Volume 23, Number 16

# LAGE JOLCE April 19, 2024



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FREE MEMORY SCREENING

THURSDAY, MAY 2 9:00AM TO 12:00PM AND 1:00PM TO 3:00PM



- Call Memory Support Coordinator Kim Korge at 717-624-5272 with any questions.
- We will welcome you in the Ensemble Room at Harmony Ridge.
- The result of the screening does not constitute a medical diagnosis.

## **National Memory Screening Program**

An initiative of the Alzheimer's Foundation of America

## Village News

#### Lifespring Construction Update Jay Rohrbach, Ext. 5452 Vice President of Facilities & Construction Management

I am happy to announce that the construction of Lifespring has begun! The site contractor, York Excavating, started placing erosion and stormwater controls on the site this past week. House demolition, grading, and utility work will continue for the next 6 weeks. The general contractor, R.S. Mowery & Sons, is expected to start building construction in mid-May. Building completion is scheduled for the fall of 2024.

This will be a fast-paced, exciting project for Cross Keys Village. The area will be a flurry of activity. It is okay to observe the work from a distance. For your safety, do not enter the construction site. Even if it looks like no work is taking place, safety hazards are still present. Your safety is important to us!

Please contact me at ext. 5452 if you have any questions.



#### Gallery East Art Exhibit April Thru Mid-May York Art Association Gallery Group Villager Kathy Tomlinson, Ext. 5930

We are pleased to have the opportunity to feature artists from the York Art Association Gallery Group. It has been several years since they exhibited here at CKV. This display features the work of twelve (12) local artists! Most of these artists are new to our walls, but you will recognize a few who have shared their work with us in the past. They hope you'll enjoy the wide variety of subjects and styles on display.

If you are interested in purchasing a piece of their work, please contact Villager Kathy Tomlinson at 717-624-5930 or 443-299-2334.

#### Touchtown Update Brad Wantz, Ext. 5292 Village Content Manager

Touchtown users across the campus may have noticed some changes to the Touchtown app over the past few days. With Touchtown being purchased by Uniguest, the system has been rebranded as Uniguest Community. The app icon has changed to a blue background with an orange "U" topped with an orange dot. You may also notice that the color of the buttons has changed to blue.

This appears to just be an aesthetic update to the app, and all features and functionality have remained unchanged.

If you have any questions about these changes or want to learn more about Community Apps, please reach out to Brad at ext. 5292.

The next Touchtown/Uniguest overview session will be held on Monday, May 6 at 10:30 am in the Encore Room.



#### We Could Use Your Help Mary Jo Moran, Ext. 3255 Village Diversity Group

The Village Diversity Group is planning a display of items that represent cultures from around the world. Are you willing to share items, perhaps from your travels or your own cultural heritage? We are looking for small works of art, tools, clothing, pictures, toys, etc. that would be part of a one-month display in the glass case in Harmony Ridge East. If so, please contact Mary Jo Moran,ext. 3255 or Lydia Obrist, lydiavolunteer@hotmail.com. Actual items will not be needed until 2025. Thank you!





**Holdson Start** Your Day

Pastor Linda Titzell, Ext. 5580

- Take delight in the Lord, and he shall give you your heart's desire. (Psalm 37:4) We are to "take delight" in the Lord. Like savoring blueberries that are good for the heart, so is our delight in God.
- 2) Create in me a clean heart, O God, and renew a right spirit within me. (Psalm 51:11) Some days we feel weary and down. A verse like this reminds us of where to put our hope and trust, to renew our spirit.
- 3) For God alone my soul in silence waits; truly, my hope is in him. (Psalm 62:6) Waiting in silence is a way to praise. Paying attention to the noisy mind is to be able to let go of the noisy mind and put hope in the right place.
- 4) Remember, Lord, how short life is, how frail you have made all flesh. (Psalm 89:47) I do not think of myself as old, but I am old enough for Medicare and Social Security, heading towards the last years of life. This Psalm reminds us not to ignore the aches that can come with age. Knowing how short life is reminds us to honor the preciousness of each day.
- 5) For the Lord is good; his mercy is everlasting; and his faithfulness endures from age to age. (Psalm 100:4) Mercy. What a great word. How rare it appears in our everyday life. And faithfulness. Those virtues of God are the long-lasting ones, to hold onto in the busyness of our days.
- 6) I lift up my eyes to the hills; from where is my help to come? My help comes from the Lord... (Psalm 12:1-2) Look to nature. Look to the view outside your window. Go for a walk. See the sky, the clouds coming and going. We all have these views. Use them as opportunities to praise the Lord.

(Excerpts Guideposts publication, April 2023)

## **Upcoming Activities**



#### Good News Group Larry Gladfelter, Ext. 6683

#### 10:30 am No sign up necessary

The Villager-led Good News Group is presenting the ministry of Dr. Gary Hamrick of Cornerstone Chapel of Leesburg, Virginia. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. These two presentations will be Revelation 4:1-2 and Revelation 4-5.



