Volume 24, Number 20

LLAGE Joice

May 16, 2025



CONTENTS

Village News 3

Upcoming Activities 4

AN PROPERTY AND

Activities Calendar 7

Channel 25 Schedule.... 10

Dining Menus11



Reminder

Travel Tours: Classic Inns of the West and Yellowstone Joe & Karen Richard, Ext. 5261

This month we will travel west to see the classic inns of the West and Yellowstone National Park. Enjoy staying in the timber and stone beauty of the State Game Lodge at Custer State Park, then travel to Yellowstone and stay under the roofs of the cozy lodges. In between relaxing at these inns/lodges, we traveled to the Badlands National Park and visited Mount Rushmore. Then we were off to Deadwood and Cody to visit the Buffalo Bill Center of the West. The next day we were in Yellowstone National Park to see the Grand Canyon of Yellowstone with its Upper and Lower Falls, watched herds of bison in Hayden Valley, and viewed many of Yellowstone 's geothermal sites, including Old Faithful Geyser when it erupted. Leaving Yellowstone, we were able to view the Grand Tetons in all their majesty. Finally, we rode around Jackson Hole in a horsedrawn carriage and rafted on the Snake River.

Event Details:

Date: Tuesday, May 20 Time: 11:00 am Location: Theater No sign-up necessary

Bridgewater Landing Progress

Pictured is an aerial image taken on May 8 of the Bridgewater Landing project.

Village News

Almost New Shop is a Huge Success!! Dwight Rohrbaugh, 717-668-6315 The Friends of CKV

Thank you, thank you, thank you!!! We are so grateful to all who helped us get the Almost New Shop ready for its grand opening last week. We owe its success to all of you and to the many customers that walked through our doors and purchased some wonderful treasures. It was a great two days in the shop. We look forward to seeing more of you come through our doors in the coming weeks. Our merchandise changes weekly, so there is always something "new" to discover.

We are continuing to accept donations of goods. Please bring them by during our hours of operation on Wednesdays and Thursdays. Thank you again to everyone for your tremendous support!



Summer Movie Hiatus Villager Movie Group

Villagers have been enjoying weekly Sunday movies for the past few months, and we thank you for your positive feedback. However, the group will need to step back. Movies will be shown on two Sundays in June: June 8 and June 22. No movies will be shown in July and August. Weekly movies will return in September!



Helps to Hear God's Voice Pastor Linda Titzell, Ext. 5580

When I was a kid in Sunday school it baffled me how people in the Bible heard God speak to them. Later I realized I just needed to get silent for a while. Here are Bible verses to help you hear God's voice.

1) Be still before the Lord, and wait patiently for Him. (Psalm 37:7) - In an age of texts, emails, perpetual news updates, it's easy to forget the importance of being still.

2) If one gives an answer before hearing, it is folly and shameful. (Proverbs 18:13) - I'm guilty of this. Thinking of what I'm going to say instead of listening to another. Is it not possible that I will do the same thing with the Lord? Would my answer be better?

3) My sheep hear My voice. I know them, and they follow Me. (John 10:27) - One of the things I love about sheep is how they move together—shepherded by a dog or a person. How wonderful to think that we might hear best in groups (at church or in Bible study) by our good Shepherd.

4) For God speaks in one way, and in two, though people do not perceive it. In a dream, in a vision of the nights, when deep sleep falls on mortals... (Job 33:15)-I write down my dreams when I can remember them. They can be confusing and compelling, but in Scripture we see how God spoke to people in their dreams. He still does.

5) So faith comes from what is heard, and what is heard comes through the word of Christ (Romans 10:17) - Jesus didn't leave behind a list of rules or a manuscript so how do we know the word of Christ? Through His followers! The stories they told and retold and put down that we can read and retell and live.

I don't know if my Sunday school teacher would give me a star but, yes, I think I know how God speaks to us. Through others, through listening, through reading, through dreams, and through stillness—a silence that speaks volumes!

(Excerpts, Rick Hamlin in Guideposts)



Upcoming Activities



Sunday Movie Matinee: "Harry Potter and the Prisoner of Azkaban" Loretta Most, Ext. 5969 **Villager Movie Group**

2:00 - 4:20 pm No sign-up necessary

Theater

Harry must confront soul-sucking Dementors and outsmart a werewolf to learn the truth about the escaped Prisoner of Azkaban- Sirius Black.

