

VILLAGE Voice

May 3, 2024



CONTENTS

Village News 3

From Pastoral Care..... 6

Upcoming Activities 7

Activities Calendar11

Channel 25 Schedule.... 14

Dining Menus 16

*Welcome
to our new Villagers!*

- Ann Brown moved from Havre De Grace, MD to HRE apartment 109. Her phone number is 717-624-5174.
- Alador & Jeanne Fogas moved from Gettysburg to HRE apartment 301. Their phone number is 717-624-4150.

Spring Tournament Winners Wellness Team, Ext 5410

Thank you, Villagers and team members who participated in our spring tournaments in Wellness.

We want to celebrate those who won:

- Cornhole Tournament during Village Vitality Week: Randy Inskip and Larry Breukelman.
- Billiards Spring Tournament Winner: Tom Richards



April Good Samaritan Bridge Winners

Good Samaritan Bridge Club Winners

- 1st 3290 Karen Richard & Pat Auman
- 2nd 3220 Nancy Mallon & Bonnie Allison

\$40.00 was donated to the Good Samaritan Fund



Village News

New Additions to Cross Keys @ Home

**Jennifer Knight, Ext. 5223
Director of CK @ Home**

Brandi Reber has accepted the full-time day shift LPN position. Many of you will recognize Brandi, as she has worked in the Village part-time and full-time at Brookside. Brandi begins working full time in the Village on Monday, May 6. We are pleased to have her each day to assist with Village medical needs (8:30 am - 4:30 pm). Please stop in to say hello!



Executive Chef Hired

**Joy Bodnar, Ext. 5235
Chief Operating Officer**

We are very pleased to share that Cary Wells has accepted the position of executive chef for the Village! Cary arrived in March to serve in an interim capacity, and we are so happy to have him assume this important role on a permanent basis. Cary brings a wealth of experience as a chef and manager and has already made a wonderful impact on our dining program! Welcome, Chef Cary!



Thank You for Books

**Diane Glotfelty, Ext. 4801
Barbara Rowe, Ext. 5651
Village Library Committee**

The Library Committee wishes to thank everyone who has donated books to the library and September book sale. We appreciate your generosity and are very happy to accept more donations, especially children's books. We regret, however, that we cannot accept magazines, church cookbooks, or encyclopedias. Call Diane or Barbara for a speedy pickup service!



Community Theatre Free Tickets

**Holly Fetting, Ext. 5544
Director of Life Enrichment**

The Penguin Project, a program of Gettysburg Community Theatre, is performing a youth edition of The Sound of Music at Gettysburg College's Majestic Theater. The Penguin Project features students with special needs and their peer mentors.

Due to the generosity of Villagers Bill Patterson and Roger Lund, we have a supply of tickets for the performance on Friday, May 17 at 7:00 pm. While there is no cost for the tickets, attendees must provide their own transportation.

If you are interested in tickets, please sign up in the Harmony Ridge Lobby. We will provide physical tickets prior to the date of the show.

You can find more information about The Penguin Project and Gettysburg Community Theatre online at gettysburgcommunitytheatre.org/the-penguin-project.



Meal Plan Balances Cheryl Ditzler, Ext. 5281 RL Dining Operations Manager

Have you been keeping an eye on your meal plan balances? As stated in the Meal Plan Quick Reference Guide, all meal plan balances need to be spent by June 30 or are otherwise forfeited. If you have more than you will be able to spend, try treating your family or neighborhood to breakfast, lunch, or afternoon snack at the café or dinner at the Campus Inn. For assistance or questions, please contact Cheryl at ext. 5281 or Marcia at ext. 5606.





Route 94 Traffic Survey

In response to growing traffic, the Adams County Transportation Planning Organization, in coordination with municipal officials and PennDOT, is conducting a study of the Route 94 Corridor in the Cross Keys area. The goal for this study is to identify short-term and long-term traffic flow and safety improvements. One element of the study is an online survey to gather public comments. The feedback from the survey will inform the next phases of the study process. Area residents and travelers are invited to take the online survey by May 13 and describe their experiences traveling through the study area. The online survey can be accessed at <https://arcg.is/1Lmvjj> or via the QR code.



Quick Bits:

- Visit <https://arcg.is/1Lmvjj> or scan QR code
- Deadline May 13



Tornado Warning Information

Brian Lawrence, Ext. 5428

Director of Village Housing

With warm weather coming, we thought it would be a good idea to review safety procedures for a tornado warning. There are several ways to receive information about weather events. These include:

- Turn on a weather radio. These are available at a relatively low cost. National Weather Service broadcasts watches and warnings specific to south central PA.
- When you observe threatening weather, check the Weather Channel or one of the Lancaster, Harrisburg, or York television channels.
- Tune in to local Hanover or Gettysburg radio stations.
- CKV's telephone notification system may call you. We rely on information from other sources and will get the information to you as quickly as we can; however, it will likely not be as quick as bullets 1, 2 and 3 above.
- When there is a confirmed sighting of a tornado in the New Oxford area, the siren at the Fire Station will sound a solid blast for three minutes as a take-cover warning.

Cottage, Garden and Country Homes: Since our residences do not have basements, it is best for you to go into the center hallway, bathroom (without windows), closet or mechanical room. Keep these areas uncluttered, so that they are always accessible. Avoid rooms with windows.

Harmony Ridge Apartments and Hearthside Flats: Exit to the interior corridor of the building or the bathroom or closet in your apartment can provide protection. Avoid rooms/areas with windows.

If you are outside, hurry to a neighbor's residence or another nearby structure. If you cannot make it into a structure lie flat in a ditch or low-lying area. If you are in your car, stop immediately and seek shelter in the nearest safe area outside of your car.

