

Volume 25, Number 37

VILLAGE Voice

September 11, 2026



CROSS KEYS VILLAGE
The Brethren Home Community

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*Welcome
to our new Villagers!*

- Donald & Nancy Gochenauer moved from Spring Grove to Bridgewater Landing.

*Refer to Uniguest Resident Directory for contact information

Village News

Emergency Evacuation Assistance

Jennifer Holcomb, Ext. 5235
Chief Clinical Integration Officer

To help ensure your safety during an emergency, we request any resident who may need assistance with evacuation to contact Village Health Services before an emergency occurs. Planning ahead allows our team to work with you to develop a reasonable evacuation plan based on your individual needs and to notify campus emergency response teams of any assistance you may require.

Please do not wait until an emergency is underway to make these arrangements. Advance planning helps ensure the safest and most effective response when time is critical.

To discuss your needs and develop a plan, please contact Village Health Services at 717-624-5256.

Thank you for helping us maintain a safe and prepared community.



Library Book Sale Next Week

Diane Glotfelty, Ext. 4801
Barbara Rowe, Ext. 5651

Members of the Harmony Ridge Library are looking forward to seeing you at our next book sale in the Garden Room on Wednesday, September 16, from 10:00 am to 6:00 pm and Thursday, September 17, from 10:00 am until 2:00 pm. Hardback books are \$1.00, and paperback books are \$.50. Both DVDs and CDs will also be for sale. The public is invited.



National Prescription Drug Take-Back Day

Sarah Winter, Ext. 5223
RL Administrator

The U.S. Drug Enforcement Administration and participating local law enforcement agencies are coordinating a nationwide drug “take-back” day on Saturday, October 26, from 10:00 am to 2:00 pm.

Please bring your unwanted medications to the Village Health Services office prior to October 26. We will be taking them to one of the collection locations that day. If you miss the deadline, expired medications can be delivered to Village Health Services at any time and will be retained until the next drop-off.

All medications will be disposed of in a safe and environmentally friendly manner.

Important details for disposal:

- Prescription, over-the-counter, and veterinary medications will be accepted.
- Medications should be removed from the containers and placed in a plastic bag.
- No sharps, syringes, needles, or thermometers. The Village Health Services Team can provide sharps containers if you need them.
- Pills, liquids, and creams are accepted.

Protect Yourself and the Environment:

- Do not flush unwanted or leftover medications down the drain. This is not good for the water supply system or streams and rivers.
- Never give your unwanted medicine to someone else or take a prescription that was not prescribed for you.
- Having unwanted medications around the home presents a danger to children, guests, and pets.



Village News

Fall Into Wellness! **Wellness Team, Ext. 5410**

Our summer Wellness classes will wrap up on Friday, September 18. We have loved moving, stretching, strengthening, and having fun with our villagers throughout the summer. Thank you to everyone who joined us and brought energy, laughter, and encouragement to every class!

Don't worry—you won't have long to miss us! Village Vitality Week is coming September 28 through October 2. The Wellness Team cannot wait to celebrate through decades-themed opportunities to move, connect, learn, and have fun together. Watch for the full schedule and plan to join us.

Fall Wellness classes begin Monday, October 5. Whether you are returning to a favorite class or trying something new, we look forward to welcoming you. Mark your calendars, invite a friend, and let's fall into wellness together!



Date Change: Creative Hats Knitting Class **Monte Leister, Ext. 5293** **Life Enrichment Specialist**

Due to circumstances beyond our control, the Creative Hats Knitting Class scheduled for Monday, October 5, has been rescheduled to Friday, October 9.



Half-price Sale! **Almost New Shop Sale** **Dwight Rohrbaugh, 717-668-6315** **The Friends of CKV**

The Almost New Shop is having a sale through the month of September on ladies' blouses and tops! All are half price until the end of the month. Make sure to stop by to find the perfect top to go with that outfit! If you haven't been by recently, you have missed some good deals. Hurry in before you miss out on more great treasures.

