

Volume 24, Number 22

# VILLAGE Voice

May 30, 2025



CROSS KEYS VILLAGE  
The Brethren Home Community

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## Bridgewater Landing Progress

Pictured is an aerial image taken on May 15 of the Bridgewater Landing project.



# Village News

## Quick Reference Guide Updates

**George Turner, Ext. 5398**

**Executive Dir. of Residential Living**

We have a number of Quick Reference Guides that have been updated due to the new fiscal year beginning July 1, along with some other changes that have taken place over the past few months. The electronic version of updates will be available in Uniguest under the Villager Handbook module, or you may pick up paper copies at the Residential Living desk beginning Friday, May 30.



## Help with PC Prom

**Leah Schryer, Ext. 5426**

**Director of Life Engagement**

Do you have formal dresses or suits gathering dust in your closet? We need them! All sizes and styles are welcome. Personal Care is having a prom on Friday, June 13. There will be a photo booth with formal dresses for residents and team members to pose in. All items will be returned, but please don't bring in anything sentimental or valuable – we will be careful but can't make any guarantees. Contact Leah Schryer to arrange for pickup.



## Lifespring Connect and Renew

**Erin Nelson, Ext. 5403**

**Director of Memory Support**

The monthly Lifespring Connect and Renew Support group will be put on hold until further notice. You are welcome to join either the Care Partner's Haven, scheduled monthly on the second Friday of the month from 1:00 pm to 3:00 pm, or the Transitional Support group on the third Tuesday from 2:00 pm to 3:30 pm. If you have any questions or would like to connect, please do not hesitate to reach out to me at 717-624-5403 or [e.nelson@crosskeysvillage.org](mailto:e.nelson@crosskeysvillage.org).



*Welcome  
to our new Villager!*

- Opal Milhimes moved from New Oxford to HRE apartment 103. Her phone number is 717-624-5929.

## June Harmony Ridge Showcase Exhibit

**Terry Mobley, Ext. 5954**

**Village Diversity Group**

The Harmony Ridge Showcase Exhibit for June includes items from more than thirty countries and every continent, all provided by residents of Cross Keys Village. The display would not have been possible without their generosity and cooperation.

The objects on display differ not only in where they were made but also in who made them and how they were used. For example, the display includes items made of clay, wood, fabric, stone, metal, glass, and plastic. Some of the objects were meant for practical everyday use, others were used for fun and enjoyment, and still others have a religious or sacred meaning.

If you would like to take a world tour without leaving Cross Keys Village, stop by the exhibit sometime in June. You'll see everything from an Australian boomerang to a Malaysian basket. Bon voyage!

The Village Diversity Group wishes to thank Lydia Obrist, Mary Jo Moran, Jill Janusz, and Chris Loveland for their efforts in collecting and displaying the items for this exhibit.



# Village News

## Managing Your Meal Plan Balances

Cheryl Ditzler, Ext. 5281

**RL Dining Operations Manager**

As the deadline to spend your meal plan balances approaches, it's important to ensure that you make the most of your remaining funds. According to the Meal Plan Quick Reference Guide, any balance not used by June 30 will be forfeited.

To avoid losing your funds, try treating your family or neighborhood(s) to breakfast, lunch, or an afternoon snack at the Harmony Café or Terrace Café, or dinner at the Campus Inn. Thank you for making the most of your meal plan and supporting campus dining facilities. For assistance or questions, please contact Cheryl at ext. 5281.



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## The Friends of CKV Cindy Goodling, 717-887-3432

The Friends of CKV Nominating Committee is seeking volunteers to serve as vice president, financial secretary, or secretary. Please consider helping The Friends by serving in one of these positions.

The Friends raise funds to support three main areas: The Good Samaritan Fund, The Employee Tuition Assistant Program, and Memory Care Education.



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## May Golf Cart Parade Rain Date Craig Hikes, 717-814-0697 Karen Norris, Ext. 5239

Due to the ongoing rain, the May golf cart parade will take place on Sunday, June 1 at 1:00 pm, meeting at the Shoemaker kiosk. We look forward to seeing you and your decorated (or not decorated) golf cart, scooter, classic car, motorcycle, or bicycle!



## Humility

**Pastor Linda Titzell, Ext. 5580**

Humble yourselves therefore under God's mighty hand that he may lift you up in due time. - 1 Peter 5:6

A lady in the produce department at a grocery store asked the store clerk if she could buy half a head of lettuce. He replied "Are you serious? God grows these in whole heads and that's how we sell them!" But the woman convinced the man to ask her manager about the situation. So he marched up to the front of the store and told the manager "Hey boss, there's a crazy, penny-pinching woman asking if she can buy half a head of lettuce." When he turned around he realized the woman had followed him to the front of the store and had heard every word he uttered. He felt a huge lump in his throat. But then he thought quickly and said, "And this nice young lady was wondering if she could buy the other half!"

It happens to everyone. You say something you regret and put your proverbial foot in your mouth. And in that moment you just want a way out! This is why there's grace. God often uses times like these to humble us by forcing us to apologize and ask for forgiveness. So, if you have messed up by saying or doing something offensive, apologize and ask for forgiveness. Let God teach you humility in your mistakes, and He will lift you up!

Prayer - Holy God, give us the humility to acknowledge where we have offended others so we can confess our faults and have our relationships restored. In Jesus' name. Amen

*(Excerpts, Senior Living Ministries, May 2024)*



## THE IMPORTANCE OF SUN SCREEN

The skin, our largest organ, shields internal structures from environmental damage. With aging, elastin and collagen levels drop, reducing skin elasticity. Proper hydration and sunscreen use are essential to maintain skin health and prevent damage.

