



breakfast

8:00 - 10:00 am

 Quiche with sausage, bacon, ham, and cheddar. Served with fresh fruit 6.75

 Apple Cinnamon Baked Oatmeal with Honey Drizzle 5.50

Loaded Denver Bowl
Eggs with onions, peppers, ham, sausage, and cheddar cheese. Served over tater tots 7.00

soup

mon

 Chicken Rice

tues

 Hearty Tuscan Sausage Soup

wed

 White Bean Chicken Chili

thur

  Vegetarian Lentil

fri

 Lobster Bisque

sat


 Hamburger Vegetable

lunch

11:00 am - 2:00 pm

Grilled Cajun Chicken Salad 8.25
Romaine lettuce, diced tomato, cucumbers, corn salsa, and black beans with a ranch dressing

Shrimp Salad Wrap 8.75
Lettuce, tomato, onion, and cucumber w/lemon vinaigrette in a flour tortilla

Turkey Cranberry Melt 8.50
Cranberry chutney and Swiss cheese in grilled naan bread
 Roasted Beet Salad 8.00
Served over baby spinach, apple, goat cheese, almonds, pickled red onion, and balsamic vinaigrette

BBQ Bacon Cheddar Burger 9.00
With lettuce, tomato, and onion on a pretzel roll


**EVERYDAY
SUPERFOODS**

Salmon Avocado Salad 9.00
Romaine, salmon, avocados, grilled corn, tomatoes, black beans, and Monterey jack with Santa Fe dressing


coffee

French Vanilla

smoothie

 Nutella Peanut Butter
Almond milk, vanilla yogurt, bananas, peanut butter, and Nutella

side

 Tortellini Pesto Salad w/
Creamy Basil Dressing

hearth oven

 Buffalo Chicken Flatbread 9.00

 Spinach Artichoke Dip 7.50

bakery

Raspberry Muffin 1.80

Orange Coffee Cake 2.80

desserts

Peach Pie 3.10

German Chocolate Cake 4.10

Consumer advisory - Thoroughly cooking meats, poultry, seafood, shellfish, and eggs reduces the risk of foodborne illness

 - gluten avoided

 - vegetarian