# MEMORY SUPPORT RESOURCES

**The Memory Care Education program** at Cross Keys Village offers support to individuals living with Alzheimer's disease or another neurocognitive disorder, and to their care partners. **Support groups offered at Cross Keys Village** are open at no cost to villagers and to neighbors from the greater community. Most groups require registration.

Call Kimberly Korge, Memory Support Coordinator at 717-624-5272 or email k.korge@crosskeysvillage.org for information and registration details.

# CROSS KEYS VILLAGE SUPPORT GROUPS

### Memory Garden, a Caregiver Support Group

"Sharing joys and tears, find strength and inspiration from each other."

Cross Keys Village, Harmony Ridge, Presto Room Every Second Friday, 1:30-3:00pm

#### Transitional Support Group

"For individuals whose spouse has transitioned to Health Care or to Personal Care. Open to widows and widowers too."

Cross Keys Village, Harmony Ridge, Ensemble Room. Every Third Tuesday, 2:30-4:00pm

#### • Early Stage Support Group

"An opportunity to connect with others who are facing a dementia diagnosis."
Eight-week program offered twice a year, with pre-registration required. Call 717-624-5272

#### Parkinson's Thursday

"Empowering people with Parkinson's and care partners through education and peer support." Cross Keys Village, Harmony Ridge, Encore Room Every Third Thursday, 1:00-3:15pm (monthly agenda at www.crosskeysvillage.org/parkinsons)

## OTHER SUPPORT GROUPS

## Adams County Office For Aging's Caregiver Support Group

Adams County Office for Aging 318 W Middle St, Gettysburg, PA 1732 Every Third Thursday, 3:00pm-4:30pm

## Alzheimer's Foundation Caregiver Support Groups Over the Phone

Every Monday, 7:00-8:00pm Every Thursday, 7:00-8:00pm Every Friday, 3:30-4:30pm Call AFA's National Toll-Free Helpline at 866-232-8484 to speak with a licensed social worker and join a caregiver support group.



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