Rated PG, frightening moments, creature violence, and mild language. Closed caption.



Good News Group Larry Gladfelter, Ext. 6683

Theater

10:30 am No sign-up necessary

The Villager-led Good News Group is presenting the ministry of Pastor Gary Hamrick of Cornerstone Chapel, Leesburg, VA. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. Our next program will be on Genesis chapter 43.



Villager Movie Group Meeting Charlie Herr, Ext. 5725

10:00 am No sign-up necessary

Harmony Cofé

The Villager Movie Group will hold their last meeting before the summer break on May 27.

Weekly movies provide welcome entertainment for Villagers on a day when normally little else is scheduled. However, this also requires additional commitment on the part of a small group of volunteers. Please contact a group member- Charlie Herr, Loretta Most, David Peters, Ed Westerfield, or Mike VanBuskirk- if you would like to join us and help ensure weekly movies continue. If you watch DVDs at home, you already know most of the work. We will show you the rest.



Culinary Innovations: Build Your Own Avocado Toast

Chef Cary Wells, Ext. 5672 1:30 pm **Gathering Room**

Cost: \$12.50 per person Sign up in Uniquest or Harmony Ridge Lobby

Let's delve into the art of creating the perfect avocado toast! This session will equip you with the essentials to craft a delicious and personalized version of this beloved dish. Discover the ingredients and techniques that will elevate your avocado toast experience. Bring your creativity and appetite and get ready to create a culinary masterpiece.



SAT MAY 31

May Golf Cart Parade Craig Hikes, 717-814-0697 Karen Norris, Ext. 5239

1:00 pm Rain date: Sunday, June 1 No sign-up necessary

Shoemaker Kiosk

Our May parade theme of Red, White, and Blue is a tribute to both Memorial Day and Flag Day. While Memorial Day reminds us of those who have fallen in service to our country, Flag Day commemorates when the Continental Congress determined the composition of our American flag. Decorating with red, white, and blue is one way for us to remember and honor both. All golf carts are welcome, and decorations are never required for you to join the parade. So, with decorations on your cart or without, we hope you will join us. In addition to golf carts, we also welcome bicycles, classic cars, and scooters. Please make sure your golf cart is fully charged for the parade.

Upcoming Activities



Jazz History Bob Wilson, 706-614-8954

1:30 pm No sign up necessary

Theater

The next Jazz History session will focus on women in jazz—vocalists and instrumentalists. We will begin with blues singers such as Ma Rainey and Bessie Smith and pianist Lil Hardin Armstrong all the way up to contemporaries such as vocalist Samara Joy and bassist Esperanza Spalding. In between, we will feature, among others, Billie Holiday, June Christie, Mary Lou Williams, Helen Scott, Ella Fitzgerald, June Christie, Peggy Lee, Sara Vaughan, Anita O'Day, Diana Krall, and all-girl bands from the 40s such as the International Sweethearts of Rhythm. Come join us!



York Area Repertoire of Dance Performance Nikki Bull, Ext. 5294 Life Enrichment Specialist

6:00 pm

Theater

Sign up in Uniguest or Harmony Ridge Lobby

The York Area Repertoire of Dance Studio is returning to our campus for one final performance. Charlee Zamudio-Fidler, artistic director of YARD, will be retiring at the end of this dance season and has decided to close her studio after 20 years of teaching the lovely study of dance. Please join us in celebrating the talented dancers from this local studio as they take the Melody Theater stage.

fri June 6

Lancers Drum & Bugle Corps Concert Linda Meckley, Ext. 5731 CKV Sojourners

Depart: Campus Inn at 6:00 pm Sign up: Harmony Ridge Lobby Deadline: Monday, June 2

The Lancers Drum & Bugle Corps are performing at the Gettysburg Heritage Center on Friday, June 6, as part of the 6th Annual Gettysburg Brass Band Festival. Bring a lawn chair and enjoy this evening of music.



Summer Movie Matinee with Children in Bloom: "Bolt" Nikki Bull, Ext. 5294 Life Enrichment Specialist

12:30 - 2:06 pm No sign up necessary

Theater

School-aged children from Children in Bloom will be escaping the heat this summer when we host them for movie matinees throughout their summer break from school. Using their curriculum "Around the World" as a guide, each week will feature a movie aligning with the country of study for that week. Feel free to join the group of students and teachers – this would be a great opportunity to bring along friends and relatives who might be visiting over the summer.