### WHY SUNSCREEN MATTERS:

- **Skin Protection:** Sunscreen is a key defense against skin cancer and damage from ultraviolet (UV) radiation, which can cause sunburn, premature aging, and cancer. About 9,500 people in the U.S. are diagnosed with skin cancer daily. Regular use of SPF 30 sunscreen can lower the risk of squamous cell carcinoma (SCC) by 40% and melanoma by 50%.
- **Who Should Use Sunscreen:** Everyone, especially seniors, should use sunscreen daily to maintain healthy skin. Aging skin becomes more vulnerable to UV damage, making consistent protection crucial for protecting mature skin and reducing progressive signs of skin cancer.



### PROPER SUNSCREEN APPLICATION:

- ✓ **Who?** Everyone needs sunscreen.
- ✓ **What?** A broad-spectrum sunscreen with SPF 30+; higher SPF for prolonged outdoor activities.
- ✓ **Where?** All exposed skin areas.
- ✓ **When?** Apply 30 minutes before sun exposure and reapply every two hours.
- ✓ **Why?** To reduce skin damage and cancer risk.
- ✓ **How much?** About one ounce for full body coverage.

#### Sunscreen Ingredients:

- Titanium dioxide and zinc oxide reflect and scatter UV rays.
- Avobenzone and octisalate absorb UV rays before they damage the skin.

**Understanding SPF:** SPF (Sun Protection Factor) measures UVB ray protection. SPF 30 allows 3% of UV rays to reach the skin, while SPF 50 allows 2%. Broad-spectrum sunscreens protect against both UVA and UVB rays. SPF 15 is suitable for daily use, while SPF 30+ is recommended for extended outdoor exposure.

**SUNSCREEN IS ESSENTIAL FOR MAINTAINING SKIN HEALTH  
AND PREVENTING SUN-RELATED DAMAGE.**

**Did you know OnSite Dermatology comes to your community each month?** We provide mobile dermatological care, including skin cancer prevention and early detection, ensuring patients receive timely treatment without travel concerns. **Call (877) 345-5300 to make an appointment for our next visit.**



SCAN ME

# Upcoming Activities

**MON**  
**JUNE**  
**2**

## **Good News Group** Larry Gladfelter, Ext. 6683

**10:30 am**  
**No sign-up necessary**

**Theater**

The Villager-led Good News Group is presenting the ministry of Pastor Gary Hamrick of Cornerstone Chapel, Leesburg, VA. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. Our next program will be on Genesis chapters 45 and 46.

**TUES**  
**JUNE**  
**3**

## **WellSpan Presentation: Comprehensive Therapy** Nikki Bull, Ext. 5294 Life Enrichment Specialist

**2:00 pm**  
**No sign-up necessary**

**Theater**

Jill Herr, Director of Rehabilitation Services, and Tony Smith, Certified Athletic Trainer and Physical Therapy Assistant, will be presenting "Speech, Strength, and Support: A Guide to Comprehensive Therapy Services." This presentation will highlight the importance of speech therapy in communication, strength-building techniques for physical rehabilitation, and the crucial role of emotional and social support in overall well-being. Through expert guidance and real-world applications, this presentation provides a roadmap for anyone seeking effective therapy solutions, caregivers assisting loved ones, and professionals dedicated to fostering holistic health.

**SAT**  
**JUNE**  
**7**

## **Gettysburg Civic Chorus Spring Concert Bus Trip** Louise Crouse, Ext. 3227 CKV Sojourners

**Depart Union Sq/Campus Inn at 1:50 pm**  
**Sign up Harmony Ridge Lobby by June 6**

The Gettysburg Civic Chorus will be presenting their annual spring concert at Gettysburg Area Middle School featuring many well-known songs. The concert is free. A free-will offering will be taken at intermission.

**MON**  
**JUNE**  
**9**

## **Nature Walk at Codorus** Wellness Team, Ext. 5410

**Depart Wellness Lobby at 1:00 pm**  
**Sign up Harmony Ridge Lobby**

Enjoy a peaceful, scenic walk alongside the Wellness Department at Codorus State Park in Hanover, PA. Walk at your own pace for 45 minutes, taking breaks as needed.

**THUR**  
**JUNE**  
**5**

## **Farewell Party for Vanessa Berger** 2:00 - 5:00 pm No sign up-necessary

**Avenue/Gathering Room**

Please join us for a celebration of Vanessa Berger and her 18 years of service as Vice President of Advancement at Cross Keys Village as we wish her well in her transition into leadership of the YWCA Hanover. Light refreshments will be served along with some departing words around 3:00 pm.



# Upcoming Activities

THUR  
JUNE  
12

## Remote Controlled Boat Regatta

Monte Leister, Ext. 5293  
Life Enrichment Specialist

1:00 - 3:00 pm

CKV Pond

No sign-up necessary

Don't miss the second annual remote-controlled sailboat regatta! The Menno Haven Yacht Club will be here at CKV hosting this exciting day of invitational racing. The sailboats are strictly wind-powered and are steered from shore by the skippers, who have the ability to adjust the sails and the rudder via remote control. Multiple races will take place throughout the afternoon, and trophies will be ceremoniously awarded to the top three overall winners. The boats competing in the races will be roughly two feet long, so make sure you arrive early or bring a lawn chair so you are sure to get a seat close to the action!