#### Post-Polio Support Group Deborah Stambaugh, 717-969-5049 PA Polio Network

#### **Encore Room**

Theater

#### 1:00 pm No sign up necessary

Our Program: As Polio Re-emerges in the US, Survivors Reflect on Life with Post-Polio Syndrome, with rehabilitative physician Dr. Steven de Groaff from Polio Australia. He will answer many questions about post-polio syndrome. If time permits, we will look at "Post-Polio Syndrome" with Marny Eulberg, MD.



#### Men's Interfaith Fellowship Breakfast Lynn Titzell, 717-319-6969

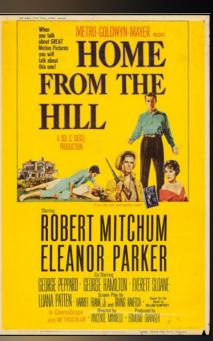
#### 7:30 am Garden Room Sign up in Touchtown or Harmony Ridge Lobby Deadline April 29

Please plan to join us for the Men's Interfaith Fellowship Breakfast. Pastor Josiah Beers from the Wellspring Wesleyan Church in Hanover, PA, who was unable to be with us as scheduled for the April Breakfast, will be our guest speaker. Dining Services will provide attendees with a warm and hearty selection of breakfast items. Advance sign-up is essential. sun apr **28** 

Sunday Matinee Movie "Home From the Hill" Charlie Herr, Ext. 5725 Villager Movie Group

#### 2:00 pm No sign up necessary

Home from the Hill is a 1960 melodrama starring Robert Mitchum, Eleanor Parker, Everett Sloane, and Luana Patten. Directed by Vincente Minnelli, the screenplay is adapted from the 1958 novel of the same name by William Humphrey. The title is from the last line of Robert Louis Stevenson's short poem "Requiem".



Early in their careers, George Peppard and George Hamilton star prominently.

Wade Hunnicutt (Mitchum), a notorious womanizer and the wealthiest and most powerful person in his East Texas town, is wounded by a jealous husband. Wade's scornful but beautiful wife Hannah (Parker) raised their son Theron (Hamilton) to be dependent upon her, but as he reaches adulthood, his father seeks help for Theron to become a man. Wade has his loyal employee Rafe (Peppard) introduce Theron to hunting and other masculine pursuits. Theron admires the slightly older self-reliant Rafe, and rapidly develops into a marksman and skilled hunter.

Not rated, 150 minutes, with subtitles

## **Upcoming Activities**



#### **CKV Band Spring Concert** Monte Leister, Ext. 5293 **Life Enrichment Specialist**

2:00 pm Theater Sign up in Touchtown or Harmony Ridge Lobby The Cross Keys Village Band will be presenting their spring concert, a collection of songs from both the silver screen and the small screen. Some pieces were composed for movies or television shows; others are classics that were simply used in the production. You are sure to be entertained by this fantastic variety of music, ranging from the Wizard of Oz to the theme from the 70s and 80s television hit Dallas.



#### **Ukulele Petting Zoo** Deb & Dan Diddlemeyer, Ext. 5884

#### 12:00 pm

#### Theater Sign up in Touchtown or Harmony Ridge Lobby

In recognition of National Play-Your-Ukulele Day, join the Diddlemeyers for a fun and educational ukulele lunch and learn! Bring along your lunch and learn how to play this fun and easy-to-learn instrument. Ukuleles will be provided. Not only is playing music a great way to de-stress and express creativity, but it has also been shown to have numerous mental and emotional benefits. You don't need any prior experience to join in on the fun, so don't be shy and come join us!



### MON MAY 6

**Mosaic Art Class** Monte Leister, Ext. 5293 **Life Enrichment Specialist** 

10:00 am - 3:00 pm **Art Education Studio** Sign up in Touchtown or Harmony Ridge Lobby

Gathering, Gluing, and Grouting, oh my. Sign up today and create a mosaic masterpiece! We will have a myriad of glass and tile pieces, as well as buttons, glass gems, and beads on hand for you to use. Gather the pieces that strike your fancy, create your design, glue the pieces in place, use grout to fill the gaps, and voila!

### WED MAY $\bigcirc$

#### **Ukulele Ensemble** Concert Deb & Dan Diddlemeyer, Ext. 5884

Theater

#### 2:00 pm Sign up in Touchtown or Harmony Ridge Lobby

The always-growing Ukulele Ensemble has prepared a fantastic spring concert to showcase their many talents! Featuring selections from The Beatles' extensive catalog, you are welcome to take a trip back in time with us through music.