Our first feature presentation is Disney's "Bolt." The canine star of a fictional sci-fi/action show who believes his powers are real embarks on a cross-country trek to save his co-star from a threat he believes is just as real. Rated PG.

MON JUNE 9 Nikki Bull, Ext. 5294 Life Enrichment Specialist

11:00 - 11:30 am Encore Room Sign up in Uniguest or Harmony Ridge Lobby

This class is a fun and engaging way to explore the basics of improvisational theater. Participants learn to think on their feet, collaborate with others, and embrace spontaneity through various exercises and games. The class focuses on building confidence, enhancing creativity, and developing communication skills in a supportive environment. Whether you're looking to boost your performance abilities or simply enjoy a new hobby, improv offers something for everyone!

Upcoming Activities



Village Playbill Series: "Into the Woods" Nikki Bull, Ext. 5294 Life Enrichment Specialist

2:00 - 4:33 pm Theater Sign up in Uniguest or Harmony Ridge Lobby

Into the Woods is a beloved musical with music and lyrics by Stephen Sondheim and a book by James Lapine. It intertwines the plots of several Brothers Grimm fairy tales, exploring the consequences of the characters' wishes and quests. The story follows familiar characters like Cinderella, Little Red Riding Hood, Jack (of beanstalk fame), and Rapunzel, along with a baker and his wife who wish to have a child. As their stories intersect in the woods, they face unexpected challenges and moral dilemmas, ultimately learning that "happily ever after" isn't always what it seems. The musical is known for its complex characters, witty lyrics, and thought-provoking themes, making it a favorite among theater enthusiasts.

tues june **10**

Grotto of Lourdes & Elizabeth Ann Seton Shrine Janet Maurer, Ext. 5964 Carolyn Fanus, 717-965-7740

Depart: Campus Inn at 9:45 am Return: Approx. 4:00 pm Sign up: Harmony Ridge Lobby Deadline: Tuesday, May 27

We invite you to join us on a pilgrimage to the Grotto of Lourdes and the Elizabeth Ann Seton Shrine. The Grotto is a replica of the grotto where the Blessed Mother appeared to a young girl by the name of Bernadette Soubirous in 1858, and the Shrine of Saint Elizabeth Ann Seton is a religious site that pays tribute to the mission of the first native-born citizen of the United States to be canonized by the Catholic Church. These sites are closely related to each other in Emmitsburg, MD. We are planning to visit the Lourdes Grotto first, then enjoy lunch at the Carriage House in Emmitsburg (lunch on your own from the regular menu), and visit the Seton Shrine after lunch. Golf carts are available at the Grotto, if needed. There is no cost for this service, but it must be prearranged.



CKV Nutrition: How Does Nutrition Affect Your Brain? Nikki Bull, Ext. 5294 Life Enrichment Specialist

10:00 am Theater Sign up in Uniguest or Harmony Ridge Lobby June is Alzheimer's Awareness Month. What you eat can help keep your brain healthy. Join Laura Miller,

can help keep your brain healthy. Join Laura Miller, CKV's Clinical Nutrition Manager, as she shares information about the MIND diet—what it is and how you can follow it to protect your brain. Are you the caregiver for someone with Alzheimer's? She'll review some tips for improving mealtime for loved ones and optimizing their nutrition.

sat june **14**

York Revolution Baseball

Rebecca Shermeyer, 717-341-5043 CKV Sojourners

Depart: Union Sq/Campus Inn at 5:15 pm Sign up: Residential Living Desk Cost: \$20.00, check payable to LEC Deadline: Monday, June 2

We will be going to our first Revolution baseball game between the York Revolution and Gastonia Ghost Peppers. The price includes your ticket, a hot dog, chips, and a soda. Fireworks will follow the game.

Mark your calendar for the next two games: July 26, against the Long Island Ducks at 6:30, and September 6, against the Lancaster Stormers at 6:30.