MON  
JUNE  
16

## Thaddeus Stevens Comes to CKV

Terry Mobley, Ext. 5954  
Village Diversity Group

2:00 - 3:00 pm

Theater

Sign up in Uniquet or Harmony Ridge Lobby

Thaddeus Stevens lived in Gettysburg from 1816 to 1842. While there, Stevens became a prominent anti-slavery and pro-education state legislator and operated two iron mills in the area. In 1842 he moved to Lancaster, PA, where he was elected to Congress and was instrumental in the legislative destruction of slavery. He became the father of the 14th Amendment to the Constitution, which requires equal treatment under the law and extends civil rights to the state level. To begin our celebration of Juneteenth 2025, Ross Hetrick, president of the Thaddeus Stevens Society and the man behind the Thaddeus Stevens Museum in Gettysburg, will bring Thaddeus Stevens to life on our stage.

THUR  
JUNE  
19

## Special Movie Showing: "Who We Are"

Terry Mobley, Ext. 5954  
Village Diversity Group

1:30 - 3:30 pm

Theater

Sign up in Uniquet or Harmony Ridge Lobby

On June 19, 1865, Union Army General Gordon Granger and his federal troops arrived in Galveston, Texas. He told the enslaved people of the Confederate state that they were now free. He also shared the news that the Civil War was over. As a result, slavery in the United States was to end.

The celebration of Juneteenth as a holiday began in Galveston, Texas, in the 1860s. Now, many Americans honor this day throughout the country. On June 17, 2021, Juneteenth was officially designated a national holiday.

To honor Juneteenth 2025, the Village Diversity Group will show the 2022 documentary film "Who We Are."

Since 2012, criminal defense/civil rights lawyer Jeffrey Robinson has traveled the country presenting a groundbreaking lecture that challenges widespread but historically false narratives about racism. After hearing the presentation in 2017, filmmakers Emily



and Sarah Kunstler approached Robinson about creating the documentary "Who We Are," which features his lecture along with archival footage and interviews with Americans around the country. This movie was previously shown in our theater as part of the 2023 Juneteenth celebration. Rated PG-13.

# Upcoming Activities

**TUES**  
**JUNE**  
**24**

## Visiting Angels: Beat the Heat

Nikki Bull, Ext. 5294  
Life Enrichment Specialist

11:00 am **Theater**  
Sign up in Uniguest or Harmony Ridge Lobby

Jill Kaylor's presentation will provide an in-depth look at the risks of heat-related illnesses, focusing on who is most vulnerable and why. We will explore how certain medications can heighten the risk of adverse effects when exposed to prolonged sun and heat. Attendees will learn key facts about dehydration, including why individuals are particularly susceptible during the warmer months. The session will also cover the warning signs of heat exhaustion, helping participants identify symptoms early. Additionally, we will differentiate between various heat-related illnesses to enhance understanding and awareness. Lastly, practical tips will be shared on how to stay prepared during heat waves, including foods to avoid and simple precautions to protect your health. Jill is the provider relations specialist for Visiting Angels and is excited to be returning for monthly presentations.

**TUES**  
**JUNE**  
**24**

## Leo DiSanto in Concert

Monte Leister, Ext. 5293  
Life Enrichment Specialist

2:00 pm **Theater**  
Sign up in Uniguest or Harmony Ridge Lobby

Leo DiSanto will be presenting what is sure to be an interesting and entertaining concert filled with familiar favorites, from folk tunes to Sinatra swing, and possibly a few original compositions.

A song and story man, a compulsive adventurer, and a rural Pennsylvania yokel with a restless curiosity and a passion for street performance, Leo DiSanto has hauled his wanderlust wagon and his guitar case everywhere from gypsy camps in Transylvania to monasteries in the high Himalayas to the boulevards of New Orleans to the wild interior of Alaska. Whether performing concerts in music venues across the US or busking his way across Europe with only a guitar and a backpack, Leo rejoices in the privilege of being some of the noises life makes.

**WED**  
**JUNE**  
**25**

## Music 101 Piano Concert

Monte Leister, Ext. 5293  
Life Enrichment Specialist

11:00 am **Theater**  
Sign up in Uniguest or Harmony Ridge Lobby

Were there classical piano pieces you wanted to learn when you were a youngster? Villager Michael Matsinko will treat us to a selection of these "old favorites." The program will include background information about the composers and pieces as well.

**THUR**  
**JUNE**  
**26**

## Paperback Book Sale

Diane Glotfelty, Ext. 4801  
Barbara Rowe, Ext. 5651

10:00 am - 6:00 pm

**Garden Room**

The Village Library Committee is pleased to announce our annual Paperback Book Sale in June. All books will be \$0.50 each or three for \$1.00. Come early for the best selection, but be assured that we have many boxes of favored genres and authors. The sale of both hardback and paperback books will be in September.

**FRI**  
**JUNE**  
**27**

## Hearing Screening for Villagers

Holly Fetting, Ext. 5544  
Director of Life Enrichment

9:00 - 11:00 am

**Presto Room**

Sign up in Harmony Ridge Lobby

Dusty from Darrell M. Sipe Opticians and Hearing Aids Inc. will provide free hearing screenings to Villagers every month. Each screening will take about twenty minutes. If you have an immediate need, please call the office for an appointment at 717-632-5558.

# Upcoming Activities

**FRI**  
**JUNE**  
**27**

## Art Exhibit Opening: "America the Beautiful"

Monte Leister, Ext. 5293

Life Enrichment Specialist

12:00 - 2:00 pm

No sign up necessary

Avenue of the Arts

Join us in the Avenue of the Arts for the opening of our next art exhibit, America the Beautiful, and take in the beauty of our country as it has been captured by our villager artists. The opening will include live music by blues roots musician Christopher James.