## FRI MAY

Dining Out Lunch: Inn 94 Deb McBeth, 978-979-2270 **CKV Sojourners** 

#### Depart: Union Sq/Campus Inn at 11:30 am Sign up Harmony Ridge Lobby by May 6

This month, we are going to Inn 94, a local restaurant. Inn 94 has been owned and operated by the Balafoutas family since 1980 and has become one of the finest restaurants in the area. Menu selections include John's famous crab cakes, fresh seafood, and sizzling steaks, plus an extensive list of appetizers and desserts.

## **Upcoming Activities**



Travel Tours: Heartland of Central Europe Karen & Joe Richard, Ext. 5261

#### 11:00 am

Theater

**Sign up in Touchtown or Harmony Ridge Lobby** Join us on our journey across Central Europe's heartland. We begin in Germany, visiting the old area of Frankfurt. Then follow the Rhine to Heidelberg and the Black Forest. Continuing to Switzerland, Lucerne, and Geneva. A quick stop at Chamonix, France, and then back into Switzerland, with a view of the Matterhorn from Zermatt. Then there's Austria, Innsbruck, and Vienna. We'll stop in Budapest for lunch on the Danube before returning to Germany via Munich and Rothenburg. All of this in around 12 days, with the opportunity to try German, Swiss, French, Austrian, and Hungarian cuisine and beverages.

Make plans to visit the Campus Inn this same evening to see what dinner specials were inspired by the stops on our trip.



#### 10-Night Eastern Caribbean Cruise Betsy Liou, Ext. 5144 CKV Sojourners

Action and thrills - relax and rejuvenate! Endless ways to spend your cruise days and you get to choose. Enjoy a round trip cruise from Tampa, Florida on Royal Caribbean's Serenade of the Seas. Ports of call are 1. San Juan, PR, 2. Philipsburg, St. Maarten, 3. St. Croix, USVI 4. Puerto Plata, Dominican Republic.

Take advantage of adults-only Solarium retreat, 2 pools, 3 whirlpool, rock climbing wall, mini-golf course, running track, Vitality fitness center, Vitality Spa, 6 options for dining, Casino Royale, bars, clubs and lounges, a specialty coffee house, and duty-free shops.

Passports are required for this cruise. Airfare is not included yet but will be arranged by Cruise Planners when air schedules and prices become available. This cruise includes a one-night pre-cruise Tampa hotel not included in the cost yet.

Cruise flyers are located on the shelf in the mail area of Harmony Ridge. For more information and to make a reservation contact: Doris Wilkinson, Cruise Planners, 717-798-9414 or doris.wilkinson@ cruiseplanners.com

#### **Trip Details:**

Date: February 13 - 23, 2025 Cost: Oceanview Stateroom \$1289.03/person, double occupancy Balcony Stateroom - \$1707.03/ person, double occupancy

## Reminders



**Golf Cart Parade:** "Spring" Craig Hikes, 717-814-0697 Karen Norris, Ext. 5239

Shoemaker Kiosk

#### 1:00 pm No sign up necessary

Spring has arrived! Help us to celebrate spring at CKV as we kick off our first Golf Cart Parade of the season. All golf carts are welcome, and decorations are never required for you to join the parade. We hope all of you will help bring smiles and enjoyment to our fellow villagers and residents. For those wishing to decorate their carts, April's theme is "Spring".

We will meet at the Shoemaker mail kiosk in Bridgewater South and will start the parade at 1:00 pm. In addition to golf carts, we also welcome bicycles, classic cars, and scooters. All are welcome to participate.

An important reminder: Please make sure your golf cart is fully charged for the parade.

Any questions please call Craig, 717-814-0697, or Karen, ext. 5239





Spring Hymn Sing Bob Gerstmyer, Ext. 5983

#### 2:00 pm

Theater

Sign up in Touchtown or Harmony Ridge Lobby In a little less than two weeks we will celebrate spring with hymns you voted on about a month ago in a survey distributed in the Village Voice. We will sing your top fifteen from a list of fifty hymns. Be sure to sign up in Touchtown or the Harmony Ridge Lobby. Don't wait till it is too late!

## STARS OF EUROPE VIRTUAL CONCERT SERIES

HELENE FISCHER The Queen of Schlager



Presented by Villager Al Karasa

## **Activities Calendar**

## **Shopping Trips**

TUES APR

Weis Market 9:00 am Sign up by 4/22, Harmony Ridge

TUES APR  $\mathbf{30}$ 

Walmart & PNC 9:00 am Sign up by 4/29, Harmony Ridge

TUES MAY

Weis Market 9:00 am Sign up by 5/6, Harmony Ridge



Giant & Aldi 9:00 am Sign up by 5/13, Harmony Ridge

### **Events**

FRI 11:00 am APR Theater 0

The Chosen: "Ears to Hear" Sign up Touchtown or Harmony Ridge Lobby

SAT APR Movie and a Meal "The Man From Snowy River" 3:00 pm Theater

MON APR 22 **Good News Group** 10.30 am Theater National Dance Week: The School of Music & Dance Live Performance 6:00 pm Theater