Activities Calendar

Shopping Trips

TUES MAY **20**

Weis Market 9:00 am Sign up by 5/19, Harmony Ridge

THUR MAY **22**

Walmart & PNC Bank 9:00 am Sign up by 5/21, Harmony Ridge

TUES MAY **27**

Giant & Aldi 9:00 am Sign up by 5/26, Harmony Ridge

tues june **3**

Weis Market 9:00 am Sign up by 6/2, Harmony Ridge

Events

FRI MAY **16** **Pinewood Derby with NCCS** 10:00 am - 12:00 pm Avenue of the Arts

Trolley Trail Walk Bus Trip Depart Wellness Lobby at 11:00 am Sign up Harmony Ridge Lobby

WellSpan Presentation: Stroke Awareness 2:00 pm Theater Sign up Uniguest or Harmony Ridge Lobby

sat May **17** **Canadian Island Bus Trip** May 17 - 23 Depart Union Sq at 8:00 am sun May 18 Sunday Movie Matinee: "Harry Potter and the Prisoner of Azkaban" 2:00 - 4:22 pm Theater

Susquehanna Chorale Bus Trip Depart Campus Inn at 2:45 pm Sign up Residential Living Desk by 4/15 Cost: \$33, payable to LEC



Good News Group 10:30 am Theater Secret Histories of World War II: Part 3 2:00 pm Theater Sign up Uniguest or Harmony Ridge Lobby

TUES MAY **20**

Reflection-Inward 9:30 am Presto Room Sign up Uniguest or Harmony Ridge Lobby

Types of Dementia 10:00 am Lifespring Community Room

Travel Tours 11:00 am Theater

Village Diversity Group Meeting 12:00 - 12:55 pm Encore Room

Villager Meeting 1:00 pm Theater

WED MAY

21

Turkey Hill Experience Bus Trip Depart Campus Inn at 8:00 am Sign up Residential Living Desk by 5/12 Cost: \$40, payable to LEC

Alfresco Art 10:00 am - 12:00 pm CKV Pond Sign up Uniguest or Harmony Ridge Lobby

Activities Calendar



Mamie Eisenhower Presentation

1:30 pm Theater Sign up Uniguest or Harmony Ridge Lobby



Hearing Screening for Villagers 9:00 - 11:00 am Presto Room Sign up Harmony Ridge Lobby



Cornerstone Chapel Bus Trip Depart Union Sg/Campus Inn 9:15 am Sign up Harmony Ridge Lobby by 5/10

Sunday Movie Matinee: "Harry Potter and the Goblet of Fire" 2:00 - 4:37 pm Theater

TUES MAY 27

Villager Movie Group Meeting 10:00 am Harmony Café

Visiting Angels Presentation 11:00 am Theater Sign up Uniguest or Harmony Ridge Lobby

THUR MAY 29

Tribute to Stars of Europe

10:00 am - 12:00 pm Theater

Culinary Innovations: Avocado Toast 1:30 pm **Gathering Room** Sign up Uniguest or Harmony Ridge Lobby

FRI MAY

Conewago Inn

Depart Union Sg/Campus Inn 11:00 am Sign up Harmony Ridge Lobby by 5/23



The Friends of CKV Indoor Spring Yard Sale 8:00 am - 12:00 pm Nicarry Meetinghouse

2025 Butterfly Release 10:00 am CKV Pond

Golf Cart Parade 1:00 pm Meet at Shoemaker kiosk

TUES JUNE 3

Codorus Park Pontoon & Picnic Depart Campus Inn at 8:30 am Sign up Residential Living Desk by 5/26 Cost: \$17.50, payable to LEC

WED	
JUNE	
4	

5

FRI

JUNE

6

Warehime Mansion Lawn Concert Depart Union Sq at 5:30 pm Sign up Harmony Ridge Lobby by 5/28

THUR **Jazz History** 1:30 pm JUNE Theater York Area Repertoire of Dance Performance 6:00 pm Theater

Sign up Uniquest or Harmony Ridge Lobby

Summer Movie w/ Children in Bloom: "Bolt" 12:30 - 2:06 pm Theater Rated PG

Lancer Drum & Bugle Corps Concert Bus Trip Depart Campus Inn at 6:00 pm Sign up Harmony Ridge Lobby by 6/2

SUN JUNE 8

Totem Pole Playhouse Depart Campus Inn at 12:15 pm Sign up Residential Living Desk by 5/2 Cost: \$40, payable to LEC