After a Tornado Passes:

- Watch out for fallen power lines and stay out of damaged areas.
- Listen to a battery-operated radio.
- Do not use candles at any time. There could be natural gas leaks in the area.
- If the power is still on tune into a local TV channel, radio station or channel 25.
- If the power is still on tune into a local TV channel, radio station or channel 25; Look for notifications on Touchtown; Call Village Information Hotline, ext. 5444. Team members will use any available mode of communication depending on what is available to us following severe weather.
- Please do not dial the Main Reception desk immediately for information. Mission Point receptionists will be assisting in emergency response efforts. If you are injured or have another emergency need, call 911.
- Please report any power outages to your respective electric service provider (Adam's Electric or Met Ed).

What is a "watch" and a "warning"?

Tornado watches and warnings are issued by the National Weather Service and are broadcast on TV and radio.

A **tornado watch** means that a tornado is possible in our area.

A **tornado warning** means that a tornado has been sighted in our area.

IT'S HARD TO PRAY BADLY

Pastor Linda Titzell, Ext. 5580

We often get hung up on finding the most appropriate words to pray, but if “the Lord looks at the heart,” then praying badly is a lot harder than we think. The New Testament writer promised, “If we confess our sins, he is faithful and just and will forgive us our sins and purify us... He drew a straight line from confession to forgiveness and cleansing. He did not say that we need to plead, beg, or cajole. He said: We confess; God forgives. However you say it—“I’m sorry,” “I messed up,” “I blew it,” “I sinned”—God will hear, forgive, and restore you.

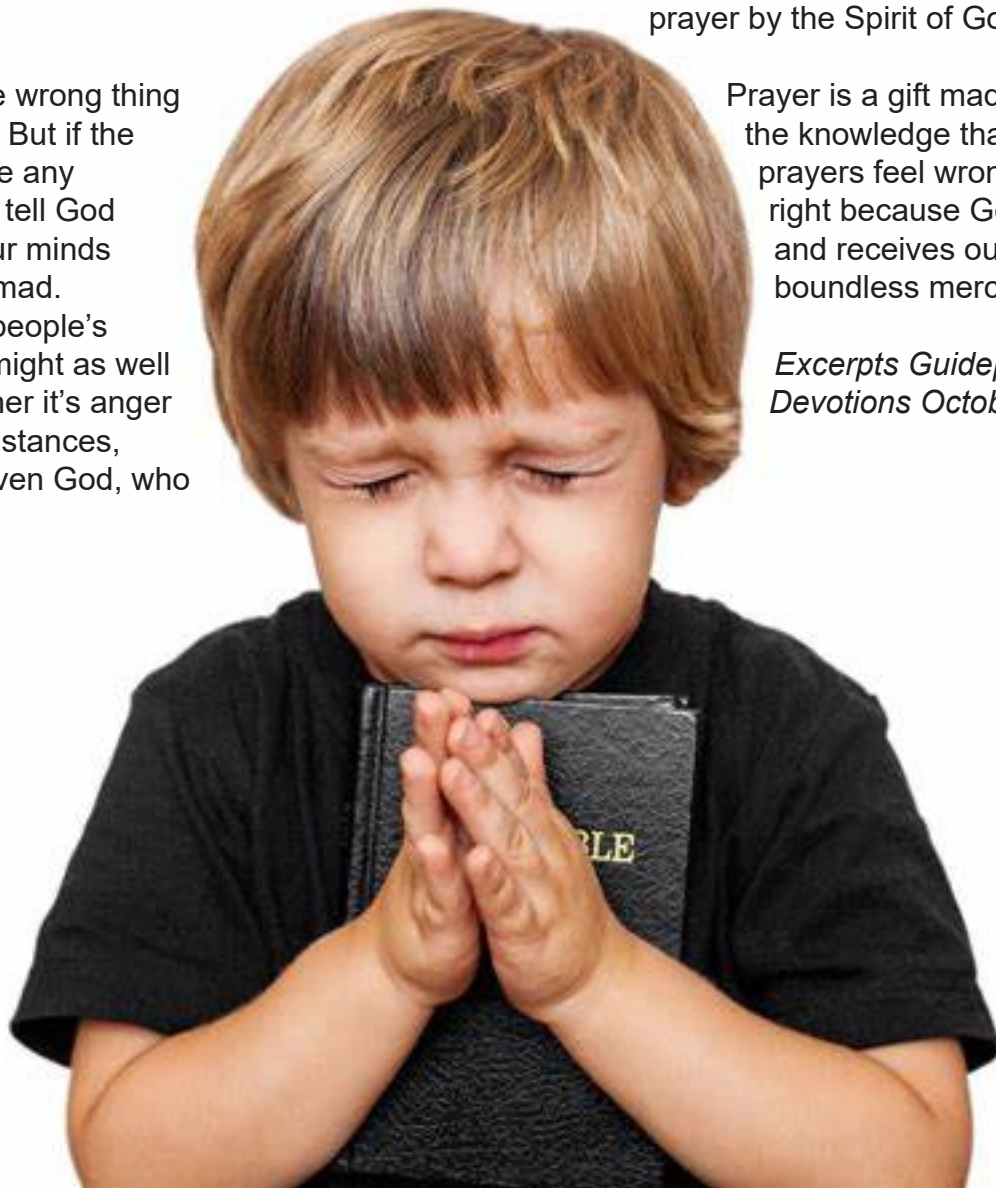
It’s easy to say the wrong thing when we’re angry. But if the Biblical prayers are any indication, we can tell God what’s really on our minds even when we’re mad. “The Lord knows people’s thoughts,” so we might as well let it all out. Whether it’s anger at yourself, circumstances, other people, or even God, who

better to tell it to than the God who created you and loves you? Pray your anger—it’s hard to pray through your anger if you won’t express your anger.