We will now be collecting men's and women's coats, as well as decorations for all holidays. You can drop off your donations during our open hours. As a reminder, the shop is open Wednesdays from 10:00 am to 3:00 pm, Thursdays from 12:00 to 4:00 pm, and one Saturday a month from 10:00 am to 1:00 pm. All proceeds are used to assist our community residents and team members. Thank you for your continued support. We look forward to serving you in our shop.



Upcoming Activities

SUN
SEPT
13

Sunday Movie Matinee: "Hatari" Villager Movie Group

2:00 - 4:37 am

Theater

Hatari is Swahili for danger. In this 1962 adventure comedy, a group of professional game catchers go after assorted wildlife in Tanganyika, Africa, for zoos. One of the men is hurt by a charging rhino. The men return to the compound to find an Italian photographer has arrived to take pictures of the captures for the zoos; only he turns out to be a she!

After many exciting adventures, including the adoption of a baby elephant, the season comes to a surprising ending.

TUES
SEPT
15

Villager Movie Group Meeting Charlie Herr, Ext. 5725

10:00 am

Harmony Café

The Villager Movie Group will meet to discuss group business as well as movie scheduling for November. We will also discuss other projects. Look for our sign at the Harmony Café.

Please consider joining us and presenting movies. If you watch DVDs at home, you already know most of what's required to host matinees. We will show you the rest.

Villagers continue to thank us for showing matinee movies on Sundays and other occasions. Many of you have enjoyed the movies our group has presented during the past three years. We have shared not only the CKV film inventory but also those from our own collections. Attendees have appreciated being able to watch movies in a theater experience in comfortable seating with their neighbors without traveling off campus. Thank you for your continued patronage. Now you can join our efforts!

TUES
SEPT
22

ACHRC: Serving the Community Bob Peters, Ext. 5754 Village Diversity Group

1:00 pm

Encore Room

Sign up in Uniquet or Harmony Ridge Lobby

Gail Hull will be discussing the Adams County Human Relations Council (ACHRC), its purpose and its history. Gail is a founding member of ADHRC, which was organized in 1990 after a Black church was vandalized with racist graffiti. She will highlight some of ACHRC's most significant activities and share how its structure and role have evolved, enabling the group to endure and remain relevant for more than three decades. Gail's presentation will be informal and conversational, with questions and discussion welcome.

TUES
SEPT
22

Covenant Home Care Information Session Nikki Bull, Ext. 5294 Life Enrichment Specialist

9:00 am

Theater

Sign up in Uniquet or Harmony Ridge Lobby

Covenant Home Care will be sharing information about the services and support they provide to help seniors remain safe, comfortable, and independent at home. As a family-owned and operated organization, Covenant offers personalized care tailored to individual needs, including personal care, companionship, meal preparation, medication reminders, transportation assistance, light housekeeping, and respite care. The presentation will highlight how Covenant develops flexible care plans, thoughtfully matches clients with caregivers, and maintains ongoing communication with families and care teams. Attendees will also learn about the resources available for seniors living independently, individuals returning home from the hospital or rehabilitation, and families seeking additional support. Whether you're planning ahead or exploring care options for yourself or a loved one, this presentation offers a helpful overview of home care services and the simple process of getting started.

Upcoming Activities

FRI
SEPT
25

Hearing Screenings for Villagers

Sarah Winter, Ext. 5223
RL Administrator

9:00 am - 12:00 pm Healthcare Medical Suite
Call 717-632-5558 to sign up

Dusty from Darrell M. Sipe, Opticians and Hearing Aids, is happy to continue providing a free hearing screening to you. The screenings take approximately 20 minutes.

She will be offering this service in the Medical Suite in the Healthcare building. You can also schedule a hearing screening on Wednesdays while she is on campus.

To sign up please call Dusty at 717-632-5558.

SAT
SEPT
27

September Golf Cart Parade

Craig Hikes, 717-814-0697
Donna Hikes, 717-502-1931

1:00 pm Shoemaker Kiosk

In the fall season, weather cools down, tree leaves change color, and daylight hours start to grow shorter. We invite you to ride along in our September parade as we celebrate Fall and all the changes the season brings. Fall is only a suggestion, so feel free to decorate your golf cart as you please or join us without decorations.

We would like to give a special shout-out to the security team for keeping us safe at all the intersections along our parade route. Your presence was much appreciated.