**MON**  
**JUNE**  
**30**

## Shopping at Boscov's Lunch at Cracker Barrel

Barb Reeve, Ext. 8067

Pick-up: Campus Inn at 10:00 am

Return: Approx. 4:00 pm

Sign up: Harmony Ridge Lobby

Deadline: Monday, June 23

We have planned a shopping trip to Boscov's to shop and Cracker Barrel for lunch. A few of the other stores in the shopping center are Panera Bread and Barnes & Noble.

**TUES**  
**JULY**  
**8**

## Egg Drop

Monte Leister, Ext. 5293

Life Enrichment Specialist

1:00 pm

Harmony Ridge Courtyard

Eggs versus gravity- that's the name of the game. Join us for our second annual CKV egg drop competition. There are three categories to choose from: over-easy, over-medium, and scrambled. Check out the categories and rules and regulations on the poster, flyers, or on Uniguest. Sign up today and start building your containment structure that will carry your egg to its destiny. Spectators are welcome and encouraged.

Contact Life Enrichment Specialist Monte Leister at ext. 5293 or via email at [m.leister@crosskeysvillage.org](mailto:m.leister@crosskeysvillage.org) to sign up.

## Reminder

**SUN**  
**JUNE**  
**1**

## Edy Sarnoff Student Recital

Monte Leister, Ext. 5293

Life Enrichment Specialist

2:00 pm

Sign up in Uniguest or Harmony Ridge Lobby

Theater

Encouragement is the best gift that we can give to someone who is striving to learn and grow. Come cheer on Edy Sarnoff's students as they present a recital of pieces that they have been learning.

**THUR**  
**JUNE**  
**5**

## York Area Repertoire of Dance Performance

Nikki Bull, Ext. 5294

Life Enrichment Specialist

6:00 pm

Sign up in Uniguest or Harmony Ridge Lobby

Theater

The York Area Repertoire of Dance Studio is returning to our campus for one final performance before the retirement of the artistic director and closing of this beloved school. Please join us in celebrating the talented dancers from this local studio as they take the stage.

**SUN**  
**JULY**  
**27**

## Totem Pole Playhouse: "The 39 Steps"

Janet Roarabaugh, Ext. 5296

CKV Sojourners

Depart: Campus Inn at 12:15 pm

Sign up: Residential Living Desk

Cost: \$68.00, payable to LEC

Deadline: Thursday, June 19

For a description of this show, see last week's Village Voice. Dinner will follow the show at the Dobbin House Tavern in Gettysburg. The price includes the dinner buffet, non-alcoholic beverage, tax, gratuity, dessert, and the show.

# Activities Calendar

Full activity listing available on Uniguest.

## Shopping Trips

**TUES**  
**JUNE**  
**3**

**Weis Market**  
9:00 am  
Sign up by 6/2, Harmony Ridge

**THUR**  
**JUNE**  
**5**

**Walmart & PNC Bank**  
9:00 am  
Sign up by 6/4, Harmony Ridge

**TUES**  
**JUNE**  
**10**

**Giant & Aldi**  
9:00 am  
Sign up by 6/9, Harmony Ridge

## Events

**FRI**  
**MAY**  
**30**

**Conewago Inn**  
Depart Union Sq/Campus Inn 11:00 am  
Sign up Harmony Ridge Lobby by 5/23

**SAT**  
**MAY**  
**31**

**The Friends of CKV  
Indoor Spring Yard Sale**  
8:00 am - 12:00 pm  
Nicarry Meetinghouse

**2025 Butterfly Release**  
10:00 am  
CKV Pond

**Golf Cart Parade**  
1:00 pm  
Meet at Shoemaker kiosk

**SUN**  
**JUNE**  
**1**

**Edy Sarnoff Student Recital**  
2:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**MON**  
**JUNE**  
**2**

**Good News Group**  
10:30 am  
Theater

**TUES**  
**JUNE**  
**3**

**Codorus Park Pontoon & Picnic**  
Depart Campus Inn at 8:30 am  
Sign up Residential Living Desk by 5/26  
Cost: \$17.50, payable to LEC

**WellSpan Presentation**  
2:00 pm  
Theater

**WED**  
**JUNE**  
**4**

**Warehime Mansion Lawn Concert**  
Depart Union Sq at 5:30 pm  
Sign up Harmony Ridge Lobby by 5/28

**THUR**  
**JUNE**  
**5**

**CKV Quilters Meeting**  
10:00 am  
Creative Arts Room

**Jazz History**  
1:30 pm  
Theater

**Farewell Party for Vanessa Berger**  
2:00 - 5:00 pm  
Gathering Room & Avenue

**York Area Repertoire of Dance  
Performance**  
6:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**FRI**  
**JUNE**  
**6**

**Summer Movie w/ Children in  
Bloom: "Bolt"**  
12:30 - 2:06 pm  
Theater  
Rated PG

**Annual Cardboard Boat Regatta**  
1:30 pm  
CKV Pond

**Lancers Drum & Bugle Corps  
Concert Bus Trip**  
Depart Campus Inn at 6:00 pm  
Sign up Harmony Ridge Lobby by 6/2

**SAT**  
**JUNE**  
**7**

**Gettysburg Civic Chorus Spring  
Concert Bus Trip**  
Depart Union Sq/Campus Inn at 1:50 pm  
Sign up Harmony Ridge Lobby by 6/6

# Activities Calendar

Full activity listing available on Uniguest.