Sometimes we’re so frustrated, overwhelmed, or burdened that we cannot convey what we’re thinking or feeling. Even then, it’s hard to pray badly: “We do not know what we ought to pray for, but the Spirit himself intercedes for us...the Spirit intercedes for God’s people in accordance with the will of God.” Your groans, sighs, and tears are translated into prayer by the Spirit of God.

Prayer is a gift made more precious by the knowledge that even when our prayers feel wrong, they can still be right because God sees our hearts and receives our prayers with boundless mercy, grace, and love.

Excerpts Guideposts Daily Devotions October 2021



Upcoming Activities

MON
MAY
6

Good News Group Larry Gladfelter, Ext. 6683

10:30 am
No sign up necessary

Theater

The Villager-led Good News Group at Cross Keys Village is presenting the ministry of Dr. Gary Hamrick of Cornerstone Chapel in Leesburg, Virginia. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. These two presentations will be Revelation 7 and Revelation 8. Please join us for a study of the Word of God.

SUN
MAY
12

Sunday Movie Matinee "The Terminal" Villager Movie Group

2:00 pm
No sign up necessary

Theater

After arriving in New York's JFK airport, Viktor Navorski (Tom Hanks) gets unwittingly caught in bureaucratic glitches that make it impossible for him to return to his home country or enter the US. Now caught up in the richly complex and amusing world inside the airport, Viktor makes friends, gets a job, finds romance, and ultimately discovers America itself.

Rated PG, 2h 9m

MON
MAY
13

UPMC Education: Mental Health Holly Fetting, Ext. 5544 Director of Life Enrichment

2:30 pm
Sign up in Uniguest or Harmony Ridge Lobby

Theater

Teri Gotti Szubinski, LCSW-C, CCTP, a licensed clinical psychotherapist with UPMC, visits to chat about a topic that is often overlooked or put on the back burner: our mental health. Mental health can be impacted by a variety of factors, including loneliness, the loss of a loved one, or even social anxiety. Stop by to chat about common influences that may sway our mental health and learn the resources that are available and warning signs before the weight and burden of your thoughts become too much to bear. The interactive presentation includes opportunities for Q&A with the specialist.

THUR
MAY
16

Parkinson's Third Thursday: "Dysautonomia Demystified" Helen Stratton, 864-915-0710 Arla Ely, Ext. 5302

1:00 pm
No sign up necessary

Encore Room

Dysautonomia is an umbrella medical term for a nervous system disorder that disrupts unconscious body functions like blood pressure, heart rate, digestion, kidney function, and more. Learn how to talk to your physician about symptoms and what diagnostic tests and treatments are available.

Upcoming Activities

SAT

MAY

18

Movie & A Meal: "My Big Fat Greek Wedding"

Villager Movie Group

3:00 pm

No sign up necessary

Theater

Toula is 30 and unmarried, which means, as a nice Greek girl, she's a failure. All of her cousins did the right thing— married Greek boys and made Greek babies. So everyone worries: what will become of Toula?

After the showing, the Campus Inn will feature a menu inspired by the movie. Look for the special menu and make your reservation now!

Rated PG, 1h 35m

SUN

MAY

19

New Oxford High School Tri-M Honors Recital

Nikki Bull, Ext. 5294

Life Enrichment Specialist

4:00 pm

Sign up in Uniguest or Harmony Ridge Lobby

Theater

Join us as CKV hosts the New Oxford High School's Senior Recital. The performers are members of Tri-M Music Honor Society. Tri-M is designed to recognize students for their academic and musical achievements and to provide leadership and service opportunities to young musicians.

Since this is a recital for the students and their families, there are limited seats for Villagers. Be sure to sign up early to ensure a seat!

MON

MAY

20

Glass Fusing Demo

Monte Leister, Ext. 5293

Life Enrichment Specialist

11:00 am & 1:00 pm

Art Education Studio

Sign up in Uniguest or Harmony Ridge Lobby

Local artist Linn Wichowski will be demonstrating the art of glass fusing, and explaining the difference between glass fusing, slumping, and blowing. She will be teaching a class here at CKV later in the year. This is a perfect opportunity to learn about this beautiful glass art form and see if it's something that you would like to try. Choose one of these two identical sessions.

TUES

MAY

21

Reflection-Inward

Holly Fetting, Ext. 5544

Director of Life Enrichment

9:30 am

Presto Room

Sign up in Uniguest or Harmony Ridge Lobby

Guided by the poetry and prose of Yung Pueblo, we will continue to explore the movement from self-love to unconditional love, the power of letting go, and the wisdom that comes when we truly try to know ourselves. We look to these pieces as a mirror to show us that healing, transformation, and freedom are possible.

FRI

MAY

24

Hearing Screening for Villagers

Holly Fetting, Ext. 5544

Director of Life Enrichment

9:00 - 11:00 am

Presto Room

Sign up in Harmony Ridge Lobby

Dusty from Darrell M. Sipe Opticians and Hearing Aids Inc. will provide free hearing screenings to Villagers on the fourth Friday of every month. Each screening will take about twenty minutes.

If you have an immediate need, please call the office for an appointment at 717-632-5558.

