Served with mashed potatoes and peas & carrots

Chicken Parmesan 13.00

Breaded chicken breast with marinara, melted mozzarella & Parmesan cheeses. Served with pasta and garlic bread

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of food borne illness.

SEPTEMBER 28 -OCTOBER 2

WEDNESDAY, SEPTEMBER 30

Chicken Barley Soup

Marinated Flat Iron Steak 15.00

Topped with Bearnaise sauce (Tarragon Hollandaise). Served with roasted red potatoes and broccoli

Stuffed Pepper 12.50

Bell pepper stuffed with ground beef and rice in a tomato sauce. Served with macaroni & cheese

THURSDAY, OCTOBER 1

Vegetarian Lentil Soup

Chicken Croquettes 12.00

Served with mashed potatoes, chicken gravy and corn

Chili Lime Trout 13.50

Pan seared trout with chili lime rub. Served with couscous and snow peas

FRIDAY, OCTOBER 2 TV DINNERS at Harmony Café

See **Café All Day** menu for details

Side of the Week: Potato Salad

Cake of the Week: Chocolate Thunder Cake 5.00

Pie of the Week: Peanut Butter Pie 4.25

denotes gluten avoided
 denotes vegetarian

To place a carry out order or to preorder, use online ordering through Uniguest or call ext. 5656

Terrace Café

717-624-5988

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Daily Breakfast

Scrambled Eggs	2.10
Breakfast Meat	0.85/ea
Home Fries	1.75
Hot Oatmeal Bar	2.10/2.70
Oatmeal Toppings	0.65

Bakery

Muffins	1.85
Danish	2.95
Donuts	1.50
Cookies	1.50
Cakes & Pies	2.65

Daily Lunch

Hamburger	4.75
Hot Dog	3.00
Chicken Fingers	4.50
Fry of the Day	2.50

Open Monday - Friday

Breakfast
7:30 - 10:00 am

Lunch
10:30 am - 2:00 pm

Grab & Go
2:00 - 5:00 pm



Weeks of September 28, November 2, December 7, January 11,
February 15, March 22

Weekly Specials

Entree	Pork Carnitas Burrito Bowl	6.50
Sandwich	Shrimp Salad on Croissant	6.00
Flatbread	White Pizza w/ Broccoli, Tomato, Ricotta	6.00
Hot Appetizer	Hot Pretzel Bites w/ Cheese	4.00
Grab & Go	Crudite Cup w/ Dip	3.00
	Bologna & Cheese Cup	3.50

M

Spaghetti & Meatballs	5.00
California Blend Veggies	2.10
Spaghetti Noodles	2.10
Pasta e Fagioli Soup	2.10/2.70

Tu

Chicken Cordon Bleu	5.00
Harvard Beets	2.10
Mashed Potatoes	2.10
Cream of Wild Rice Soup	2.10/2.70

W

Maryland Crab Cake	6.00
Sauteed Zucchini	2.10
Dijon Red Potatoes	2.10
New England Clam Chowder	2.10/2.70

Th

Beef Stroganoff	5.00
Mixed Vegetables	2.10
Season Egg Noodles	2.10
Beef Noodle Soup	2.10/2.70

F

Grilled Bratwurst	5.00
Escalloped Corn	2.10
Cheese & Potato Pierogi	2.10
Cream of Asparagus Soup	2.10/2.70

*Consumer advisory - Thoroughly cooking meats, poultry, seafood, shellfish, and eggs
reduces the risk of foodborne illness.*