Activities Calendar

ΙΟΝ	Intro to Theater: Improv Workshop
une 9	11:00 am Encore Room Sign up Uniguest or Harmony Ridge Lobby
	Village Playbill Series: Into the Woods 2:00 pm Theater Sign up Uniguest or Harmony Ridge Lobby

Grotto of Lourdes & Seton Shrine

Sign up Harmony Ridge Lobby by 5/27

Sign up Uniquest or Harmony Ridge Lobby

Depart Union Sg/Campus Inn at 10:30 am Contact Dixie at ext. 5693 to sign up

Dutch Apple Dinner Theater Bus

Trip: "We Will Rock You"

How Does Nutrition Affect Your

Depart Campus Inn at 9:45 am

Return Approx. 4:00 pm



Castles of New York Bus Trip June 17 - 20 Depart Union Sq at 8:00 am

Summer Movie w/ Children in Bloom: "Big Hero 6" 12:30 - 2:12 pm Theater Rated PG



Summer Movie w/ Children in Bloom: "Rio" 12:30 - 2:06 pm Theater Rated G



Totem Pole Playhouse: "9 to 5" Depart Campus Inn at 12:15 pm

Sign up Residential Living Desk by 5/20 Cost: \$68, payable to LEC



J

TUES

JUNE

WED

JUNE

()

Bus Trip

Brain?

10:00 am

Theater

York Revolution Baseball Depart Campus Inn/Union Sq at 5:15 pm Sign up Residential Living Desk by 6/2 Cost: \$20, payable to LEC

THUR AUG

Baltimore Orioles Game Bus Trip Depart Union Sq/Campus Inn at 10:30 am Sign up Residential Living Desk by 6/2 Cost: \$40, payable to LEC

The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.

Channel 25 Programming

May 19 – May 25, 2025

<u>Monday, May 19</u>

9:30am	Tai Chi w/Brittany
10:00am	Juicy Pork Chops w/Chef Jean-Pierre
11:00am	How to draw anatomy w/Aaron Blaise
12:30pm	Curiosity Quest: Car Recycling
1:00pm	Tai Chi w/Brittany
2:00pm	Long Island Medium Debunks Critics
•	•

<u>Tuesday, May 20</u>

- 9:30am Fitness Fusion w/Madi
- 10:00am Spring Ukulele Concert (replay)
- 11:30am Life Inside the World's Biggest Offshore Oil Rig
- 12:00pm Inside the World of Bears
- 1:00pm Villager Meeting Live Broadcast from Theater

Wednesday, May 21

9:30am	Chairobics w/Madi
10:00am	Spring Grove HS Concert (replay)
11:30am	Brethren Voices
12:00pm	National Geographic Wild City of Ants
1:00pm	Chairobics w/Madi
2:00pm	Government UFO Secrets

<u>Thursday, May 22</u>

9:30am PurEnergy w/Brittany

- 10:30am CKV Ringers Concert (replay)
- 11:30am What Really Happened to Ancient Alexandria?
- 1:00pm PurEnergy w/Brittany
- 1:30pm Mamie Eisenhower Presentation Live Broadcast from Theater

<u>Friday, May 23</u>

9:30am	Chairobics w/Madi
10:30am	Ice Roads in Canada
11:30am	Fred Klett - Comedian
1:00pm	Chairobics w/Madi
2:00pm	Extraordinary People – The Boy Who Lived
·	Before

Saturday, May 24

- 8:30am Thailand's Wild Creatures
- 9:30am Chairobics w/Madi
- 10:00am Into the Abyss: Creatures of the Midwater
- 12:00pm Peru: Captivating Landscapes
- 1:00pm Chairobics w/Madi
- 2:00pm CKV Ringers Concert (replay)
- 3:00pm Villager Meeting (replay)
- 4:30pm Spring Ukulele Concert (replay)
- 6:00pm Find Love in Big Sky Montana movie
- 8:00pm Alan Jackson Aquapalooza 2009

Sunday, May 25

8:00am Jonathan Cahn – Book of Revelation 9:30am Tai Chi w/Brittany Church Service Broadcast from the Nicarry 10:00am 11:30am Healing Your Thyroid Naturally w/Barbara O'Neill 1:00pm Tai Chi w/Brittany 2:00pm Roman Britain - The Work of Giants Crumbled 4:00pm Church Service (replay) from May 18 The Bible Story of Daniel 5:30pm Blake Shelton Concert 8:00pm

Watch **In Touch** every weekday - live at 8:30 am and replayed at 3:00 pm & 8:30 pm.