**SUN**  
**JUNE**  
**8**

## **Totem Pole Playhouse**

Depart Campus Inn at 12:15 pm  
Sign up Residential Living Desk by 5/2  
Cost: \$40, payable to LEC

## **Sunday Movie Matinee:**

**"Joyful Noise"**

2:00 - 3:58 pm  
Theater

**MON**  
**JUNE**  
**9**

## **Intro to Theater: Improv Workshop**

11:00 am  
Encore Room  
Sign up Uniguest or Harmony Ridge Lobby

## **Nature Walk at Codorus**

Depart Wellness Lobby at 1:00 pm  
Sign up Harmony Ridge Lobby

## **Village Playbill Series: Into the Woods**

2:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**TUES**  
**JUNE**  
**10**

## **Grotto of Lourdes & Seton Shrine Bus Trip**

Depart Campus Inn at 9:45 am  
Return Approx. 4:00 pm  
Sign up Harmony Ridge Lobby by 5/27

## **National Dairy Month Presentation**

11:00 am  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

## **Jazz Night**

4:30 - 6:30 pm  
Campus Inn  
Call ext. 5656 for reservations

**WED**  
**JUNE**  
**11**

## **How Does Nutrition Affect Your Brain?**

10:00 am  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

## **Dutch Apple Dinner Theater Bus Trip: "We Will Rock You"**

Depart Union Sq/Campus Inn at 10:30 am  
Contact Dixie at ext. 5693 to sign up

**THUR**  
**JUNE**  
**12**

## **Remote Controlled Boat Regatta**

1:00 - 3:00 pm  
CKV Pond

**FRI**  
**JUNE**  
**13**

## **Chris Ivey: Character Juggler**

2:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**SAT**  
**JUNE**  
**14**

## **York Revolution Baseball**

Depart Campus Inn/Union Sq at 5:15 pm  
Sign up Residential Living Desk by 6/2  
Cost: \$20, payable to LEC

**MON**  
**JUNE**  
**16**

## **Thaddeus Stevens Presentation**

2:00 - 3:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**TUES**  
**JUNE**  
**17**

## **Castles of New York Bus Trip**

June 17 - 20  
Depart Union Sq at 8:00 am

## **Reflection-Inward**

9:30 am  
Presto Room  
Sign up Uniguest or Harmony Ridge Lobby

## **Wiffle Ball with The Bird!**

10:30 am - 12:30 pm  
Harmony Ridge Courtyard

## **Summer Movie w/ Children in Bloom: "Big Hero 6"**

12:30 - 2:12 pm  
Theater  
Rated PG

**THUR**  
**JUNE**  
**19**

## **Drawing Techniques**

10:00 am - 12:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

## **Special Movie Showing: "Who We Are"**

1:30 - 3:30 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

# Activities Calendar

Full activity listing available on Uniguest.

**SUN**  
**JUNE**  
**22**

**Sunday Movie Matinee: "Apollo 13"**  
2:00 - 4:20 pm  
Theater

**SUN**  
**JUNE**  
**29**

**Totem Pole Playhouse: "9 to 5"**  
Depart Campus Inn at 12:15 pm  
Sign up Residential Living Desk by 5/20  
Cost: \$68, payable to LEC

**TUES**  
**JUNE**  
**24**

**Visiting Angels: "Beat the Heat"**  
11:00 am  
Theater  
Sign up Uniguest or Harmony Ridge Lobby  
**Leo DiSanto in Concert**  
2:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**MON**  
**JUNE**  
**30**

**Shopping at Boscov's**  
Depart Campus Inn at 10:00 am  
Sign up Harmony Ridge Lobby by 6/23

**WED**  
**JUNE**  
**25**

**Music 101 Piano Concert**  
11:00 am  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**TUES**  
**JULY**  
**8**

**Egg Drop**  
1:00 pm  
Harmony Ridge Courtyard

**THUR**  
**JUNE**  
**26**

**Paperback Book Sale**  
10:00 am - 6:00 pm  
Garden Room

**SUN**  
**JULY**  
**27**

**Totem Pole Playhouse:**  
**"The 39 Steps"**  
Depart Campus Inn at 12:15 pm  
Sign up Residential Living Desk by 6/19  
Cost: \$68, payable to LEC

**FRI**  
**JUNE**  
**27**

**Hearing Screening for Villagers**  
9:00 - 11:00 am  
Presto Room  
Sign up Harmony Ridge Lobby  
**Friendly Farms for Lunch**  
Depart Union Sq/Campus Inn at 11:00 am  
Sign up Harmony Ridge Lobby by 6/20  
**Art Exhibit Opening: "America the Beautiful"**  
12:00 - 2:00 pm  
Avenue of the Arts  
**Summer Movie w/ Children in Bloom: "Rio"**  
12:30 - 2:06 pm  
Theater  
Rated G

**THUR**  
**AUG**  
**14**

**Baltimore Orioles Game Bus Trip**  
Depart Union Sq/Campus Inn at 10:30 am  
Sign up Residential Living Desk by 6/2  
Cost: \$40, payable to LEC

*The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.*

# **Channel 25 Programming**

**June 2 – 8, 2025**

## **Monday, June 2**

9:30am Chairobics w/Brittany  
10:00am The Only Way to Make Tuna Salad  
11:00am Sketching a Bird  
12:30pm Curiosity Quest: Cranberries  
1:00pm Chairobics w/Brittany  
2:00pm 50 Best Places to Visit in the USA

## **Tuesday, June 3**

9:30am Fitness Fusion w/Madi  
10:00am Bizarre Wonders & Mad Science  
11:00am Birds of Prey and Untamed Beauty  
12:00pm The Universe: New Evidence of Parallel Worlds  
1:00pm Fitness Fusion w/Madi  
2:00pm Visiting Angels: Advanced Directives (replay)