In addition to golf carts, we also welcome bicycles, classic cars, and scooters. All are welcome to join us.

Rain date will be Sunday, September 27, starting at 2:00 pm.

SAT
OCT
3

Movie Screening: "Nemesis"

Nikki Bull, Ext. 5294
Life Enrichment Specialist

1:00 pm Theater

After reading the obituary of her friend, financier Jason Rafiel, Miss Marple is surprised to be summoned to the office of his solicitors. They explain that Mr. Rafiel's will provides instructions for her to investigate a crime after his death. Very little information is included for her to follow, but she is instructed to take a motor coach tour to the village of Abbey Ducis. Along the way, fellow coach tour passengers and villagers share facts and gossip about past local crimes, with some clues implicating Mr. Rafiel's son, Michael. Will Miss Marple be able to solve the mystery?

This is the first BBC adaptation of Nemesis produced in 1987 and featuring Joan Hickson as Miss Marple. It is presented in two 50-minute segments to be shown concurrently.

MON
OCT
5

Top 10 Most Common Scams

Nikki Bull, Ext. 5294
Life Enrichment Specialist

11:00 am Theater

Sign up in Uniguest or Harmony Ridge Lobby
Scammers and fraudsters target Pennsylvanians every day to gain access to money or personal information. From robocalls to social media messages and texts to emails, Pennsylvanians must be on the lookout for these "too good to be true" hoaxes. This presentation by a representative from the Pennsylvania Attorney General's Office will break down the top 10 scams currently being used in PA.

Upcoming Activities

MON
OCT
5

Alice Roosevelt's First Press Conference in 60 Years

Nikki Bull, Ext. 5294

Life Enrichment Specialist

2:00 pm

Theater

Sign up in Uniguest or Harmony Ridge Lobby

Meet Alice Roosevelt, Teddy Roosevelt's spirited daughter who became a national sensation when she arrived at the White House at age 17 in 1901. In this captivating living history presentation, Mikele Garfield Stillman brings Alice to life with humor and sensitivity, sharing first-hand perspectives on Prohibition, women's suffrage, both World Wars, and 14 presidential administrations. Join us for an entertaining and insightful journey through nearly a century of American history as told by one of its most unforgettable personalities.

TUES
OCT
6

Special Showing: York Symphony Beethoven's Fifth

Monte Leister, Ext. 5293

Life Enrichment Specialist

10:00 am - 12:00 pm

Theater

Sign up in Uniguest or Harmony Ridge Lobby

Enjoy the York Symphony at CKV through a streamed recording of their concert from the previous Saturday.

With its iconic four-note opening and themes of sorrow and delight threaded throughout, Beethoven's Fifth Symphony is a cornerstone of our musical pantheon. The pioneering symphony kicks off the YSO's year-long celebration of the German composer, Beethoven. Paired with this masterwork is Sergei Prokofiev's First Symphony, which is infused with unexpected harmonies. The concert concludes with Christopher Theofanidis' Bassoon Concerto that was written specifically for our esteemed guest soloist Martin Kuuskmann. Beethoven lives on!

THUR
OCT
8

Mini Cornucopia Class

Monte Leister, Ext. 5293

Life Enrichment Specialist

10:00 am or 1:00 pm

Art Education Studio

Sign up in Uniguest or Harmony Ridge Lobby

The cornucopia is one of the tried-and-true symbols of autumn harvest time. Here's your opportunity to create a small decorative accent piece to help bring autumn into your home. We have mini cornucopias and miniature vegetables. With the help of glue and your creativity, they will be turned into a wonderful fall decoration.

THUR
OCT
8

Dining Out: First Post

Jackie Boisvert, Ext. 5865

CKV Sojourners

Depart Campus Inn at 11:00 am

Sign up Harmony Ridge Lobby by 10/6

Join us as we venture to First Post in York. Known for serving traditional comfort food with a twist inside a beautifully restored historic building from an 1850's single-family home known as the Roadhouse.

The menu features a typical variety of meats, seafood, and sandwiches prepared with a twist. It is a wonderful place to eat with a lot of character.

FRI
OCT
9

Who Was Lafayette?