For questions or requests related to Channel 25 programming, please contact Cindy Hockensmith, Communications Coord. at Ext. 5416 or email c.hockensmith@crosskeysvillage.org

Schedule subject to change

The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.

Harm	ONY E		weekly specials may 19 – 24
breakfast 8:00 - 10:00 am		soup	lunch 11:00 am - 2:00 pm
Quiche with sausage, bacon, ham, and cheddar.	mon	Ohicken Rice	Grilled Cajun Chicken Salad 8.25 Romaine lettuce, diced tomato, cucumbers, corn salsa, and black beans with a ranch dressing
Served with fresh fruit 6.75	tues	Hearty Tuscan Sausage Soup	Shrimp Salad Wrap 8.75 Lettuce, tomato, onion, and cucumber w/lemon vinaigrette ir a flour tortilla
Name Apple Cinnamon	wed	White Bean Chicken Chili	Turkey Cranberry Melt 8.50 Cranberry chutney and Swiss cheese in grilled naan bread
Baked Oatmeal with Honey Drizzle 5.50	thur	🐚 🚱 Vegetarian Lentil	Roasted Beet Salad 8.00 Served over baby spinach, apple, goat cheese, almonds, pickled red onion, and balsamic vinaigrette
Loaded Denver Bowl Eggs with onions, peppers, ham,	fri	Lobster Bisque	BBQ Bacon Cheddar Burger 9.00 With lettuce, tomato, and onion on a pretzel roll
sausage, and cheddar cheese. Served over tater tots 7.00	sat	Hamburger Vegetable	Salmon Avocado Salad 9.00 Romaine, salmon, avocados, grilled corn, tomatoes, black beans, and Monterey jack with Santa Fe dressing
coffee		smoothie	side
French Vanilla		Nutella Peanut Butter Almond milk, vanilla yogurt bananas, peanut butter, and Nutella	Tortellini Pesto Salad w/ Creamy Basil Dressing
hearth ove	en	bakery	desserts
ELATBREADS Buffalo Chicken Flatbread 9.00		Raspberry Muffin 1.80	Peach Pie 3.10
Spinach Artichoke Dip 7	.50	Orange Coffee Cake 2.80	German Chocolate Cake 4.10
Consumer advisory - Thor poultry, seafood, shellfish, of foodborne illness	oughly coo , and eggs r	king meats, reduces the risk ③	- gluten avoided 🛛 🖣 - vegetarian



Friday, May 23

Breakfast: 8:00 – 10:00 am Grab 'n' Go: 10:00 – 11:00 am Lunch: 11:00 – 2:00 pm Grab 'n' Go: 2:00 – 3:00 pm Dinner: 4:30 – 6:30 pm

Grab 'n' Go selections also available during dining hours.

To place a carry out order or preorder use Online Ordering through Uniguest or call ext. 5678. Reservations required for dine-in service for parties of 5 or more. Call ext. 5678 for reservation.



Breakfast

Loaded Denver Bowl 7.00 Eggs with onions, peppers, ham, sausage, and cheddar cheese. Served over tater tots

Lunch

BBQ Bacon Cheddar Burger 9.00 With lettuce, tomato, and onion on a pretzel roll

Salmon Avocado Salad Superforms Romaine, salmon, avocados, 9.00 grilled corn, tomatoes, black beans, and Monterey jack with Santa Fe dressing

10.00

10.00

Soup: Lobster Bisque 😯

Dinner "Quiche Night"

Quiche Lorraine Classic French quiche with bacon, onions, and Swiss cheese

Salmon and Herb Cheese 10.00 Atlantic salmon and Boursin cheese

Roasted Vegetable Roasted red pepper, mushroom, shallots, tomatoes, spinach, yellow squash with mozzarella cheese

