

## GriefShare Support Group

Proven healing series based on biblical concepts returns to Cross Keys Village, starting on February 29.

13 Thursdays\* | 1:00pm - 2:30pm February 29 to June 6 Nicarry Meetinghouse

Processing the grief that follows the death of a spouse, child, family member or friend isn't something we can neglect or rush. Whether recent or distant, grief that is left unaddressed can cause serious harm to our mental and physical health.

Join Pastor Linda Titzell on Thursdays from February 29 to June 6 for the spring session of GriefShare, a nondenominational program featuring biblical concepts for healing. Each session is "self-contained." You will be able to pick up if you miss a session or two. Whatever is shared during a session will remain confidential.

Open to villagers and to neighbors from the greater community. Class size is limited for this free program. Registration is preferred by February 19. **Call 624-5253** or visit www.crosskeysvillage.org/griefshare



\*Dates are Feb. 29, March 7, 14, 21, April 4, 11, 18, 25, and May 2, 9, 16, 23, 30. June 6 is a snow date.