Nikki Bull, Ext. 5294

Life Enrichment Specialist

2:00 pm

Theater

Sign up in Uniguest or Harmony Ridge Lobby

Bruce E. Mowday, a member of the American Friends of Lafayette, has written extensively on Brandywine and Lafayette and will take us back to September 11, 1777. General Marquis Lafayette was a relatively unknown officer on General Washington's staff, but by the end of the day, he was on his way to becoming an American hero. France's aid to help us win our freedom came about largely from Lafayette's support.

Upcoming Activities

FRI
NOV
27

American Music Theater: Winter Wonderland

Betsy Liou, 717-357-1874
CKV Sojourners

Depart Union Square at 9:30 am

Return approx. 6:00 pm

Sign up Residential Living Desk by 10/22

Cost: \$140, payable to LEC

Celebrate the holiday season with a festive day of delicious food and spectacular entertainment! We will begin with lunch at Shady Maple Smorgasbord, where everyone can enjoy an abundant selection of traditional Pennsylvania Dutch favorites.

After lunch, we'll travel to American Music Theatre for Winter Wonderland, its 2026 Christmas show. From a charming Bavarian village to the festive North Pole, this dazzling production features stunning sets, gorgeous costumes, and live performances of favorite sacred and secular holiday songs. A sensational cast, live orchestra, and even a visit from Santa make this a joyful holiday experience you won't want to miss!

Transportation will be provided by a chartered motor coach. We've reserved an ADA-accessible coach that can accommodate up to two wheelchairs or scooters. Please indicate your accessibility needs when registering. The cost covers the motorcoach, show, meal, and driver tip.

SUN
NOV
29

Mannheim Steamroller Christmas

Betsy Liou, 717-357-1874
CKV Sojourners

Depart Campus Inn at 1:15 pm

Sign up Residential Living Desk by 10/29

Cost: \$77, payable to LEC

The holiday tradition continues! Celebrate the season with Mannheim Steamroller Christmas by Chip Davis at the Luhrs Center in Shippensburg!

For more than 40 years, Mannheim Steamroller Christmas has been a favorite holiday tradition. Grammy Award winner Chip Davis brings the distinctive Mannheim sound to Christmas classics in a spectacular performance featuring 15 musicians playing more than 20 instruments. Dazzling multimedia effects add to the experience, creating an afternoon filled with the sights and sounds of the season.

Join your CKV Sojourners friends as we kick off the Christmas season together. We have upper orchestra seats for the 3:00 pm performance. No meal is planned for this trip.

Make your \$77 check payable to LEC and indicate "Mannheim Steamroller – November 29" on the memo line.

Reminders

THUR
SEPT
17 & 24

History of Pop Music: Close Harmony

Bob Wilson, 706-614-8954

1:30 pm

Theater

Sign up in Uniquet or Harmony Ridge Lobby

Bob Wilson will host a two-part series that explores "close harmony" in jazz, swing, rock, and pop traditions. The program will present the music of the Andrews Sisters, the Mills Brothers, the Pied Pipers, the Four Freshmen, Manhattan Transfer, the Beach Boys, and many more.

Activities Calendar

Full activity listing available on Uniguest.

Shopping Trips

THUR
SEPT
17

ACNB & Dollar Tree
9:00 am
Sign up by 9/16, Harmony Ridge

TUES
SEPT
22

Giant & Aldi
9:00 am
Sign up by 9/21, Harmony Ridge

THUR
SEPT
24

Twin Pines & Sonnewalds
9:00 am
Sign up by 9/23, Harmony Ridge

CKV Sojourners Trips

FRI
SEPT
18

Lunch Out at John Wright Restaurant
Depart Campus Inn at 11:00 am
Sign up Harmony Ridge Lobby by 9/16

SAT
SEPT
19

Servant Stage: "Anne of Green Gables"
Depart Campus Inn at 9:00 am
Sign up RL Desk by 9/1
Cost: \$45.00, payable to LEC

SUN
SEPT
20

Adams County Heritage Festival Trip
Depart Campus Inn at 12:00 pm
Sign up Harmony Ridge Lobby by 9/18