## **Wednesday, June 4**

9:30am PurEnergy w/Brittany  
10:00am The Mystery of the Standing Stone  
11:30am The Relics of Egypt  
12:30pm Kayaking Down the Ice Wall  
1:00pm PurEnergy w/Brittany  
2:00pm Church Service (replay)

## **Thursday, June 5**

9:30am PurEnergy w/Madi  
10:00am Visiting Angels: Advanced Directives (replay)  
12:00pm The Dog Whisperer  
1:00pm PurEnergy w/Madi  
1:30pm Mysteries of the Twilight Zone  
2:30pm Blurry Vision & Fading Eyesight – Dr. O'Neill

## **Friday, June 6**

9:30am Chairobics Brittany  
10:30am Juston McKinney – Comedian  
11:30am Dangerous Foods w/Dr. O'Neill  
1:00pm Chairobics w/Brittany  
2:00pm An Adventure Through Africa

## **Saturday, June 7**

8:30am Brethren Voices  
9:30am Fitness Fusion w/Madi  
10:00am Archaeology: The Princely Burial  
12:00pm Smallmouth Bass & Trophy Trout – Ozarks  
1:00pm Fitness Fusion w/Madi  
2:00pm Unveiling Unlikely Animal Friendships  
4:00pm Visiting Angels: Advanced Directives (replay)  
6:00pm Sons of the Desert – Laurel & Hardy  
8:00pm Billy Joel live in Rome 2006

## **Sunday, June 8**

8:00am Jonathan Cahn  
9:30am Tai Chi w/Brittany  
10:00am Church Service Broadcast from the Nicarry  
11:30am Hunt for the Oldest DNA  
1:00pm Tai Chi w/Brittany  
2:00pm The History of the NY Yankees  
4:00pm Church Service (replay) from June 1  
6:00pm Giza's Underground Network  
8:00pm Gaither Vocal Band Indiana Convention 2024

**Watch In Touch every weekday  
- live at 8:30 am and replayed at  
3:00 pm & 8:30 pm.**

For questions or requests related to Channel 25 programming, please contact  
Cindy Hockensmith, Communications Coord.  
at Ext. 5416 or email  
[c.hockensmith@crosskeysvillage.org](mailto:c.hockensmith@crosskeysvillage.org)

**\*Schedule subject to change\***

*The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.*

CAMPUS INN

# JAZZ NIGHT

w/ Gregory Thompkins  
& Paul Walton



## **Pan Seared Diver Scallops 16.00**

Scallops tossed in vermouth sauce with shallots.  
Topped with panko breadcrumbs and a side of peas with mint

## **Classic French Cassoulet (Country Stew) 13.00**

Lamb, duck, sausage, white beans, carrot, celery, onion,  
and tomato. Served with herb crostini

Gluten-free available upon request

Regular menu available

# Tuesday, June 10

4:30 - 6:30 pm

Reservations required. Call ext. 5656.

**CAMPUS**  
Inn

# Father's Day Buffet

Campus Inn  
Sunday, June 15 at 11:30am - 1:30pm

## Entrees

🍷 Italian Style Braised Beef Short Rib  
With Peppers Onions and Diced Tomatoes

🍷 BBQ Chicken

🍷 Citrus Barramundi  
Lemon, Lime, and Orange

Old Bay Shrimp Macaroni and Cheese

## Sides

🌿 🍷 Oven Roasted Potatoes

🌿 🍷 Roasted Corn, Red Peppers, and Black Beans

🌿 🍷 Spinach Souffle

🌿 🍷 Caesar Salad

🌿 🍷 Watermelon

## Desserts

Assorted Desserts and Peanut Butter Brownies

Gluten Free Available Upon Request

Reservations Required by June 11  
Call ext. 5606 / Reservations Limited to Parties of 8  
\$17.50 per person / \$9.50 children 5- 12 / Under 5 Eat Free

## breakfast

8:00 - 10:00 am

## soup

## lunch

11:00 am - 2:00 pm

**mon**

  Garden Vegetable

Quiche Lorraine  
served with fruit  
6.75

**tues**

 Cream of Crab

Reuben Dog 8.25  
Hot dog, sauerkraut, thousand island dressing, and Swiss cheese on a hot dog bun

Charleston Chicken Salad 8.25  
Spring mix, crispy chicken, diced tomatoes, cheddar cheese, green onions, and ranch dressing

**wed**

  Cheddar Broccoli

Breakfast Burrito  
Scrambled eggs,  
sausage, peppers,  
onions, and  
cheddar cheese  
6.75

**thur**

Italian Sausage  
Tortellini

Caprese Grilled Chicken  
Sandwich 8.50


Mozzarella, tomato, and basil drizzled with balsamic on a ciabatta

 Grilled Marinated Vegetable  
Salad 8.00

Eggplant, zucchini, squash, roasted red peppers, onions, tomatoes, asparagus, chickpeas, and feta over romaine



**fri**

 Chicken Florentine

 Blueberry Pancakes  
5.35

Shrimp Bowl 8.75  
Lo mein noodles, roasted peppers, onions, carrots, and pea shoots with a teriyaki glaze

**sat**


  Cream of Tomato

 Spinach Peach Salad 8.00  
Pecans, roasted red peppers, and goat cheese with a honey balsamic vinaigrette


## coffee

Kona Blend

## smoothie

 Citrus Peach  
Almond milk, vanilla yogurt, oranges, and peaches

## side

 Macaroni Salad  
Noodles, carrots, hardboiled eggs, celery, and red onion with a creamy dressing

## hearth oven

Bacon Mushroom Pizza 10.25

Taco Dip 6.50

## bakery

Blueberry Muffin 1.80

Strawberry Coffee Cake 2.80

## desserts

Cherry Pie 3.10

Carrot Cake 4.10

# Café

## ALL DAY

**Friday, June 6**

**Breakfast: 8:00 – 10:00 am**  
**Grab 'n' Go: 10:00 – 11:00 am**  
**Lunch: 11:00 – 2:00 pm**  
**Grab 'n' Go: 2:00 – 3:00 pm**  
**Dinner: 4:30 – 6:30 pm**

**Grab 'n' Go selections also available  
during dining hours.**

To place a carry out order or preorder use Online  
Ordering through Uniguest or call ext. 5678.  
Reservations required for dine-in service for parties  
of 5 or more. Call ext. 5678 for reservation.