Upcoming Activities

FRI

MAY

24

New Oxford

Library Help

Holly Fetting, Ext. 5544

Director of Life Enrichment

10:30 am - 12:00 pm

Encore Room

Sign up in Harmony Ridge Lobby

The New Oxford Library will be on-site to offer one-on-one assistance with library and research questions as well as technology help. The technology could be your cell phone, tablet, laptop, or electronic reading device. Please sign up in the Harmony Ridge Lobby.

Due to limited staffing during the summer, they will be taking a break from their visits here but plan to resume in the fall.

THUR

MAY

30

Elly Cooke:

In Concert

Monte Leister, Ext. 5293

Life Enrichment Specialist

2:00 pm

Theater

Sign up in Uniquest or Harmony Ridge Lobby



Elly Cooke is a singer-songwriter from Pennsylvania. Elly began songwriting at 11 and taught herself to play the guitar at 14. Some of her influences include George Strait, Lauren Daigle, John Mayer, and Ed Sheeran. Elly

has been performing for 8 years and has opened shows for artists such as Chris Lane, Riley Green, Maren Morris, and Parker McCollum. She has been featured performing her catchy, heartfelt songs on local radio stations as well as on the television program "Good Day PA".

Reminders

TUES

MAY

7

Appalachian Trail

Presentation

Nikki Bull, Ext. 5294

Life Enrichment Specialist

2:00 pm

Theater

Sign up in Uniquest or Harmony Ridge Lobby

We will welcome Ed Riggs, a seasoned hiker who has conquered the Appalachian Trail. Ed hiked the AT in 2013 but faced some severe health issues along the way. In fact, he had to leave the trail and come back the following year to get it completed. Ed will be sharing his personal journey with us, as well as some breathtaking photos from his travels. Plus, he'll be answering all of your burning questions about the trail! This is a fantastic opportunity to learn from someone who knows the trail inside and out. Whether you're an experienced hiker or just starting out, you're sure to come away with some valuable insights and inspiration. Mark your calendars and join us for an afternoon of adventure, inspiration, and camaraderie!



Gettysburg Battlefield Walk + ICE CREAM



Take a moderate-level 2.8 mile walk on Culp's Hill in the historic battlefields of Gettysburg. Recover from the walk with a stop at Mr. G's Ice Cream where Villagers can purchase a sweet treat!

Wednesday, May 15
Bus departs Wellness Lobby at 12:30 pm

or meet at Gettysburg Middle School at 1:00 pm

Return to CKV approximately 4:30 pm

Sign up in Uniguest or Wellness Lobby.



Activities Calendar

Shopping Trips

TUES
MAY
7

Weis Market
9:00 am
Sign up by 5/6, Harmony Ridge

THUR
MAY
9

Walmart & PNC
9:00 am
Sign up by 5/8, Harmony Ridge

TUES
MAY
14

Giant & Aldi
9:00 am
Sign up by 5/13, Harmony Ridge

TUES
MAY
21

Weis Market
9:00 am
Sign up by 5/20, Harmony Ridge

THUR
MAY
23

Walmart & PNC
9:00 am
Sign up by 5/22, Harmony Ridge

Events

FRI
MAY
3

Red Cross Blood Drive
11:30 am - 4:00 pm
Nicarry Meetinghouse
Call ext. 5410 to register

Majestic Theater: Trailblazing Women of Country
Depart: Campus Inn/Union Sq 6:30 pm
Sign up Residential Living Desk
Cost: \$50, payable to LEC by April 9

MON
MAY
6

Mosaic Art Class
10:00 am - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Uniguest Help Session
10:30 am
Encore Room

Online Ordering Help Session
10:30 am
Garden Room

Good News Group
10:30 am
Theater

TUES
MAY
7

Egg Drop Information Session
10:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Appalachian Trail with Ed Riggs
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Gettysburg Community Concert
Pick up: Campus Inn 6:20 pm
Hearthside 6:30 pm
Union Sq 6:35 pm
Cost: \$20 at the door
Sign up Harmony Ridge Lobby

WED
MAY
8

Ukulele Ensemble Concert
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI
MAY
10

Dining Out: Inn 94
Depart: Campus Inn/Union Sq 11:30 am
Sign up Harmony Ridge Lobby

SAT
MAY
11

Annual Butterfly Release
10:00 am
CKV Pond

Activities Calendar

SUN

MAY

12

Sunday Movie Matinee:
“The Terminal” (PG, 2h 9m)
2:00 pm
Theater

MON

MAY

13

UPMC Education: Mental Health
2:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

TUES

MAY

14

**NOAHS: Railroads in the
Gettysburg Campaign**
1:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

**Campus Inn Jazz Night
featuring Bill Boublitz**
4:30 - 6:30 pm
Campus Inn
Call ext. 5656 to make reservations

WED

MAY

15

Gettysburg Walk & Ice Cream
Depart 12:30 pm Wellness Lobby
Sign up Uniguest or Wellness Lobby

THUR

MAY

16

Village Wiffle Ball
10:00 am
Harmony Courtyard

Parkinson’s Third Thursday
1:00 pm
Encore Room

Duffy & Ro: In Concert
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI

MAY

17

Villager Writing Group
10:00 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

**World War II American
Experience Museum**
Depart: Union Sq at 1:00 pm
Sign up Residential Living Desk
Cost: \$12, payable to LEC by May 10

SAT

MAY

18

Movie & A Meal
“My Big Fat Greek Wedding”
(PG, 1h 35m)
3:00 pm
Theater

SUN

MAY

19

**New Oxford High School Tri-M
Honors Recital**
4:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

MON

MAY

20

Uniguest Essentials
10:30 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

Online Ordering Help Session
10:30 am
Garden Room

Good News Group
10:30 am
Theater

Glass Fusing Demo
11:00 am
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Glass Fusing Demo
1:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Solomon Eichner Piano Concert
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