TUES
SEPT
22

Gettysburg Community Concert
Depart Campus Inn at 6:30 pm
Sign up Harmony Ridge Lobby by 9/15
Tickets \$20.00 at the door

THUR
SEPT
24

Amish of Newburg Adventure
Depart Campus Inn at 9:15 am
Sign up Harmony Ridge Lobby by 9/18

WED
SEPT
30

Warehime Mansion Summer Lawn Concert
Depart Campus Inn at 4:30 pm
Sign up Harmony Ridge Lobby by 9/25

THUR
OCT
8

Lunch Out at First Post
Depart Campus Inn at 11:00 am
Sign up Harmony Ridge Lobby by 10/6

WED
OCT
14

The Old Farmhouse Tea Room
Depart Campus Inn at 11:30 am
Sign up RL Desk by 10/7
Cost: \$25.00, payable to LEC

FRI
OCT
23

Discover the Hidden Catoctin
Depart Campus Inn at 8:15 am
Sign up RL Desk by 9/25
Cost: \$115, payable to LEC

FRI
NOV
27

American Music Theater: Winter Wonderland
Depart Union Square at 9:30 am
Sign up RL Desk by 10/22
Cost: \$140, payable to LEC

SUN
NOV
29

Mannheim Steamroller Christmas
Depart Campus Inn at 1:15 pm
Sign up RL Desk by 10/29
Cost: \$77, payable to LEC

Events

FRI
SEPT
11

Movie: "Come From Away"
8:00 - 10:15 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby
Movie: "Come From Away"
10:30 am - 12:15 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

Activities Calendar

Full activity listing available on Uniguest.

SUN
SEPT
13

Sunday Movie Matinee: "Hatari"
2:00 - 4:37 pm
Theater

MON
SEPT
14

Country Music Documentary
10:00 am - 12:00 pm
Theater

Leaf Printing
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Leaf Printing
1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Lincoln Presentation
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

TUES
SEPT
15

Sunflower Styles Art Class
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Villager Movie Group Meeting
10:00 am
Harmony Café

Spill the Tea: Agatha Christie
11:00 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

Travel Tours: France
11:00 am
Theater

Atomic Canal Project Presentation
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

WED
SEPT
16

Country Music Documentary
10:00 am - 12:00 pm
Theater

Figure & Character Drawing
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

THUR
SEPT
17

Making Watercolor Sing
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Jeffrey Gabel: My Clowning Years
11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Bob Wilson's History of Pop Music
1:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI
SEPT
18

Country Music Documentary
10:00 am - 12:00 pm
Theater

Pen & Ink Class
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Pen & Ink Class
1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

"Braver Angels" Watch Party
2:00 - 4:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

MON
SEPT
21

Country Music Documentary
10:00 am - 12:00 pm
Theater

Tavern Talk at the Fiddler's Hearth
10:00 am
Gathering Room
Sign up Uniguest or Harmony Ridge Lobby

cont'd

Activities Calendar

Full activity listing available on Uniguest.

MON
SEPT
21

Exploring Healthcare at CKV
1:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI
SEPT
25

Avenue Art Opening: Autumn Leaves
12:00 - 2:00 pm
Avenue of the Arts
Trivia in the Café
5:00 - 6:30 pm
Harmony Café
Call ext. 5678 for reservations

TUES
SEPT
22

Covenant Home Care Information Session
9:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby
Sunflower Styles Art Class
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby
ACHRC: Serving the Community
1:00 pm
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

SAT
SEPT
26

Arts & Crafts Festival
8:00 am - 12:00 pm
Avenue of the Arts
Golf Cart Parade
1:00 pm
Shoemaker Kiosk

SAT
OCT
3

Movie Screening: "Nemesis"
1:00 pm
Theater

WED
SEPT
23

Tired of Being Tired
11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby
Rabbit Transit Info & Sign-Up Event
2:00 - 3:00 pm
Encore Room

MON
OCT
5

Top 10 Most Common Scams
11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby
Alice Roosevelt's First Press Conference in 60 Years
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

THUR
SEPT
24

Country Music Documentary
10:00 am - 12:00 pm
Theater
Bob Wilson's History of Pop Music, Part 2
1:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

TUES
OCT
6

Sunflower Styles Art Class
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby
Special Showing: York Symphony Beethoven's Fifth
10:00 am - 12:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI
SEPT
25

Hearing Screenings for Villagers
9:00 am - 12:20 pm
Healthcare Medical Suite
Call 717-632-5558 to sign up
Country Music Documentary
10:00 am - 12:20 pm
Theater

WED
OCT
7

Vaccine Clinic
8:30 am - 3:00 pm
Nicarry Meetinghouse
Register in Uniguest VHS Module

cont'd

Activities Calendar

Full activity listing available on Uniguest.