### Breakfast

Blueberry Pancakes  5.35

### Lunch

Shrimp Bowl 8.75  
Lo Mein noodles, roasted  
peppers, onions, carrots, and  
pea shoots with a teriyaki glaze

Spinach Peach Salad  8.00  
Pecans, roasted red peppers,  
and goat cheese with a honey  
balsamic vinaigrette

Chicken Florentine Soup 

### Dinner “Pork BBQ Night”

BBQ Baby Back Pork Ribs 15.00  
Served with mac & cheese and  
braised greens

Pulled Pork Sandwich 12.00  
Served with French fries and  
coleslaw

BBQ Chicken Thighs 12.00  
Served with mashed potatoes  
and fried okra



mon - sat  
8:00 - 3:00

## hearth oven pizza

gluten-free dough available +0.85

Cheese Pizza	9.85
Pepperoni / Sausage Pizza	10.35
Flatbread (Cheese or Meat)	8.00

## breakfast

served daily until 10:00 am

One Egg Any Style (served with choice of toast)	2.95
Two Eggs Any Style (served with choice of toast)	4.10
Egg Sandwich	4.10
Egg & Meat Sandwich	4.80
Egg Omelette (add .60 for each additional filling)	5.65
Two Bacon Strips/Two Sausage Links	1.60
Pancakes (2)	3.50
Toast (White / Wheat / Rye / Sourdough)	.65
Gluten-Free Bread	1.25
English Muffin	1.30
Bagel & Cream Cheese	2.40
Home Fries / Hash Browns	1.55

## sandwiches

gluten-free bread available +0.85

Burger	8.50
Beef Turkey Garden Spicy Black Bean	
Vegetarian Wrap	6.95
Cold Sandwiches	Sm 6.15 Lg 7.65
Turkey, Ham, Corned Beef, Tuna Salad, Chicken Salad, Egg Salad, Classic BLT	
Grilled Cheese	5.55
Hot Dog	5.55
Gourmet Grilled Cheese	7.45
Tuna Melt	7.75
Grilled Chicken Deluxe	7.75
Reuben / Rachel / Philly Cheesesteak	8.00
Served with your choice of side: Fruit Salad, Applesauce, Coleslaw, or Side of the Week. Add 1.00 for French Fries, Sweet Potato Fries, or Onion Rings. Add 1.60 for cup of soup.	

## bakery

Muffin	1.80
Cinnamon Bun / Scone / Pie	3.10
Cookie	1.50 ea 3 for 3.70
Cake	4.10

## salads

Garden Salad	5.75
Classic Chef	8.25
Grilled Chicken Caesar	
Grilled Chicken Salad	

## beverages

Coffee / Iced Tea / Fountain Drinks	1.80
Specialty Coffee / Hot Cocoa	2.50 - 3.40

## sides

Homemade Soup	cup 3.75 bowl 5.40
French Fries, Sweet Potato Fries, Onion Rings, Fruit Salad, Applesauce, Coleslaw, Side of the Week	2.60

To preorder, use online ordering on Uniguest.  
Reservations required for parties of 5 or more.  
Call ext. 5678 to make reservations or preorder by  
phone.

Breakfast 8:00 - 10:00 am, Lunch 11:00 am - 2:00 pm  
Grab 'n' Go 10:00 - 11:00 am and 2:00 - 3:00 pm

## DINNER SPECIALS


Includes your choice of:

Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

**MONDAY, JUNE 2**

**CLOSED**


**TUESDAY, JUNE 3**  
**CHEF'S TABLE FEATURING CARY**

 **Cream of Crab Soup**

 **Asian Beef Noodle Bowl 14.00**

Marinated flank steak, water chestnuts, Boc Choy cabbage, julienne carrots, roasted red peppers, hardboiled egg and scallions topped with sesame seeds with a cilantro lemon beef stock


**(Gluten Free Available Upon Request)**


 **Pork Tenderloin with Mushroom Sauce 14.00**  
Served with mashed potatoes and collared greens

\*Regular Menu Available\*

**WEDNESDAY, JUNE 4**

  **Cheddar Broccoli Soup**

 **Lemon Asparagus Risotto with Scallops 16.00**  
Roasted asparagus parmesan risotto with sauteed scallops and lemon

 **Stuffed Chicken Breast with Chorizo Sausage and Fresh Mozzarella 13.50**  
Chorizo & mozzarella stuffed chicken breast w/a tomato butter sauce. Served over couscous and a side of oven-roasted zucchini & yellow squash

\*Regular Menu Available\*

 denotes gluten avoided  
 denotes vegetarian


**JUNE 2 – 7**

**THURSDAY, JUNE 5**

**Italian Sausage Tortellini Soup**

**Sarasota Mahi Sandwich 14.50**

Mahi breaded w/cornflakes and fried, with lettuce, heirloom tomato, lemon aioli, and napa slaw on a brioche roll. Served with a white cheddar macaroni and cheese