Sign up Touchtown or Harmony Ridge Lobby

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#### Primary Election Bus Trip

Depart Campus Inn 1:00 pm Sign up Harmony Ridge Lobby Deadline: Friday, April 19

**Primer on Vertigo** 2:00 pm Theater Sign up Touchtown or Harmony Ridge Lobby

Music Night at the Campus Inn 4:30 - 6:30 pm Campus Inn Reservations required, call ext. 5656



**CKV** Nutrition: Reduce, Reuse, Reheat 11:00 am Theater Sign up Touchtown or Harmony Ridge Lobby Guesswork

11:00 am Encore Room Sign up Touchtown or Harmony Ridge Lobby

THUR APR 25

Sweet Spring Sounds: Hanover **High School Live Performance** 10.00 am Theater Sign up Touchtown or Harmony Ridge Lobby

Guesswork 11:00 am Encore Room Sign up Touchtown or Harmony Ridge Lobby

Stars of Europe Virtual **Concert Series** 1:30 pm Theater Sign up Touchtown or Harmony Ridge Lobby

National Dance Week: York Area Repertoire of Dance Live Performance 6:00 pm Theater Sign up Touchtown or Harmony Ridge Lobby

## **Activities Calendar**

FRI APR <b>26</b>	Amish of Newburg Depart: Union Sq/Campus Inn 8:45 am Sign up Harmony Ridge Lobby Deadline: Friday, April 19	tues apr <b>30</b>	Sweet Spring Sounds: Spring Grove High School Live Performance 10:00 am Theater
	Hearing Screening for Villagers 9:00 - 11:00 am Presto Room Sign up Harmony Ridge Lobby New Oxford Library Help 10:30 am - 12:00 pm Encore Room Sign up Harmony Ridge Lobby National Dance Week: Vibe	wed May 1	Sign up Touchtown or Harmony Ridge Lobby Men's Fellowship Breakfast 7:30 am Garden Room Sign up Touchtown or Harmony Ridge Lobby CKV Ensemble Spring Concert 2:00 pm Theater
sat apr 27	Performing Arts Live Performance       6:00 pm         Theater       Sign up Touchtown or Harmony Ridge Lobby         Friends of CKV Indoor Yard Sale       8:00 am - 12:00 pm         Nicarry Meetinghouse       Golf Cart Parade: "Spring"         1:00 pm       Shoemaker Kiosk	thur May 2	Sign up Touchtown or Harmony Ridge Lobby <b>Memory Screenings</b> 9:00 am - 12:00 pm 1:00 - 3:00 pm Ensemble Room Sign up with Kim Korge, ext. 5272 <b>Ukulele Petting Zoo</b> 12:00 pm Theater Sign up Touchtown or Harmony Ridge Lobby
sun apr 28	Post-Polio Support Group 1:00 pm Encore Room Sunday Matinee Movie "Home From the Hill" 2:00 - 4:30 pm Theater	FRI MAY <b>3</b>	Majestic Theater: Trailblazing Women of Country Depart: Campus Inn/Union Sq 6:30 pm Sign up Residential Living Desk Cost: \$50, payable to LEC by April 9
Mon Apr <b>29</b>	Illustration Basics in Colored Pencil 10:00 am - 12:00 pm Art Education Studio Sign up Touchtown or Harmony Ridge Lobby Author Talk - The Summer She	MON MAY 6	<b>Mosaic Art Class</b> 10:00 am - 3:00 pm Art Education Studio Sign up Touchtown or Harmony Ridge Lobby
	Found Her Voice 11:00 am Encore Room Sign up Touchtown or Harmony Ridge Lobby Spring Hymn Sing 2:00 pm Theater	WED MAY <b>8</b>	<b>Ukulele Ensemble Concert</b> 2:00 pm Theater Sign up Touchtown or Harmony Ridge Lobby

Sign up Touchtown or Harmony Ridge Lobby

## **Activities Calendar**



#### Dining Out: Inn 94

Depart: Campus Inn/Union Sq 11:30 am Sign up Harmony Ridge Lobby

SAT	
мау <b>11</b>	

**Annual Butterfly Release** 10:00 am CKV Pond

fri May 17 World War II American Experience Museum Depart: Union Sq at 1:00 pm Sign up Residential Living Desk Cost: \$12, payable to LEC by May 10

TUES<br/>MAY<br/>21Travel Tours: Heartland of Central<br/>Europe<br/>11:00 am<br/>Theater<br/>Sign up Touchtown or Harmony Ridge Lobby