TUES

MAY

21

Reflection-Inward
9:30 am
Presto Room
Sign up Uniguest or Harmony Ridge Lobby

**Travel Tours: Heartland of Central
Europe**
11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Villager Meeting
1:00 pm
Nicarry Meetinghouse

Activities Calendar

WED
MAY
22

Secret Cinema
6:00 pm
Theater

FRI
MAY
30

Elly Cooke In Concert
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

THUR
MAY
23

Stars of Europe Virtual Concert
Series: Yasmin Levy
1:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

SUN
JUN
30

Totem Pole Playhouse Bus Trip:
“CLUE”
Depart: Campus Inn/Union Sq 12:30 pm
Sign up Residential Living Desk
Cost: \$68, payable to LEC

FRI
MAY
24

Hearing Screening for Villagers
9:00 - 11:00 am
Presto Room
Sign up: Harmony Ridge Lobby
New Oxford Library Help
10:30 am - 12:00 pm
Encore Room
Sign up: Harmony Ridge Lobby

MON
SEP
16

Pigeon Forge Overnight Bus Trip
Depart: Union Sq 8:00 am
Deposit due by May 10
Sign up Residential Living Desk

SUN
MAY
26

Sunday Movie Matinee:
“De-Lovely: The Cole Porter Story”
(PG-13, 2h 6m)
2:00 pm
Theater

FRI
NOV
8

American Music Theater
& Shady Maple
Depart: Union Sq 9:45 am
Sign up Residential Living Desk
Cost: \$90, payable to LEC

TUES
MAY
28

Campus Inn Music Night
featuring Dan Davis
4:30 - 6:30 pm
Campus Inn
Call ext. 5656 to make reservations

THUR
NOV
14

West Virginia Overnight Bus Trip
Depart: Union Sq 8:00 am
Deposit due by July 8
Sign up Residential Living Desk

The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.

Channel 25 Programming

May 6 – 12, 2024

Monday, May 6

9:30am Chair Yoga w/Tanya
10:00am Pommies Anna w/Chef Jean-Pierre
11:00am Easy Step by Step Realistic Dog Drawing
12:00pm Brethren Voices
1:00pm Chair Yoga w/Tanya
2:00pm The Piranha Infested Waters of the Amazon

Tuesday, May 7

9:30am Chairobics w/Madi
10:00am A Secret Masonic Code in Washington, DC
11:00am 500 Nations – America's Great Indian Leaders
1:00pm Chairobics w/Madi
1:30pm 15 Mysterious Islands that Appeared
2:30pm Best of Groucho Marx

Wednesday, May 8

9:30am PurEnergy w/Madi
10:30am The Magical Wildlife of Chile
11:30am Fascinating World Beneath Waves
12:30pm Salute to Broadway, Part 2
1:00pm PurEnergy w/Madi
2:00pm Church Service (Replay)

Thursday, May 9

9:30am Tai Chi w/Brittany
10:00am Government Breaks Silence
11:30am Where Have All the Fish Gone?
1:00pm Tai Chi w/Brittany
2:00pm Spring Grove H.S. Performance (replay)

Friday, May 10

9:30am Chairobics w/Madi
10:00am The Skyjacker That Got Away
11:00am Steve Hartman's "On the Road" Stories
1:00pm Chairobics w/Madi
1:30pm The Lucy Show
2:00pm Story of the Horse

Saturday, May 11

8:30am Brethren Voices
10:00am Deep Sea Fishing – Hard Work on High Seas
12:30pm Cascadia – A Place Where Giants Roam
3:00pm Vibe Performing Arts (replay)
5:30pm Distant Drums – 1951 Gary Cooper Western
8:00pm Bluegrass Gospel Music

Sunday, May 12

8:00am Jonathan Cahn – The Mystery of Psalm 83
10:00am Live Church Service from Nicarry
11:30am 7 Hymns on London's Finest Organ
2:30pm Major Dundee movie
4:30pm Church Service (replay) from April 28
6:30pm An Ultra Modern Tiny House Revisited
8:00pm The Hoppers in Concert – Southern Gospel

**Watch In Touch every weekday
- live at 8:30 am and replayed at
3:00 pm & 8:30 pm.**

For questions or requests related to Channel 25 programming, please contact Holly Fetting, CKV Director of Life Enrichment, at Ext. 5544 or email h.fetting@crosskeysvillage.org

Schedule subject to change

The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.

The Volunteer Services team at Cross Keys Village manages a shuttle service for Villagers and residents to travel around the campus free-of-charge. Shuttle service requests can be made by calling ext. 5202 or 717-624-5202 and scheduling a pickup and return time. Please familiarize yourself with the following guidelines regarding the on-campus shuttle service.

CAMPUS SHUTTLE GUIDELINES:

- The shuttle will take you anywhere on campus including: Harmony Ridge Community Center, Mission Point, Brookside, Cross Keys Wellspan Medical Center, other Villager's homes, and Meadow Lane. (Turkey Hill, McDonald's, Wendy's, and Sheetz are not on our campus.)
- The shuttle service is on a "first-come, first-serve" basis, as sometimes there may be as many as a half dozen residents who need to be at one place or another, all within a 15-minute window of time. Villagers and residents should be on-time and ready when the shuttle pulls up to help keep the next pick up on time.
- Hours of operation are 8:00 am to 3:00 pm, Monday through Friday. You may call as early as 7:45 am to schedule a pick-up. You should call no less than 30 minutes before you would like to be picked up. This provides adequate time for the dispatcher and driver to coordinate schedules.
- This service is for Villagers and residents that are ambulatory. Bus service will continue to be available for Villagers and residents using assistive devices such as wheelchairs. If you rely on a wheelchair, please call Transportation at ext. 5297 or 717-624-5297 for any transportation needs from 8:00 am to 3:00 pm on campus. See the Transportation Quick Reference Guide for fees.
- In the event of inclement weather, check Channel 25 or Uniguest/Touchtown for details about cancellations and delays.





