

Memory Support Resources

The **Memory Care Education program at Cross Keys Village** offers support to individuals living with Alzheimer's disease or another neurocognitive disorder, and to their care partners.

Support groups offered at Cross Keys Village are open at no cost to Villagers and to neighbors from the greater community. Groups are held in our new Lifespring building located at 227 Village Drive, New Oxford, PA 17350.

Call Erin Nelson, Director of Memory Support, at 717-624-5403 or email e.nelson@crosskeysvillage.org for schedule and registration details.

Embracing Your Story

Embracing Your Story is a two-chapter guide designed to inform and inspire a loving community of people living with neurocognitive disorders (such as Alzheimer's disease or another related dementia) and care partners.

The whole series is offered twice a year. Pre-registration is required. Call 717-624-5403.

- Chapter 1— **Embracing You**
An opportunity to connect with others facing a recent dementia diagnosis.
- Chapter 2— **Embracing Us**
An opportunity to share experiences, connect, and learn from others living with a dementia diagnosis



CROSS KEYS VILLAGE
The Brethren Home Community

Other Support Groups

- **Embracing Today**
Explore topics such as managing changing behaviors, communication strategies, caregiver stress and burnout, navigating role changes, self-care and resilience, community resources, and the emotional journey of caregiving.
- **Parkinson's Thursday**
This monthly group's aim is to empower people living with Parkinson's disease and their care partners.