All served with a fresh fruit and a muffin



mon - sat 8:00 - 3:00

breakfast served daily until 10:00 am

One Egg Any Style (served with choice of toast) 🍡	2.95
Two Eggs Any Style (served with choice of toast)	4.10
Egg Sandwich 🍬	4.10
Egg & Meat Sandwich	4.80
Egg Omelette (add .60 for each additional filling)	5.65
Two Bacon Strips/Two Sausage Links	1.60
Pancakes (2) 🗞	3.50
Toast (White / Wheat / Rye / Sourdough)	.65
Gluten-Free Bread	1.25
English Muffin	1.30
Bagel & Cream Cheese 🍬	2.40
Home Fries / Hash Browns Խ	1.55

phone.

hearth oven pizza gluten-free dough available +0.85

Cheese Pizza 🍬	9.85
Pepperoni / Sausage Pizza	10.35
Flatbread (Cheese or Meat)	8.00

sandwiches

gluten-free bread available +0.85

Burger Beef	Turkey	Garden Խ	Spicy Black	8.50 Bean Խ
Vegetari	an Wrap			6.95
	y, Ham, C	Corned Bee d, Egg Sala		lad,
Grilled C				5.55
Hot Dog				5.55
Gourmet	Grilled	Cheese		7.45
Tuna Me	1†			7.75
Grilled C	hicken D	eluxe		7.75
Reuben,	/ Rachel	/ Philly Che	eesesteak	8.00
Served wi	th your ch	oice of side: I	-ruit Salad, A	pplesauce,

Served with your choice of side: Fruit Salad, Applesauce, Coleslaw, or Side of the Week. Add 1.00 for French Fries, Sweet Potato Fries, or Onion Rings. Add 1.60 for cup of soup.

bakery		sa	lads
Muffin	1.80	Garden Salad Խ	5.75
Cinnamon Bun / Scone / Pie	3.10	Classic Chef	8.25
Cookie 1.50 ea	3 for 3.70	Grilled Chicken Caesa	r
Cake	4.10	Grilled Chicken Salad	
beverages		si	des
Coffee / Iced Tea / Fountain Drinks	1.80	Homemade Soup	cup 3.75 bowl 5.40
Specialty Coffee / Hot Cocoa	2.50 - 3.40	French Fries, Sweet Pot Onion Rings, Fruit Salac Side of the Week	ato Fries, 2.60 d, Applesauce, Coleslaw,
To preorder, use online ordering on Un Reservations required for parties of 5 of Call ext. 5678 to make reservations or p	or m ore.		n,Lunch 11:00 am - 2:00 pm 11:00 am and 2:00 - 3:00 pm



DINNER SPECIALS

MAY 19 - 24

Includes your choice of:

Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

MONDAY, MAY 19

CLOSED

TUESDAY, MAY 20 CHEF'S TABLE FEATURING MICHAEL

Hearty Tuscan Sausage Soup



Carved Spring Ribeye w/ Horseradish sauce
 and Au Jus 17.00 (dine-in only)
 Served with scalloped potatoes and creamed spinach

Crab Cakes 17.00 Served with potatoes O' Brien and asparagus with a lemon zest

Regular menu available

WEDNESDAY, MAY 21

🚱 White Bean Chicken Chili

Marinated Flat Iron Steak 14.00

Topped with Bearnaise sauce (Tarragon Hollandaise). Served with roasted red potatoes and broccolini

PA Dutch Slippery Pot Pie 11.00

Regular menu available

Senotes gluten avoided
denotes vegetarian

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.

THURSDAY, MAY 22

Negetarian Lentil Soup 🚱

Salisbury Steak with Gravy 13.00 Served with scalloped potatoes and green beans

Chili Lime Trout 13.50

Pan seared trout with chili lime rub. Served with couscous and sugar snap peas

Regular menu available

FRIDAY, MAY 23 "QUICHE NIGHT" AT THE CAFÉ

See Café All Day Menu for Details

SATURDAY, MAY 24 NO REGULAR MENU

Hamburger Vegetable Soup

Cider Braised Pork Chop 13.25

Served with whipped potatoes and roasted carrots

Shrimp Scampi 12.00

Shrimp scampi over capellini pasta. Served with garlic bread (gluten free available)

Rachel 8.00

Turkey with coleslaw, Swiss cheese, and thousand island dressing on rye bread. Served with chips and pickle **(no extra side)**

Side of the Week: Tortellini Pesto Salad w/ Creamy Basil Dressing 🌄

Desserts:Peach Pie3.10German Chocolate Cake4.10

To Place A Carry Out Order Or To Preorder, Use Online Ordering Through Uniguest or Call Ext. 5656