SUN	Totem Pole Playhouse Bus Trip:
JUN <b>30</b>	<b>"CLUE"</b> Depart: Campus Inn/Union Sq 12:30 pm Sign up Residential Living Desk Cost: \$68, payable to LEC

mon sep 16

#### **Pigeon Forge Overnight Bus Trip** Depart: Union Sq 8:00 am

Deposit due by May 10 Sign up Residential Living Desk

FRI	
NOV	
8	

#### American Music Theater & Shady Maple Depart: Union Sq 9:45 am Sign up Residential Living Desk Cost: \$90, payable to LEC

THURWestNOVDepa14Sign

West Virginia Overnight Bus Trip Depart: Union Sq 8:00 am Deposit due by July 8 Sign up Residential Living Desk



Friday, May 3 11:30 am - 4:00 pm Nicarry Meetinghouse



Call Wellness on ext. 5410 or email e.lucas@crosskeysvillage.org to schedule your donation!



The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.

### **Channel 25 Programming**

#### April 22 – 28, 2024

#### Monday, April 22

9:30am	NEW Chair Yoga w/Tanya
10:00am	Potato Salad 3 Ways w/Chef Jean-Pierre
11:00am	How to Draw an Owl step by step
12:00pm	This is Your Life – Bee Gees 1991
1:00pm	NEW Chair Yoga w/Tanya
2:00pm	Greatest Moments in MLB Postseason

#### Tuesday, April 23

9:30am	NEW Tai Chi w/Brittany
10:00am	Fainting Goats & Little Bunnies
11:00am	The American Civil War 1861-1865
12:30pm	How Oregon Became a State
1:00pm	NEW Tai Chi w/Brittany
1:30pm	Deadwood Pioneer: A Face from the Past
2:30pm	20 Deadly Insects You Don't Want to Mess With

#### Wednesday, April 24

- 9:30am NEW PurEnergy w/Madi
- 10:30am Elephants on the Run
- 11:30am Unearthed History 2,000 year old treasure
- 12:30pm Best of Groucho Marx
- 1:00pm NEW PurEnergy w/Madi
- 2:00pm Church Service (Replay)

#### Thursday, April 25

- 9:30am NEW Chairobics w/Tanya
- 10:00am Get Moving w/The Chrysler Turbine Car
- 11:30am Opening the West 1865-1877
- 12:30pm Here's the Reason You Procrastinate
- 1:00pm NEW Chairobics w/Tanya
- 2:00pm The Ancient & Medieval African Kingdoms

#### Friday, April 26

- 9:30am NEW Tai Chi w/Brittany
- 10:00am Sally Hemings Documentary
- 11:00am The Well 1951 movie
- 12:00pm Robert Campbell Mountain Man 1804-1879
- 1:00pm NEW Tai Chi w/Brittany
- 1:30pm Giraffes: Africa's Gentle Giants
- 2:00pm The History Guy

#### Saturday, April 27

8:30am	No Hiding Place – 1963 George C. Scott
10:00am	How to Use Music to Boost Motivation
12:30pm	Modern Marvels: Cheese
3:00pm	Secrets of the Sun God – National Geographic
5:30pm	The Most Dangerous Places in the World
8:00pm	Grand Ole Opry @ Carnegie Hall

#### Sunday, April 28

8:00am	Jonathan Cahn – Schemes of Your Warfare
10:00am	Live Church Service from Nicarry
11:30am	Mysteries of the Universe
2:30pm	What's Chronic Fatigue
4:30pm	Church Service (replay) from April 21
6:00pm	Comedian – Bob Smiley
8:00pm	Brandi Carlile - Bluegrass

### Watch **In Touch** every weekday - live at 8:30 am and replayed at 3:00 pm & 8:30 pm.

For questions or requests related to Channel 25 programming, please contact Holly Fetting, CKV Director of Life Enrichment, at Ext. 5544 or email h.fetting@crosskeysvillage.org

#### \*Schedule subject to change\*

The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.

Sunday, May 12 11:30am – 1:30pm at the Campus Inn 25.50 Per Person/ 15.50 Children 5-12/ Under 5 Eat Free Reservations are Required. Please Call Marcia 5606, Cheryl 5281 or Ashley 6742 Due to dining room capacity, reservations are limited to parties of 8.

her's Day

Carving Station

Slow Roasted Brisket served with Au Jus and Caramelized Onion Horseradish Sauce

Entrees

Chicken with Lemon Rosemary Sauce over Angel Hair Pasta Parmesan Crusted Tilapia with Sundried Tomato Cream Sauce Eggplant Moussaka (Greek Vegetarian Lasagna)

Sides

Mashed Potatoes with Gravy
 Honey Glazed Baby Carrots with Fresh Dill
 Scalloped Potatoes
 Garlic and Herb Roasted Squash
 Roasted Beet Salad over Arugula
 With pistachios, feta cheese and balsamic vinaigrette dressing