Mother's Day Buffet

Sunday, May 12 11:30am – 1:30pm at the Campus Inn
25.50 Per Person/ 15.50 Children 5-12/ Under 5 Eat Free

Reservations are Required.

Please Call Marcia 5606, Cheryl 5281 or Ashley 6742

Due to dining room capacity, reservations are limited to parties of 8.

Carving Station

- 🍷 Slow Roasted Brisket served with Au Jus and Caramelized Onion Horseradish Sauce

Entrees

- Chicken with Lemon Rosemary Sauce over Angel Hair Pasta
- 🍷 Parmesan Crusted Tilapia with Sundried Tomato Cream Sauce
- 🌿 🍷 Eggplant Moussaka
(Greek Vegetarian Lasagna)

Sides

- 🍷 Mashed Potatoes with Gravy
- 🌿 🍷 Honey Glazed Baby Carrots with Fresh Dill
- 🍷 Scalloped Potatoes
- 🌿 🍷 Garlic and Herb Roasted Squash
- 🌿 🍷 Roasted Beet Salad over Arugula
With pistachios, feta cheese and balsamic vinaigrette dressing

Desserts

- Double Chocolate Cake
- Bananas Foster Cake
- 🍷 Raspberry Crème Brulé

Fresh Fruit

Fresh Baked Raisin Bread and Assorted Rolls
(Gluten Free Available Upon Request)



CAMPUS INN

Jazz Night


featuring **Bill Boublitz**

 **Oyster Soup**

Shrimp Po-Boy Sandwich 9.00

  Fried shrimp sandwich garnished with shredded lettuce, sliced tomatoes, and Remoulade sauce.
Served with Creole coleslaw.

Vegetarian Black Beans & Rice 8.00

 Add grilled chicken +3.60
Served with southern squash casserole.

Creole Grilled Cheese 10.00

Gluten-free option available
Pepper Jack cheese, red onion, and ham. Served
with onion rings.

Bread Pudding 4.00

with a creamy vanilla dessert sauce

Regular menu available

TUESDAY, MAY 14

4:30 - 6:30 pm • Campus Inn

Reservations required, call ext. 5656



Saturday, May 18

My Big Fat Greek Wedding

Rated PG, 1h 35m

3:00 pm Theater

No Sign Up Necessary



CUISINE INSPIRED BY THE MOVIE!

CAMPUS Inn


4:30 - 6:30 pm

Reservations recommended, call ext. 5656

No Regular Menu Available

  **Fasolada**
Traditional Greek bean soup

Pastitsio 13.00
Greek meat lasagna, served with roasted vegetables

 **Chicken Souvlaki 13.00**
Grilled marinated chicken kabobs
Served with roasted vegetables and lemon rice

Spiced Walnut Cake 4.10

DINNER SPECIALS

Includes your choice of:
Cup of Soup, Small House or Caesar Salad, Fruit
Salad, Side of the Week, Coleslaw, or Applesauce

MONDAY, MAY 6

CLOSED

TUESDAY, MAY 7

 **Cream of Crab**

Beef Bourguignon 13.00

A rich beef stew braised in red wine and beef stock, with carrots, onions and mushrooms. Served with mashed potatoes and a grilled baguette

Seafood Paella 14.00

A dish of saffron flavored rice, shrimp, mussels and clams, carrots, onions and tomatoes. Served with toasted baguette bread.

***Both entrees are gluten avoided without the bread.**

Regular menu available

WEDNESDAY, MAY 8

Potato Leek Soup

Turkey à la King 12.00

Turkey, peas, and mushrooms in a creamy sauce. Served over puff pastry

Tomato and Herb Crusted Cod 13.50

Cod with pan roasted cherry tomatoes and crusted with herbs and breadcrumbs. Served with wilted spinach and parmesan orzo

Regular menu available

 denotes gluten avoided
 denotes vegetarian

MAY 6 - 11

THURSDAY, MAY 9

Lemon Chicken Orzo Soup



Chef's Table – Vegetable Omelet 10.00

(Swiss chard, spinach, tomato)
Choice of cheese – Swiss, cheddar, or American.
Egg white available. Served with a side of fruit

 **Chopped Steak with Gravy 14.00**

Served with mashed potatoes and roasted balsamic portobello mushrooms

Regular menu available

FRIDAY, MAY 10
NATIONAL SHRIMP DAY
SHRIMP NIGHT AT THE CAFÉ

See Café All Day Menu for Details

SATURDAY, MAY 11
NO REGULAR MENU

Pasta Fagioli Soup

 **Meatloaf 12.50**

Served with whipped potatoes and roasted brussels sprouts

 **Grilled Salmon 16.45**

Served with baked sweet potato and broccoli

Fried Chicken Sandwich 9.25

Breaded chicken breast with lettuce, tomato, and mayonnaise on a grilled kaiser roll

Side of the Week: Potato Salad

Desserts: Carrot Cake 4.10
Lemon Meringue Pie 3.10

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.