THUR
OCT
8

Mini Cornucopia Class

10:00 am
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Mini Cornucopia Class

1:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

FRI
OCT
9

Creative Hats Knitting Class

10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Creative Hats Knitting Class

1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Who Was Lafayette?

2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

TUES
OCT
13

Sunflower Styles Art Class

10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

TUES
OCT
20

Sunflower Styles Art Class

10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

THUR
NOV
5

Unlimited Pinewood Derby Race

10:00 am
Avenue of the Arts

THUR
NOV
12

Senior Fraud Seminar

11:00 am
Nicarry Meetinghouse

*The content of programs may not represent the
beliefs and opinions of the Church of the Brethren or
the CKV organization.*

Channel 25 Programming

September 14 – 20, 2026

Monday, September 14

- 9:30am Chairobics w/Brittany
- 10:00am How You Can Draw Literally Anything
- 11:00am Best Way to Eat Zucchini
- 11:30am Brethren Voices
- 12:00pm If Hummingbirds Suddenly Stop Coming
- 1:00pm Chairobics w/Brittany
- 2:00pm **Lincoln Presentation – Live Broadcast from the Theater**

Tuesday, September 15

- 9:30am Tai Chi w/Brittany
- 10:00am Saturn: Ringed Wonder
- 10:30am Amish History (replay)
- 12:30pm Vienna w/Rick Steves
- 1:00pm Tai Chi w/Brittany
- 2:00pm **Atomic Canal Project Presentation – Live Broadcast from the Theater**

Wednesday, September 16

- 9:30am Chair Yoga w/Madi
- 10:00am Lighthouses
- 11:00am Wonders of Alaska
- 12:00pm Miracles of Nature
- 1:00pm Chair Yoga w/Madi
- 2:00pm Church Service (replay)

Thursday, September 17

- 9:30am PurEnergy w/Madi
- 10:00am Miller's Wildlife & Conservation (replay)
- 11:00am **Jeffrey Gabel: My Clowning Years – Live Broadcast from the Theater**
- 12:00pm Getting the Most Out of MyWellSpan Portal (replay)
- 1:00pm PurEnergy w/Madi
- 1:30pm **Bob Wilson's History of Pop Music – Live Broadcast from the Theater**

Friday, September 18

- 9:30am PurEnergy w/Brittany
- 10:00am The Real History of Africa
- 11:00am Jay Leno Drives Rare 1953 Hudson Hornet
- 12:00pm Fast Fix Exercise for Poor Leg Circulation
- 1:00pm PurEnergy w/Brittany
- 2:00pm Evidence of The Lost City of Atlantis

Saturday, September 19

- 8:30am Brethren Voices
- 9:30am PurEnergy w/Brittany
- 11:00am Appalachia: The Oldest Mountains on earth
- 1:00pm PureEnergy w/Brittany
- 2:00pm Miller's Wildlife & Conservation (replay)
- 4:00pm Getting the Most Out of MyWellSpan Portal (replay)
- 6:00pm You Were Never Lovelier – Fred Astaire
- 8:00pm A Grand Ole Time - Country

Sunday, September 20

- 8:00am Cornerstone Chapel
- 9:30am Tai Chi w/Brittany
- 10:00am **Church Service – Live Broadcast from the Nicarry**
- 11:30am The Dog Whisperer – Cesar Millan
- 1:00pm Tai Chi w/Brittany
- 1:30pm Cornerstone Chapel
- 2:30pm 1 Hour of Instrumental Worship
- 4:30pm Stories of the Bible – Homeland
- 6:00pm Fly Fishing in W. Virginia's Remote Wilderness
- 8:00pm Early Days of Rock n Roll