Double Chocolate Cake Bananas Foster Cake Saspberry Crème Brulé

Fresh Fruit Fresh Baked Raisin Bread and Assorted Rolls (Gluten Free Available Upon Request)



## DINNER SPECIALS

Includes your choice of:

Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

#### MONDAY, APRIL 22

CLOSED

TUESDAY, APRIL 23 Music Night with Turning Point, featuring Jackie Klunk Reservations Required. Call 5656

#### Coaded Baked Potato Soup

#### Meatloaf 12.50

Served with mashed potatoes with gravy and green beans

#### Tuna Noodle Casserole 11.50

Tuna in a cream sauce with peas, onion and egg noodles. Served with your choice of vegetable

\*Regular Menu Available\*

#### WEDNESDAY, APRIL 24

🚱 Ham & Bean Soup

**Baked Chicken Pie 12.00** Chicken, carrots, celery, onions, mushrooms, and peas baked in a crust

Mesquite Grilled Swordfish 16.00 Served with basil pesto gnocchi and roasted carrots

\*Regular Menu Available\*

Senotes gluten avoided denotes vegetarian

### APRIL 22 - 27

#### THURSDAY, APRIL 25

🌝 🚱 Cheddar Broccoli Soup





Chef's Table – Lemon Asparagus Risotto with Shrimp 14.00

Roasted asparagus parmesan risotto with sauteed shrimp and lemon

#### Stuffed Pepper 12.50

Large bell pepper stuffed with ground beef and rice in a tomato sauce. Served with creamy polenta

\*Regular Menu Available\*

#### FRIDAY, APRIL 26 PIZZA NIGHT AT THE CAFÉ

See Café All Day Menu for Details

SATURDAY, APRIL 27 NO REGULAR MENU

Chicken Vegetable Soup

**Roasted Stuffed Pork Chop 15.00** Stuffed with homemade stuffing. Served with herb roasted red potatoes and braised red cabbage

Grilled Salmon 16.45 Served with baked sweet potato and broccoli

Hot Roast Beef Sandwich w/ Gravy 12.50 Served with mashed potatoes and peas

Side of the Week: Broccoli Salad with Bacon Desserts: Cherry Pie 3.10

Cheesecake with Blueberry Topping 4.10

To Place A Carry Out Order Or To Preorder, Use Online Ordering Through Touchtown Or Call Ext. 5656



Tuesday through Thursday, and Saturday 4:30 – 6:30 pm Closed on Sunday, Monday, and Friday. Dinner available in Harmony Café on Friday

#### BEVERAGES

2.05

Coca-Cola • Diet Caffeine-Free Coke Sprite • Barq's Root Beer Minute Maid Lemonade • Ginger Ale Raspberry Iced Tea • Sweetened Black Tea Freshly Brewed Unsweetened Iced Tea Decaf or Regular Coffee Assorted Hot Tea Free Refills on all Drinks

#### SOUP & SALADS

Soup Du Jour Cup 3.75 – Bowl 5.40

Classic Caesar sm. 3.60 lg. 6.70 Chopped romaine, parmesan cheese, croutons and Classic Caesar dressing,

House Salad sm. 3.60 lg. 6.70

Spring mix lettuce, cucumbers, cherry tomatoes, carrots, choice of dressing

#### Add Protein To Your Salad

Grilled chicken 3.60 Grilled Salmon 5.00

### SANDWICHES

Served with one side, cup of soup add 1.60 Gluten-free roll add 0.85

Chargrilled Burger9.307 oz Angus beef patty with lettuce, tomato,<br/>onion, choice of cheese on a grilled kaiser roll

Bacon Cheddar Burger12.307 oz Angus beef patty with bacon, cheddar<br/>cheese, lettuce, tomato, onion, on a grilled<br/>pretzel roll

Fried Chicken Sandwich9.25Breaded chicken breast with lettuce, tomato,<br/>and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order use online ordering through Touchtown or call ext. 5656

Reservations are required for dine-in service for parties of 5 or more. Please call 717-624-5656

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.



#### ENTREES

Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw or applesauce.

Garlic & Sage Rubbed 14.40
 Pork Chop

6oz pan-roasted center cut pork chop served with natural jus

Grilled Chicken Breast 12.35 Garlic & thyme marinated grilled chicken breast

Fried Chicken Tenders10.80Breaded chicken tenders, fried golden brown

- Hot Roast Beef with Gravy 12.35
   Tender sliced roast beef served with gravy
- Grilled Salmon Filet (7 oz.) 16.45
   Fresh Faroe Island salmon grilled to order