 **Braised Beef Short Rib 13.00**  
Braised beef short rib over polenta with a side of lima beans

\*Regular Menu Available\*

**FRIDAY, JUNE 6**  
**"PORK BBQ NIGHT" AT THE CAFÉ**

**See Café All Day Menu for Details**

**SATURDAY, JUNE 7**  
**NO REGULAR MENU**


  **Cream of Tomato Soup**

**Chicken Piccata 12.35**

Chicken breast with a lemon caper sauce. Served with creamy risotto and sautéed yellow squash

**Kentucky Hot Brown 11.50**

Roast turkey over toast with bacon and tomato smothered in a rich cheese sauce and baked golden brown, served with green beans and mashed potatoes

 **Baked Haddock Filet 11.50**  
Fresh haddock baked with lemon and butter. Served with a baked sweet potato and broccoli

**Side of the Week:** Macaroni Salad 

**Desserts:**

Cherry Pie	3.10
Carrot Cake	4.10

# CAMPUS Inn

Tuesday through Thursday, and Saturday 4:30 – 6:30 pm  
Closed on Sunday, Monday and Friday.  
Dinner available in Harmony Café on Friday

## BEVERAGES


2.05

Coca-Cola • Diet Caffeine-Free Coke  
Sprite • Barq's Root Beer  
Minute Maid Lemonade • Ginger Ale  
Raspberry Iced Tea • Sweetened Black Tea  
Freshly Brewed Unsweetened Iced Tea  
Decaf or Regular Coffee  
Assorted Hot Tea  
Free Refills on all Drinks

## SOUP & SALADS

**Soup Du Jour** Cup 3.75 – Bowl 5.40

**Classic Caesar** sm. 3.60 lg. 6.70  
Chopped romaine, parmesan cheese, croutons  
and Classic Caesar dressing,

**House Salad**  sm. 3.60 lg. 6.70  
Spring mix lettuce, cucumbers, cherry tomatoes,  
carrots, choice of dressing

### Add Protein To Your Salad

Grilled Chicken 3.60  
Grilled Salmon 5.00

## SANDWICHES

Served with one side, cup of soup add 1.60  
Gluten-free roll add 0.85

**Chargrilled Burger** 9.30  
7 oz Angus beef patty with lettuce, tomato,  
onion, choice of cheese on a grilled kaiser roll

**Bacon Cheddar Burger** 12.30  
7 oz Angus beef patty with bacon, cheddar  
cheese, lettuce, tomato, onion, on a grilled  
pretzel roll

**Fried Chicken Sandwich** 9.25  
Breaded chicken breast with lettuce, tomato,  
and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order  
use online ordering through Uniguest  
or call ext. 5656

Reservations are required for dine-in service for  
parties of 5 or more. Please call 717-624-5656



Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs  
reduces the risk of foodborne illness.

# CAMPUS Inn

## ENTREES


Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce.

-  **Garlic & Sage Rubbed Pork Chop** **13.25**  
6oz pan-roasted center cut pork chop served with natural jus
-  **Grilled Chicken Breast** **12.35**  
Garlic & thyme marinated grilled chicken breast
- Fried Chicken Tenders** **10.80**  
Breaded chicken tenders, fried golden brown
-  **Hot Roast Beef with Gravy** **12.35**  
Tender sliced roast beef served with gravy
-  **Grilled Salmon Filet (6 oz.)** **14.50**  
Fresh Atlantic salmon grilled to order
- Fried Shrimp (6)** **14.90**  
Breaded fried shrimp
-  **Fresh Catch of the Day (6 oz)** **11.50**

 denotes gluten avoided  
 denotes vegetarian

## PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce. Gluten-free pasta add 1.70.

- Angel Hair Pasta with Marinara**  **9.00**  
Angel hair pasta, homemade marinara and parmesan cheese
- Angel Hair Pasta with Meat Sauce** **11.25**  
Angel hair pasta, homemade meat sauce and parmesan cheese
- Chicken Parmesan** **11.25**  
Breaded chicken, angel hair pasta, homemade marinara, mozzarella and parmesan cheese

## SIDES

**2.60**

- Onion Rings
- French Fries
- Sweet Potato Fries
-   Green Beans
-   Steamed Broccoli
-   Peas
-   Mashed Potatoes
-   Baked Potato
-   Sweet Potato
-   Cinnamon Apples
-   Corn
-  Baked Beans
-  Macaroni & Cheese
- Look For Our Special Side Of The Week On The Specials Menu

## DESSERTS

- Slice of Cake 4.10
- Slice of Pie 3.10

**BREAKFAST**

Scrambled Eggs  
Assorted Breakfast Meats  
Breakfast Potatoes  
Hot Grab & Go Breakfast Sandwiches  
Oatmeal Bar

**LUNCH**

Made-To-Order Deli Sandwiches & Wraps  
Wellness Salad Bar  
Build-Your Own Flatbread Pizzas  
Fresh Fruit Cups

**FLATBREAD OF THE WEEK**

Hawaiian - \$6

**CHEF'S ACTION STATION M/W/F**

Shrimp Stir-Fry- \$7

**SPECIAL OF THE WEEK**

Meat Lovers Calzone- \$6

**SOUP DU JOUR**

**Monday** French Onion  
**Tuesday** Chicken Noodle  
**Wednesday** Beef Barley  
**Thursday** Italian Wedding  
**Friday** Chicken Tortilla

**FROM THE BAKERY**

Chef Mark's Homemade Desserts & Pastries

**OPEN MONDAY THROUGH FRIDAY**

**BREAKFAST** served from 7:30 to 10:00 am

**LUNCH** served from 10:30 am to 2:00pm