**Watch In Touch every
weekday - live at 8:30 am and
replayed at 3:00 pm & 8:30 pm.**

For questions or requests related to Channel 25 programming, please contact
Cindy Hockensmith, Communications Coord.
at Ext. 5416 or email
c.hockensmith@crosskeysvillage.org

Schedule subject to change

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breakfast

8:00 - 10:00 am

Breakfast Flatbread
Scrambled eggs,
bacon, cheddar
cheese, tomato,
red onion, and
Boursin cheese
7.00

mon

 Pepper Pot

tues

Chicken Orzo

wed

Lobster Bisque

 Vegetable Greek
Omelet
Served with your
choice of toast
7.00

thur

 Turkey and Rice

fri

 Summer Veg
Minestrone

Broccoli, Cheddar,
and Ham Quiche.
Served with fruit
6.75

sat

Beef Noodle

lunch

11:00 am - 2:00 pm

Caprese Chicken Salad 8.25
Spring mix, balsamic glazed
chicken, mozzarella pearls,
tomato, basil, and balsamic
vinaigrette

Turkey and Swiss Pretzel Melt 8.00
With dijonnaise on a pretzel roll

Bacon Cheddar Burger 9.00
Lettuce, tomato, and mayo on
brioche roll

Shrimp Cobb Salad 9.00
Romaine lettuce, hard boiled
eggs, tomatoes, red onion,
avocado, and ranch dressing

 Walnut Apple Salad 8.00
Apples, grapes, walnuts, and
blue cheese over baby
spinach with maple vinaigrette

Open-Faced Tuna Melt 8.25
On English muffin with Cheddar
cheese and tomato

coffee

Butter Pecan

smoothie

 Raspberry Apple 3.00
Almond milk, vanilla yogurt,
honey, raspberries, and
apples

side

Cheddar Bacon Pea Salad
Noodles, cheddar cheese,
bacon, peas, hardboiled
eggs, and red onion with a
creamy dressing

hearth oven

Spinach and Artichoke Dip
served with a toasted
ciabatta roll 7.00

bakery

Mixed Berry Muffin 1.80
Regular Coffee Cake 2.80

desserts

Key Lime Pie 4.25
Chocolate Cadillac
Cheesecake 5.00

Consumer advisory - Thoroughly cooking meats,
poultry, seafood, shellfish, and eggs reduces the risk
of foodborne illness

 - gluten avoided

 - vegetarian

Café

ALL DAY

Friday, September 18

Breakfast: 8:00 – 10:00 am
Grab 'n' Go: 10:00 – 11:00 am
Lunch: 11:00 – 2:00 pm
Grab 'n' Go: 2:00 – 3:00 pm
Dinner: 4:00 – 6:00 pm

Friday Dinner Ala Carte Menu

Cheeseburger 6.00
Chicken Tenders 6.00
Reuben 6.00
French Fries 2.60
Sweet Fries 2.60
Onion Rings 2.60
Soup cup 3.75 / bowl 5.40

Grab 'n' Go selections also available
during dining hours.



Breakfast

Broccoli, Cheddar, and Ham
Quiche. Served with fruit 6.75

Lunch

Walnut Apple Salad  8.00
Apples, grapes, walnuts, and blue
cheese over baby spinach with
maple vinaigrette

Open-Faced Tuna Melt
On English muffin with Cheddar
cheese and tomato 8.25

Soup: Summer Veg Minestrone 

Dinner

"Mediterranean Café"

Provençal Beef Stew 12.00
Rustic French-Mediterranean beef
stew with tomatoes, olives, garlic,
herbs, and red wine. Served with
couscous

Mediterranean Roasted Salmon 14.50
Salmon, tomato-olive relish, and
lemon herb sauce. Served with
potato wedges and green beans 

Mediterranean Salad 9.00
Romaine lettuce, chickpeas,
cucumbers, tomatoes, Kalamata
olives, feta cheese, red onion and
lemon oregano vinaigrette 

DINNER SPECIALS

Includes your choice of:

Cup of Soup, Small House Salad, Fruit Salad,
Side of the Week, Coleslaw, or Applesauce