Fried Shrimp (6)14.90Breaded fried shrimp

Baked Haddock Filet 12.85 Fresh Atlantic haddock baked with lemon and butter

### PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw or applesauce. Gluten-free pasta add 1.70.

Spaghetti with Marinara

10.25

Spaghetti, homemade marinara and parmesan cheese

Spaghetti with Meat Sauce 12.85 Spaghetti, homemade meat sauce and

parmesan cheese

Chicken Parmesan 12.85 Breaded chicken, spaghetti, homemade marinara, mozzarella and parmesan cheese

### SIDES

2.60

Onion Rings French Fries Sweet Potato Fries
Green Beans
Steamed Broccoli
Peas
Mashed Potatoes
Baked Potato
Sweet Potato
Sweet Potato
Corn
Wild Rice Pilaf Look for our Special Side Of The Week on the Specials menu

#### DESSERTS

Slice of Cake	4.10
Slice of Pie	3.10

😯 denotes gluten avoided



## Friday, April 26

Breakfast: 8:00 – 10:00 am Grab 'n' Go: 10:00 – 11:00 am Lunch: 11:00 – 2:00 pm Grab 'n' Go: 2:00 – 3:00 pm Dinner: 4:30 – 6:30 pm

Grab 'n' Go selections also available during dining hours.

To place a carry out order or preorder use Online Ordering through Touchtown or call ext. 5678. Reservations required for dine-in service for parties of 5 or more. Call ext. 5678 for reservation.

Please call ahead for any dietary accommodations.

### **Breakfast**

Egg, Bacon and Cheese on an 6.75 Everything Bagel. Served with Fruit

### Lunch

#### Popcorn Shrimp Salad

8.75

Spring mix lettuce topped with popcorn shrimp, cheddar jack cheese, corn salsa, tortilla chips, and chipotle ranch dressing

#### Bacon Cheeseburger on Pretzel 8.75 Roll

Grilled Angus beef burger, bacon, American cheese, lettuce, tomato, mayo on a pretzel roll

## Dinner "A Night at The Pizza Shop"

## **Personal Pizzas:**

Cheese	10.00
Pepperoni	10.00
Veggie Lovers 😡	10.00
Hawaiian (ham, pineapple and cheese)	10.00

Gluten free crust available 🟵

Salad Bar included 🛛 🌄





## WEEKLY SPECIALS APRIL 22 - 27

MON 4 / 2 2 Spring Thyme	Breakfast Special Eggs to Order with Home Fries, Sausage and Toast 6.95 Lunch Specials Pork & Thyme Almond Salad 9.00 – Garlic & thyme seasoned pork chop over spring mix lettuce with dried cranberries, celery, roasted almonds, and parmesan cheese with graphere with grant to	COFFEE OF THE WEEK French Vanilla
	cranberry vinaigrette <b>Chopped Italian Sub 8.75</b> – Ham, pepperoni, salami, provolone cheese, banana peppers, lettuce, tomato, and creamy Italian dressing on a Vienna roll <b>Soup of the Day:</b> Turkey Noodle	SMOOTHIE OF THE WEEK
<b>TUE</b> 4/23	Breakfast Special Breakfast Flatbread- Boursin Cheese, Eggs, Sausage, Cheddar Cheese and Diced Tomatoes 7.00 Lunch Specials Spinach Salad 8.00 – Spinach, mushrooms, hard boiled egg, red onion, croutons, and warm bacon dressing	<b>Raspberry Peach</b> Coconut milk, yogurt, vanilla, banana, raspberries, peaches and chia seeds
Ğ	American Burger 8.75 – Grilled Angus beef burger with American cheese, shredded lettuce, diced onions, sliced pickles, and thousand island dressing on a kaiser roll Soup of the Day: Loaded Baked Potato	SIDE OF THE WEEK
	Breakfast Special	Broccoli Salad with Bacon
WED 4/24	Vegetable Omelet- Spinach, Tomatoes, Mushrooms, Peppers, Onions, and Cheddar         Cheese With Toast 6.95         Lunch Specials         Strawberry Praline Bacon Salad 8.00 – Spring mix lettuce, sliced strawberries, praline         bacon, sunflower seeds, feta cheese, and lemon poppy seed dressing         Philly Cheesesteak Wrap 8.00 – Cheesesteak meat, peppers, onions, provolone cheese	PIZZA & HEARTH OVEN SPECIALS
(	and mayo in a flour tortilla 9 <b>Soup of the Day:</b> Ham & Bean	Chicken, Spinach and Red
<b>THU</b> 4 / 2 5	Breakfast Special         Ham, Egg, Onion and Cheddar Wrap. Served with Fruit 6.75         Lunch Specials         Crab Caesar Salad 9.00 – Romaine lettuce, lump crab meat, croutons, asiago cheese, red onion, and Caesar dressing         Chicken Tender Wrap 8.25 – Chicken tenders, shredded cheddar cheese, shredded lettuce, diced tomatoes, BBQ sauce, and ranch in a flour tortilla         Soup of the Day: Cheddar Broccoli	Pepper Pizza 10.25 Chicken, spinach, roasted red peppers, pizza sauce, and mozzarella cheese Carb Artichoke Dip 9.00
FRI 4/26	Breakfast Special Egg, Bacon and Cheese on an Everything Bagel. Served with Fruit 6.75 Lunch Specials Popcorn Shrimp Salad 8.50 – Spring mix lettuce topped with popcorn shrimp, cheddar jack cheese, corn salsa, tortilla chips, and chipotle ranch dressing	Crab, cream cheese, old bay, mayo, Worcestershire sauce, mozzarella, parmesan, and scallions
	Bacon Cheeseburger on Pretzel Roll 8.75 – Grilled Angus beef burger, bacon, American cheese, lettuce, tomato, mayo on a pretzel roll Soup of the Day: Tomato Bisque Breakfast Special	DESSERT Cherry Pie 3.10 Cheesecake with Blueberry
4/27	Sausage Gravy over English Muffin 6.75	Topping 4.10
-, , , , , , , , , , , , , , , , , , ,	Lunch Specials Pear and Praline Bacon Salad 8.00 – Diced pears with praline bacon over spring mix lettuce with dried cherries, feta cheese, and apple cider dressing Alpine Turkey Wrap 8.00 – Turkey, bacon, cheddar cheese, tomato, lettuce, and ranch in a flour tortilla Soup of the Day: Chicken Vegetable	<ul> <li>Gluten Avoided</li> <li>= Vegetarian</li> <li>Consumer Advisory-Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.</li> </ul>