CAMPUS Inn

Tuesday through Thursday, and Saturday 4:30 – 6:30 pm
Closed on Sunday, Monday and Friday.
Dinner available in Harmony Café on Friday

BEVERAGES

2.05

Coca-Cola • Diet Caffeine-Free Coke
Sprite • Barq's Root Beer
Minute Maid Lemonade • Ginger Ale
Raspberry Iced Tea • Sweetened Black Tea
Freshly Brewed Unsweetened Iced Tea
Decaf or Regular Coffee
Assorted Hot Tea
Free Refills on all Drinks

SOUP & SALADS

Soup Du Jour Cup 3.75 – Bowl 5.40

Classic Caesar sm. 3.60 lg. 6.70
Chopped romaine, parmesan cheese, croutons
and Classic Caesar dressing,

House Salad sm. 3.60 lg. 6.70
Spring mix lettuce, cucumbers, cherry tomatoes,
carrots, choice of dressing

Add Protein To Your Salad

Grilled chicken 3.60
Grilled Salmon 5.00

SANDWICHES

Served with one side, cup of soup add 1.60
Gluten-free roll add 0.85

Chargrilled Burger 9.30
7 oz Angus beef patty with lettuce, tomato,
onion, choice of cheese on a grilled kaiser roll

Bacon Cheddar Burger 12.30
7 oz Angus beef patty with bacon, cheddar
cheese, lettuce, tomato, onion, on a grilled
pretzel roll

Fried Chicken Sandwich 9.25
Breaded chicken breast with lettuce, tomato,
and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order
use online ordering through Uniguest
or call ext. 5656

Reservations are required for dine-in service for
parties of 5 or more. Please call 717-624-5656

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CAMPUS Inn

ENTREES

Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw or applesauce.

-  **Garlic & Sage Rubbed Pork Chop** **14.40**
6oz pan-roasted center cut pork chop served with natural jus
-  **Grilled Chicken Breast** **12.35**
Garlic & thyme marinated grilled chicken breast
- Fried Chicken Tenders** **10.80**
Breaded chicken tenders, fried golden brown
-  **Hot Roast Beef with Gravy** **12.35**
Tender sliced roast beef served with gravy
-  **Grilled Salmon Filet (7 oz.)** **16.45**
Fresh Faroe Island salmon grilled to order
- Fried Shrimp (6)** **14.90**
Breaded fried shrimp
-  **Baked Haddock Filet** **12.85**
Fresh Atlantic haddock baked with lemon and butter

 denotes gluten avoided

PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw or applesauce. Gluten-free pasta add 1.70.

- Spaghetti with Marinara** **10.25**
Spaghetti, homemade marinara and parmesan cheese
- Spaghetti with Meat Sauce** **12.85**
Spaghetti, homemade meat sauce and parmesan cheese
- Chicken Parmesan** **12.85**
Breaded chicken, spaghetti, homemade marinara, mozzarella and parmesan cheese

SIDES

2.60

- Onion Rings
 - French Fries
 - Sweet Potato Fries
 -  Green Beans
 -  Steamed Broccoli
 -  Peas
 -  Mashed Potatoes
 -  Baked Potato
 -  Sweet Potato
 -  Corn
 -  Wild Rice Pilaf
- Look For Our Special Side Of The Week On The Specials menu

DESSERTS

- Slice of Cake 4.10
- Slice of Pie 3.10

Café

ALL DAY

Friday, May 10

Breakfast: 8:00 – 10:00 am
Grab 'n' Go: 10:00 – 11:00 am
Lunch: 11:00 – 2:00 pm
Grab 'n' Go: 2:00 – 3:00 pm
Dinner: 4:30 – 6:30 pm

Grab 'n' Go selections also available during dining hours.

To place a carry out order or preorder use Online Ordering through Uniguest or call ext. 5678. Reservations required for dine-in service for parties of 5 or more. Call ext. 5678 for reservation.



Breakfast:

Ham, Egg, and Cheese on an English muffin. Served with Fruit 6.75

Lunch:

Roasted Pear & Gouda Grilled Cheese 8.25

Roasted pears, gouda cheese and balsamic caramelized onions on Texas toast

Strawberry Walnut Salad 8.00

Baby spinach with red onion, strawberries, toasted walnuts, goat cheese and strawberry vinaigrette

Dinner "Shrimp Night"

Entrees:

Shrimp Scampi over Capellini 14.00
 Gluten free pasta available (add .85)

Curried Shrimp Pad Tai w/ Asparagus 14.00

Shrimp over Polenta with roasted peppers and fresh basil 14.00

Salad bar included  

Dessert:

Sorbet Parfait 3.00

MON
5 / 06

Breakfast Special

Breakfast Bowl – Eggs, tater tots, onions, bacon, and cheddar cheese 7.00

Lunch Specials



Open-Faced Veggie Melt 7.75 – Grilled marinated vegetables on toasted ciabatta bread with pesto and mozzarella cheese

Asian Chicken Salad 8.25 – Grilled chicken, spring mix lettuce, mandarin oranges, chow mein noodles, and sesame dressing

Soup of the Day: Beef Barley

TUE
5 / 07

Breakfast Special

Breakfast Flatbread – Scrambled eggs, sausage, and cheddar jack cheese on flatbread 7.00

Lunch Specials

Turkey & Artichoke Naan Sandwich 8.25 – Roasted turkey, artichokes, garlic aioli, spinach, red onion, and Swiss cheese served on a warm naan bread



Apple-Brie Cranberry Salad 8.00 – Spring mix lettuce with brie cheese, diced apples, dried cranberries, candied pecans, and cranberry vinaigrette