MONDAY, SEPTEMBER 14

Pepper Pot Soup

Grilled Chicken Caesar Salad 10.00

Romaine lettuce, herb grilled chicken, parmesan cheese and house made croutons in a classic creamy Caesar dressing

Brown Sugar & Dijon Glazed Ham 13.50

Slow-roasted ham brushed with a brown sugar, honey, and Dijon mustard glaze. Served with sweet potato casserole and carrots

Parmesan-Crusted Tilapia 12.00

Fresh tilapia topped with a crispy Parmesan herb crust and served with a lemon beurre blanc. Served with wild rice pilaf and roasted brussels sprouts

***No Regular Menu Available ***

TUESDAY, SEPTEMBER 15

Chicken Orzo

Lemon Rosemary Chicken Thigh 12.50

Served with roasted red potatoes and green beans

Pork Tenderloin w/ Apple Chutney 14.50

Served with baked sweet potato and broccoli

September 14 - 18

WEDNESDAY, SEPTEMBER 16

Lobster Bisque

Beef Bourguignon 14.00

Slow braised beef with mushrooms and red wine served with mashed potatoes and peas & carrots

Swordfish Provençal 15.00

Swordfish served with a rustic tomato, garlic, olive, and herb sauce. Served with herb roasted fingerling potatoes and roasted cauliflower

THURSDAY, SEPTEMBER 17

Turkey and Rice Soup

Chicken Katsu 12.50

Crispy panko breaded chicken cutlet, golden fried and served with a savory, slightly sweet katsu sauce. Served with fried rice and bok choy

Ginger Soy Mahi Mahi 14.50

Tender mahi baked with fresh ginger, soy, garlic, and scallions. Served with fried rice and snow peas

FRIDAY, SEPTEMBER 18

"MEDITERRANEAN CAFÉ" at the Café

See Café All Day Flyer for Details

Side of the Week: Cheddar Bacon Pea Salad

Cake of the Week: Chocolate Cadillac Cheesecake

Pie of the Week: Key Lime

 denotes gluten avoided
 denotes vegetarian

Terrace Café

717-624-5988

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Daily Breakfast

Scrambled Eggs	2.10
Breakfast Meat	0.85/ea
Home Fries	1.75
Hot Oatmeal Bar	2.10/2.70
Oatmeal Toppings	0.65

Bakery

Muffins	1.85
Danish	2.95
Donuts	1.50
Cookies	1.50
Cakes & Pies	2.65

Daily Lunch

Hamburger	4.75
Hot Dog	3.00
Chicken Fingers	4.50
Fry of the Day	2.50

Open Monday - Friday

Breakfast
7:30 - 10:00 am

Lunch
10:30 am - 2:00 pm

Grab & Go
2:00 - 5:00 pm



Weeks of September 14, October 19, November 23, December 28,
February 1, March 8

Weekly Specials

Entree	Chicken & Green Chili Quesadilla	5.50
Sandwich	Crab Cake on Brioche	7.00
Flatbread	Chicken BBQ w/ Bacon & Red Onion	6.00
Hot Appetizer	Nachos & Cheese	3.50
Grab & Go	Apple Slices w/ Peanut Butter	3.00
	Sweet Bologna & Cream Cheese Roll-Ups	3.50

M

Chimichurri Pork Loin (Garlic & Herb Crusted)	5.00
Calabacitas (Mexican Corn)	2.10
Butternut Squash Orzo	2.10
Beef & Rice Soup	2.10/2.70

Tu

Seafood Newburg	6.00
Herbed Green Beans	2.10
Herbed Couscous	2.10
Ham & Bean Soup	2.10/2.70

W

Eggplant Parmesan	5.00
Brussels Sprouts	2.10
Garlic Noodles	2.10
Five Onion Soup	2.10/2.70

Th

Honey Citrus Salmon	6.00
Cabbage & Bok Choy	2.10
Rice	2.10
Chicken Noodle Soup	2.10/2.70

F

Chicken Cacciatore	5.00
Zucchini Parmesan	2.10
Mashed Potatoes	2.10
Seafood Chowder	2.10/2.70

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