Tuesday through Thursday, and Saturday 4:30 – 6:30 pm Closed on Sunday, Monday and Friday. Dinner available in Harmony Café on Friday

BEVERAGES

2.05

Coca-Cola • Diet Caffeine-Free Coke Sprite • Barq's Root Beer Minute Maid Lemonade • Ginger Ale Raspberry Iced Tea • Sweetened Black Tea Freshly Brewed Unsweetened Iced Tea Decaf or Regular Coffee Assorted Hot Tea Free Refills on all Drinks

SOUP & SALADS

Soup Du Jour Cup 3.75 – Bowl 5.40

Classic Caesar sm. 3.60 lg. 6.70 Chopped romaine, parmesan cheese, croutons and Classic Caesar dressing,

House Salad 👦 🛛 sm. 3.60 🛛 lg. 6.70

Spring mix lettuce, cucumbers, cherry tomatoes, carrots, choice of dressing

Add Protein To Your Salad

Grilled Chicken 3.60 Grilled Salmon 5.00

SANDWICHES

Served with one side, cup of soup add 1.60 Gluten-free roll add 0.85

Chargrilled Burger9.307 oz Angus beef patty with lettuce, tomato,
onion, choice of cheese on a grilled kaiser roll

Bacon Cheddar Burger12.307 oz Angus beef patty with bacon, cheddar
cheese, lettuce, tomato, onion, on a grilled
pretzel roll

Fried Chicken Sandwich9.25Breaded chicken breast with lettuce, tomato,
and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order use online ordering through Uniguest or call ext. 5656

Reservations are required for dine-in service for parties of 5 or more. Please call 717-624-5656

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.



ENTREES

Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce.

- Garlic & Sage Rubbed 13.25 Pork Chop 6oz pan-roasted center cut pork chop served with natural jus
- Grilled Chicken Breast 12.35 Garlic & thyme marinated grilled chicken breast

	Fried Chicken Tenders Breaded chicken tenders, fried golden b	10.80 prown
Ð	Hot Roast Beef with Gravy Tender sliced roast beef served with gra	12.35 vy
÷	Grilled Salmon Filet (6 oz.) Fresh Atlantic salmon grilled to order	14.50
	Fried Shrimp (6) Breaded fried shrimp	14.90
Ð	Fresh Catch of the Day (6 oz)	11.50

PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce. Gluten-free pasta add 1.70.

Angel Hair Pasta with Marinara 🦻 9.00

Angel hair pasta, homemade marinara and parmesan cheese

Angel Hair Pasta with Meat Sauce 11.25 Angel hair pasta, homemade meat sauce and parmesan cheese

Chicken Parmesan11.25Breaded chicken, angel hair pasta, homemade
marinara, mozzarella and parmesan cheese

SIDES

2.60

Onion Rings French Fries Sweet Potato Fries Green Beans Steamed Broccoli Steamed Broccoli Steamed Potatoes Steamed Potatoes Sweet Potato Sweet Potato Sweet Potato Sweet Potato Sweet Potato Sweet Potato Macaroni & Cheese Look For Our Special Side Of The Week On The Specials Menu

DESSERTS

Slice of Cake	4.10
Slice of Pie	3.10

Genotes gluten avoided
denotes vegetarian

Terrace Cafe At Cross Keys Village

BREAKFAST

Scrambled Eggs Assorted Breakfast Meats Breakfast Potatoes Hot Grab & Go Breakfast Sandwiches Hot Oatmeal Bar

LUNCH

Made-To-Order Deli Sandwiches & Wraps Wellness Salad Bar Build-Your Own Flatbread Pizzas

FLATBREAD OF THE WEEK Taco- \$6

FEATURE OF THE WEEK Chicken Parmesan Sandwich- \$6

CHEF'S SPECIAL M/W/F Grilled Salmon Caesar Salad- \$7

SOUP DU JOUR Monday Chicken & Rice Tuesday Corn Chowder Wednesday Tuscan Chicken & Bean Thursday Potato Bacon Friday Tomato

FROM THE BAKERY

Chef Mark's Homemade Desserts & Pastries

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of food borne illness.

717.624.6276 BREAKFAST served from 7:30 to 10:00 am LUNCH served from 10:30 am to 2:00 pm