BREAKFAST 8:00 a.m. to 10:00 a.m.| GRAB N' GO 10:00 a.m. to 11:00 a.m. and 2:00 p.m. -3:00 p.m. | LUNCH 11:00 a.m. to 2:00 p.m.



### EVERYDAY MENU MONDAY - SATURDAY 8:00-10:00AM & 11:00AM-2:00PM

BREAKFAST Served daily until 10:00. Eggs served with your choice of toast.

TWO EGGS ANY STYLE	4.10
EGG SANDWICH	4.10
EGG & MEAT SANDWICH	4.80
<b>EGG OMELETTE</b> 5.65 (add .60 for each a filling)	dditional
2 BACON SLICES/2 SAUSAGE LINKS	1.60

## LUNCH Served daily from 11:00 to 2:00

#### CHARBROILED BEEF, TURKEY OR **GARDEN BURGER**

Served with your choice of applesauce, coleslaw, chips, fruit cup, side of the day or add cup of soup for additional \$1.60

8.50

**CLASSIC CHEF / GRILLED CHICKEN CAESAR GRILLED CHICKEN SALAD** 8.25 **GARDEN SALAD** 5.75

Salads to order are served with our toasted flat bread.

#### HARMONY VEGETARIAN WRAP / SALAD 6.95

COLD SANDWICHES Small 6.15 | Large 7.65 Turkey, Ham, Corned Beef, Tuna Salad, Chicken Salad, or Classic BLT, served with your choice of coleslaw, applesauce, chips, fruit cup, side of the day or add cup of soup for additional \$1.60

#### SIDES

HOMEMADE SOUP Cup 3.75 | Bowl 5.40

FRENCH FRIES, SWEET POTATO FRIES, ONION RIM	NGS
FRUIT SALAD, APPLESAUCE, COLESLAW	2.60

#### BEVERAGES

REGULAR COFFEE, FLAVORED COFFEE OF THI	E
WEEK, DECAF, ICED TEA, FOUNTAIN DRINKS	1.80
FRESHLY GROUND AND SPECIALTY COFFEES HOT COCOA	2.50 – 3.40

TOAST White / Wheat / Rye / Sourdough	.65
GLUTEN-FREE BREAD	1.25
ENGLISH MUFFIN	1.30
BAGEL W. CREAM CHEESE	2.40
HOME FRIES/HASH BROWNS	1.55

HOT SANDWICHES served with choice of chips, applesauce, coleslaw, fruit cup, side of the day or add cup of soup for additional \$1.60

GRILLED CHEESE, HOT DOG		
GOURMET GRILLED CHEESE	7.45	
TUNA MELT, GRILLED CHICKEN DELUXE	7.75	
REUBEN, RACHEL, PHILLY CHEESESTEAK	8.00	
<b>HEARTH OVEN PIZZA</b> 9-inch hand-tossed personal pizza, homemade dough and pizza sauce		
CHEESE PIZZA	9.85	
PEPPERONI / SAUSAGE PIZZA	10.35	

#### BAKERY

MUFFIN	1.80	
<b>CINNAMON BUN</b>	3.10	
SCONE	3.10	
COOKIE	1.50 each   3 for 3.70	
PIE	3.10	
CAKE	4.10	
FEATURED ITEMS1.45 - 2.95From Cross Keys Village Bakery		