Soup of the Day: Cream of Crab

WED
5 / 08

Breakfast Special

Western Omelet with Toast 6.95

Lunch Specials

Pork BBQ Sammie 8.50 – BBQ pulled pork on a brioche bun with cheddar cheese

Charleston Chicken Salad 8.25 – Chicken tenders, iceberg lettuce, tomatoes, cheddar cheese, green onion, and ranch dressing

Soup of the Day: Potato Leek

THU
5 / 09

Breakfast Special

Meat Lovers Quiche (Ham, bacon, sausage, cheddar and monterey jack cheeses) 6.95

Lunch Specials

Pizza Burger 8.75 – Angus beef burger with pizza sauce and mozzarella cheese on a kaiser roll

Rosemary and Olive Chicken Salad 8.25 – Rosemary grilled chicken over chopped romaine lettuce with marinated olives, feta cheese, and an herbed red wine vinaigrette

Soup of the Day: Lemon Chicken Orzo

FRI
5 / 10

Breakfast Special

Ham, Egg and Cheese on an English Muffin. Served with Fruit 6.75

Lunch Specials

Roasted Pear & Gouda Grilled Cheese 8.25 – Roasted pears, gouda cheese, and balsamic caramelized onions on Texas toast

Strawberry Walnut Salad 8.00 – Baby spinach with red onion, strawberries, toasted walnuts, goat cheese, and strawberry vinaigrette



Soup of the Day: Creamy Cauliflower

SAT
5 / 11

Breakfast Special

Two Eggs to Order with Choice of Toast. Served with Fruit 5.50

Lunch Specials

Ham Club Wrap 8.00 – Ham, bacon, Swiss cheese, lettuce, tomato, and mayo in a flour tortilla

Grilled Chicken and Grape Salad 8.25 – Spring mix lettuce with grilled chicken, grapes, sliced red onion, goat cheese, toasted walnuts, and a honey balsamic vinaigrette

Soup of the Day: Pasta Fagioli



COFFEE OF THE WEEK

Vanilla Hazelnut

SMOOTHIE OF THE WEEK

Chocolate Peanut Butter Banana Fluff

Milk, yogurt, banana, peanut butter, chocolate syrup, marshmallow fluff

SIDE OF THE WEEK

Potato Salad

PIZZA & HEARTH OVEN SPECIALS

Sausage, Pepper, and Onion Pizza 10.35

Pizza sauce, sausage, peppers, onions and mozzarella cheese

Chicken Tomato Mozzarella Caprese Dip 7.00

Served with toasted telera roll

DESSERTS

Carrot Cake 4.10

Lemon Meringue Pie 3.10

BAKERY

Apple Muffin 1.80

Blueberry Cherry Coffee Cake 2.80

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BREAKFAST

Served daily until 10:00. Eggs served with your choice of toast.

TWO EGGS ANY STYLE	4.10	TOAST White / Wheat / Rye / Sourdough	.65
EGG SANDWICH	4.10	GLUTEN-FREE BREAD	1.25
EGG & MEAT SANDWICH	4.80	ENGLISH MUFFIN	1.30
EGG OMELETTE 5.65 (add .60 for each additional filling)		BAGEL W. CREAM CHEESE	2.40
2 BACON SLICES/2 SAUSAGE LINKS	1.60	HOME FRIES/HASH BROWNS	1.55

LUNCH

Served daily from 11:00 to 2:00

CHARBROILED BEEF, TURKEY OR GARDEN BURGER	8.50	HOT SANDWICHES served with choice of chips, applesauce, coleslaw, fruit cup, side of the day or add cup of soup for additional \$1.60	
Served with your choice of applesauce, coleslaw, chips, fruit cup, side of the day or add cup of soup for additional \$1.60		GRILLED CHEESE, HOT DOG	5.55
CLASSIC CHEF / GRILLED CHICKEN CAESAR GRILLED CHICKEN SALAD	8.25	GOURMET GRILLED CHEESE	7.45
GARDEN SALAD	5.75	TUNA MELT, GRILLED CHICKEN DELUXE	7.75
Salads to order are served with our toasted flat bread.		REUBEN, RACHEL, PHILLY CHEESESTEAK	8.00
HARMONY VEGETARIAN WRAP / SALAD	6.95	HEARTH OVEN PIZZA 9-inch hand-tossed personal pizza, homemade dough and pizza sauce.	
COLD SANDWICHES Small 6.15 Large 7.65		CHEESE PIZZA	9.85
Turkey, Ham, Corned Beef, Tuna Salad, Chicken Salad, Egg Salad or Classic BLT, served with your choice of coleslaw, applesauce, chips, fruit cup, side of the day or add cup of soup for additional \$1.60		PEPPERONI / SAUSAGE PIZZA	10.35
		FLATBREAD PIZZA (Cheese or Meat)	8.00

SIDES

HOMEMADE SOUP Cup 3.75 Bowl 5.40	
FRENCH FRIES, SWEET POTATO FRIES, ONION RINGS	
FRUIT SALAD, APPLESAUCE, COLESLAW	2.60

BEVERAGES

REGULAR COFFEE, FLAVORED COFFEE OF THE WEEK, DECAF, ICED TEA, FOUNTAIN DRINKS	1.80
FRESHLY GROUND AND SPECIALTY COFFEES	
HOT COCOA	2.50 – 3.40

BAKERY

MUFFIN	1.80
CINNAMON BUN	3.10
SCONE	3.10
COOKIE	1.50 each 3 for 3.70
PIE	3.10
CAKE	4.10
FEATURED ITEMS	1.45 – 2.95
From Cross Keys Village Bakery	

TO PLACE A CARRY OUT ORDER OR TO PREORDER,
USE ONLINE ORDERING THROUGH UNIGUEST OR CALL EXT. 5678